



Wise Words From  
The Inner Coach

Book Two

Keith Collins

---

"Being outside of the 'box'  
requires a 4 dimensional  
reality created by 3  
dimensional thinking"

---

---

"The 'box' is a three  
dimensional reality created  
by 2 dimensional thinking"

---

---

"Three dimensional thinking  
always finds the 3rd Way"

---

---

"Male energy seeks to  
dominate the world"

---

---

"Imagination can be a great  
asset or a huge liability"

---

---

"Super-conscious logic is  
emotionally-rational"

---

---

"Resistance inhibits flow"

---

---

"Being Rational and  
Unemotional is not Logical"

---

---

"Emotional needs override  
logic"

---

---

"Miracles are logical"

---

---

"Logically, intelligence is  
both rational and emotional"

---

---

"When Energy has  
energetic form, it is logical"

---

---

"An instant is a point of  
reality"

---

---

"Success in life does not  
come from what I do, but  
from who I am being whilst I  
am doing it"

---

---

"Inspiration comes from within. Encouragement comes from without"

---

---

"When I see the problem instead of the opportunity, I feel the fear instead of the inspiration"

---

---

"Energy = Mass of Consciousness<sup>2</sup>"

---

.....  
"Coughs & sneezes release  
dis-eases"  
.....  
.....

.....  
"No Chief, no mischief"  
.....  
.....

.....  
"No Devil, no shame"  
.....  
.....

.....  
"There is no potential that is  
not realisable"  
.....

---

"Thought is essential for the  
realisation of potential"

---

---

"Planet Earth is an ideal  
place to experience cold,  
rational, analytical thinking"

---

---

"True Thoughts have  
an emotional rationale"

---



---

"Thinking is rational,  
irrational or unemotional"

---

---

"Static electricity is stagnant  
life-force energy, called low  
spirits"

---

---

"There is no evil in a world  
of forgiveness"

---

---

"It is my belief in an external god that disconnects me from my emotional energy"

---

---

"Self-esteem is a measure of the degree to which I like my Self"

---

---

"A self-centred person puts their self at the centre of

their life, which is exactly  
where I choose to be"

---

---

"When I put a lot of effort in,  
I succeed only in putting a  
lot of effort in"

---

---

"People who are well off  
don't need to be better off  
because they are already  
well off"

---

---

"Self-belief requires intuitive knowing, not a belief"

---

---

"Just because something is not practical doesn't mean that it is impractical"

---

---

"I will always be in two minds as long as I have two minds to be in"

---

---

"I can only fight for  
someone else's freedom  
because I already have my  
own"

---

---

"My fight is always against  
my victimhood"

---

---

"Coaching is therapeutic"

---

---

"Therapy isn't always  
therapeutic"

---

---

"An emotional need is a  
belief that I need something  
emotionally"

---

---

"The door of opportunity  
doesn't open automatically"

---

---

"Heat is a measure of how fast something is moving"

---

---

"Being serious can result in serious illness"

---

---

"Money is only important to people who believe that they do not have enough"

---

---

"The quality of a relationship is determined by who we are being, not what we do"

---

---

"When I see my Soul as an individual aspect of God, I separate and disconnect my Soul from God"

---



---

"Gravity is not a force, it is a magnitude of energy"

---

---

"Electricity is not a force, it is a potential of energy"

---

---

"People who need more knowledge choose a Teacher. People who want to use their knowledge in a

better way, choose a  
Coach"

---

---

"People who need more  
skills choose a Trainer.  
People who want to use  
their skills in a better way,  
choose a Coach"

---

---

"You cannot develop  
teamwork with a strategy of  
divide and conquer"

---

---

"Mindfulness requires an  
empty mind"

---

---

"I am motivated to  
persevere, persist and  
prevail"

---

---

"I am convicted of being committed, determined and dedicated"

---

---

"I tolerate my compulsions, my obsessions and my possessions"

---

---

"I only need to continually affirm what I want when I believe that I need to do

so. My Soul is always  
listening"

---

---

"My visualisation requires  
the authority of my ideals in  
order for it to be realised"

---

---

"Personal development is  
overcoming my fate,  
whereas spiritual growth is  
fulfilling my destiny"

---

---

"A physical life is material, a non-physical life is immaterial, and a spiritual life matters"

---

---

"Money is not an energy. The emotion with which money is exchanged is an energy, and an energy exchange"

---

---

"Experiencing a better world using my 5 physical senses is not realistic. Exploring and discovering a new world with my 3 intuitive senses is not only realistic but also creative"

---

---

"When I know that my choice is the cause of my

reality, then I know that I  
can choose a new reality"

---

---

"Knowing that I always have  
choice allows me to make a  
choice"

---

---

"The 'half-life' of a thought is  
eternity"

---



---

"The desire to have choice  
can stop me choosing"

---

---

"I cannot have negative  
beliefs and be a positive  
thinker"

---

---

"Positive thinking is about  
overcoming negative  
thinking, it's not about

choosing a positive thought  
instead"

---

---

"When my abundance is in  
opposition to my scarcity, I  
will never have enough"

---

---

"I am only uncertain in  
someone else's reality"

---

---

"Rational thought requires emotional power in order to be creative"

---

---

"Thought is an electromagnetic wave that exists on the spectrum beyond gamma rays"

---

---

"It is not possible for a  
thinking machine to invent a  
thinking machine"

---

---

"The idealisation of ideal  
ideas requires imagination"

---

---

"Before I can guide  
someone in their new  
reality, I am required to

support them in their old  
reality"

---

---

"Kindness is an action.  
Kindliness is a state of  
Being"

---

---

"We can choose to be kind  
or a miser and we can  
choose to be kindly or a  
misery"

---

---

"A Teacher is a person who is deemed to have knowledge that they give to someone else who believes that they are without that knowledge"

---

---

"A field is a two dimensional space. A contextual field is a 3 dimensional space"

---

.....  
"I realise the illusion when I  
make the illusion my reality"  
.....  
.....

"An option is a choice,  
but one choice is not an  
option"  
.....  
.....

"Photons don't have mass,  
they are mass. They make  
matter more massive"  
.....

---

"Physical energy is an  
oxymoron. Energy is not  
physical"

---

---

"All beliefs are toxic. Only  
Truths are Pure"

---

---

"There is nothing you can  
do to overcome boredom,  
except change your state of  
being"

---



---

"Matter is not attractive.  
Energy is"

---

---

"Gravity is not the attraction  
of matter to matter, but the  
attraction of energy to  
energy"

---

---

"Specific gravity is not  
relative to density but to  
mass"

---

---

"The magnitude of mass  
creates the force of gravity"

---

---

"An electron defines the  
boundary of its atomic  
mass"

---

---

"Separation creates  
polarity"

---

.....

"It is not clever to make things up, but it is creative"

.....

.....

"Thinking is ponderous and heavy. Thought is light and creative"

.....

.....

"In the absence of problems, I am in the presence of opportunity".

.....

---

"It requires power to be of service to others".

---

---

"Everyone has a heart of gold, yet few are connected to it".

---

---

"It is the system that needs to be well oiled, not the operator".

---

---

"We slow down the motion of energy to manifest matter".

---

---

"We speed up matter with the energy of motion".

---

---

"Balance is a matter of energy in motion (emotion)"

---

---

"Being disempowered and disconnected serves no-one".

---

---

"A disconnected ego will choose in vain".

---

---

"Vanity is a disconnected ego choosing for itself".

---

---

"Once awakened, work and play are the same thing".

---

---

"Physics studies the energy, mass & momentum of Matter. Metaphysics studies the Energy, Matter & Motion of Consciousness"

---

---

"Left alone, everything becomes Lighter"

---

---

"When I search continually  
for a partner to make me  
happy, I search in vain and  
in vanity"

---

---

"Change is a force for good,  
yet forcing change is never  
good"

---



---

"Thought is the result of a  
static mind becoming  
dynamic"

---

---

"Dynamic Mind in Motion  
expresses Light"

---

---

"The strength of my  
connection to my Light  
determines how powerful a

Being I am, and how  
powerful I am Being"

---

---

"Seeing others as healed  
and whole is the surest way  
to be healed and whole  
oneself"

---

---

"Once I am healed, others  
no longer need to reflect my  
pain, my misery or my sin"

---

---

"I did not choose to forget  
when I came into this  
physical world. I forgot  
because I disconnected  
from my Light. I  
remembered this when I  
reconnected to my Light"

---

---

"Physicality exists in a  
relative world that has

a very narrow vibration of  
Light"

---

---

"What I can physically see  
as a reflection of physical  
Light, is such a minute  
spectrum of my True Light"

---

---

"Kindness & Kindliness are  
not the same thing"

---

---

"Being in Service is a state  
of Being not an act of doing"

---

---

"An expensive life-style is  
lived at someone else's  
expense"

---

---

"Chaos is the natural order  
of things"

---

---

"Thought is empowering,  
yet thinking depletes  
emotional energy"

---

---

"Toxicity is created  
mentally, stored emotionally  
and released physically"

---

---

"Viruses maintain healthy  
cells. Bacteria maintain a

healthy lymph (drainage)  
system"

---

---

"The issue is not whether  
someone else is being  
selfish, but whether  
someone else being selfish  
is an issue for me"

---

---

"I can only share my  
perspective of life with

someone who has the same  
perspective of life to share  
with me"

---

---

"Offering my perspective of  
life to another is not sharing  
my perspective of life with  
another"

---

---

"A Trainer, a Teacher and  
an Instructor work to their



own agenda. A Coach  
always works with the  
clients agenda"

---

---

"Before I can count my  
blessings, I have to  
remember what they are"

---

---

"I can only be disillusioned if  
what I believe in the first  
place is an illusion"

---

---

"Unless I am content with what I already have, why would I choose to share it with another"?

---

---

"Being content and in debt cannot happen"

---

---

"Without contentment, giving and receiving are not in balance"

---

---

"Without equanimity, give  
and take is not in balance"

---

---

"A balanced relationship  
between two  
unbalanced individuals  
cannot happen"

---

---

"A balanced relationship  
allows one to experience  
one's own inner harmony"

---

---

"A cellular cleansing, a mental deliverance, and an emotional release are all essential to experiencing Health"

---

---

"It is not possible to be unemotional and to be emotionally intelligent"

---

---

"The purpose of a committee is to allow an autocracy to appear democratic"

---

---

"Silence is powerful"

---

---

"An option is a choice, but one option is not a choice"

---

---

"Compassion requires  
positive energy from both  
parties"

---

---

"Very little spiritual  
consciousness survives  
parental programming"

---

---

"Destiny gets lost and  
replaced by fate at a very  
early age"

---

.....

"My Soul is neither  
prejudiced in favour of nor  
against my Self"

.....

.....

"My Soul has no agenda"

.....

.....

"Help for Heroes is a victims  
charity"

.....

.....

"Charities that support  
victims, support victimhood"

.....

---

"What divides inner and  
outer space is my  
perspective of life"

---

---

"All Souls are Inter-  
developmental"

---

---

"I am truly content in life  
when the content that I  
have is aligned with the



contentment that I am  
being".

---

---

"When the system is  
perfect, I cannot change it  
to my own advantage"

---

---

"Creatures without choice  
do not need a large brain or  
a complex processor".

---

---

"Choosing intuitively is a no-brainer"

---

---

"At the fulcrum of the see-saw there is no duality of up & down".

---

---

"When the see-saw is balanced both directions appear to be the same".

---

---

"Blood is only thicker than water when it stops flowing".

---

---

"Religion is often on the path between Atheism and Personal Spirituality".

---

---

"To find one's faith in religion requires one to trust

in the teachings of that religion".

---

---

"A tall story can be deep or shallow".

---

---

"Perfection lies on a path between not good enough and too good".

---

---

"Excellence requires me to be better than good".

---

---

"Abundance is having enough, perfection is being good enough, and an abundance of enough is perfection".

---

---

"We are all prisoners of our own fears".

---

---

"I am fit to live life when I fit into my reality".

---

---

"Spontaneity has a chaotic order".

---

---

"The most important policy decision is deciding which policy needs a decision".

---

.....

"Rationalising negativity  
doesn't make it rational".

.....

.....

"All negativity is irrational".

.....

.....

"Mastery of Life can be  
experienced at the Source  
of all Paradox".

.....

.....

"The only antidote to  
tiredness is fulfilment".

.....

---

"I cannot be separate from my Divinity and connected to it".

---

---

"In adversity lies opportunity".

---

---

"If I want to give up tiredness, I have to give up the antidotes as well".

---



---

"God is not a Scientist. God is Scient-ist . God is Omniscient-ist".

---

---

"Jesus is not a Christian. Jesus is Christ. Jesus is Christ-ian".

---

---

"My Provision is in Abeyance awaiting my Obeyance".

---

---

"Losing is an option until I  
choose Win-Win".

---

---

"I am made in the Image of  
God, but not in the image of  
your God"

---

---

"Time allows reality to be  
subjective"

---

.....  
"Objects allow reality to be realised"  
.....

.....  
"Space allows objects to be real"  
.....

.....  
"Reverence is a posh name for pleasing"  
.....

.....  
"Posh is a kind word for greed"  
.....

---

"There is no room for  
humbleness in sport"

---

---

"There is no fun in losing"

---

---

"Absolute Power has no  
corruption"

---

---

"Reaction is relative to our  
need for emotional power  
from other people"

---

---

"I respect people who understand what respect is"

---

---

"Wealthy people don't need to gamble, they have enough. It is people who believe that they don't have enough that gamble"

---

---

"A job is something that I do to earn money. A position is

something I earn that gives me status"

---

---

"A wise man knows that general knowledge can be put to better use than winning a quiz".

---

---

"An emergency is the emergence of my Soul in my Life".

---

---

"Pleasing me is greedy,  
pleasing others is pleasing".

---

---

"The essence of what I want  
is always the emotion with  
which what I want is  
received".

---

---

"A counter-intuitive  
perspective is counter-  
intuitive".

---

---

"Authentic leadership will never lead me into conflict".

---

---

"The creative ability of a thought is relative to the emotional intensity on which it is transmitted or received".

---

---

"I am knowledgeable, my soul is wise".

---



---

"A wise man is an oxymoron".

---

---

"Open heart surgery is a drastic solution to a closed heart".

---

---

"Life or death is a choice that I make every day".

---

---

"I cannot overcome lust with scarcity. Abstinence doesn't work".

---

---

"The answer to all fundamental questions is Yes".

---

---

"The best deal for me is the deal that my Soul negotiates for me".

---

---

"Following my path is a process of negotiation".

---

---

"Spontaneity has Divine Order".

---

---

"We have all been brainwashed into thinking that we are all normal members of society".

---

---

"Contraction creates spin".

---

---

"Consciousness is not  
something that I have. I am  
an expression of  
Consciousness"

---

---

"I experience the effect of  
whatever I cause to  
happen"

---

---

"The only force of nature is attraction, although attraction is perceived in many ways"

---

---

"Attraction is the force of my nature"

---

---

"Accidents are not natural, they are unnatural acts"

---

---

"Nature is not an accident  
and nothing happens in  
nature by accident"

---

---

"Duality allows waves and  
photons to exist  
simultaneously"

---

---

"Reality is just a perspective  
and duality is similarly just a  
perspective"

---

---

"Physical scientists naturally prefer photons to waves"

---

---

"Spiritual naturalists prefer waves to photons"

---

---

"Matter has limited (finite) mass. Energy has infinite (unlimited) mass"

---

---

"Reality is neither local nor general. It is individual and relative to perspective"

---

---

"Time is both linear and tangential"

---

---

"Time allows reality to be subjective"

---



---

"Space allows objects to be  
real"

---

---

"I can choose to be the  
subject of life or subjected  
to life"

---

---

"Thought creates reality.  
Reality allows thinking"

---

---

"Negative thought is an oxymoron"

---

---

"Negative thinking recreates a negative reality"

---

---

"Opposites in tension allow the contrast of opposite intentions"

---

---

"The sense of Space allows objects to materialise"

---

---

"It is not possible to understand absolutes from the perspective of a relative world"

---

---

"Weight is vertical resistance. Mass is horizontal resistance"

---

---

"Weight is relative. Mass is absolute"

---

---

"Vision is the interaction of a divided consciousness"

---

---

"A Vision is the Mission of a Consciousness with Purpose"

---

---

"A wave exists in time. A  
Photon exists in space"

---

---

"Natural Philosophy is the  
Science of Nature"

---

---

"The nature of science is to  
substitute wisdom with  
knowledge and love with  
proof".

---

---

"When I am planning to be happy or successful, I am focusing on my unhappiness and my failure".

---

---

"Planning is a management skill, not a life skill".

---

---

"Planning ensures managers use employees effectively".

---

---

"Plan A is to do, plan B is to Be".

---

---

"Plan A is to have a clear intention, plan B is to allow it to occur".

---

---

"Employment is slavery  
without ownership".

---

---

"When I work at play it  
becomes serious fun".

---

---

"Illness is just my body  
telling me it cannot keep up  
with my mind".

---



---

"Decreasing vibration  
creates gravity".

---

---

"Increasing vibration  
promotes Ascension".

---

---

"Managing people is using  
people".

---

---

"Workers are employed by managers not by companies".

---

---

"A worker manages tasks, a manager employs people to manage tasks".

---

---

"The death of my ego allows my spirit to live,

whether I remain in my  
physical body or not"

---

---

"Thought is creative,  
thinking is often  
destructive".

---

---

"Nonsense is time specific".

---

---

"My Heart is where my  
home is".

---

---

"A Business Coach improves standards of performance. A Life Coach improves standards of behaviour".

---

---

"A belief is what I have, a behaviour is what I do and an emotion is who I am being".

---

---

"Belief + Emotion =  
Behaviour".

---

---

"Intuitive response is my  
ego acting in co-operation  
with my Soul".

---

---

"Instinctive reaction is my  
Soul acting without the  
conscious-awareness of my  
ego Self".

---

---

"The ability that Man has  
over other animals is  
Personal Choice".

---

---

"I expect my fate, I  
anticipate my Destiny".

---

---

"When I overcome duality, I  
will be overcome with  
gratitude".

---

---

"My Messiah is the One  
who reveals my Path in  
Life".

---

---

"Inspiration is my Soul  
breathing life into my Self".

---

---

"When the quality of mercy  
is not strained, life is  
effortless".

---

---

"Reality is circumstantial,  
time is occurring, and space  
is situational".

---

---

"We are all naturally  
prejudiced in favour of  
people who are like us and  
people who like us"

---

---

"My standard of behaviour  
is determined by my beliefs,



which also determines my emotional state of being".

---

---

"An open mind allows new possibilities to exist".

---

---

"When the Human Race realises that there is only One Human Race, racism will end"

---

---

"There are many versions of God, but only one aspect of Oneness".

---

---

"Morality is created by a belief that there is only One Truth, One Reality, One Standard, One Way, and One God".

---

---

"God has no Behaviour and therefore has no Standard".

---

---

"Morality is Man's version of what is right & good, not God's".

---

---

"Curing illness is not an option. Deciding to be well is".

---

---

"Ageing is just a reminder  
that everything is  
continuously changing".

---

---

"I am never confused by  
someone else's reasoning,  
only ever by my own".

---

---

"I worship the ground that I  
walk on".

---

---

"Labour are 'earners',  
Liberal are 'spenders' and  
Conservative are 'savers'.

---

---

"Rational thinking inhibits  
instinctive behaviour".

---

---

"I act instinctively, I sense  
intuitively".

---

---

"Life is an opportunity to push my boundaries and expand my frontiers".

---

---

"My Soul never says I am not allowed".

---

---

"Gnosticism is not a religion. A Gnostic is one who knows their own unique path in Life".

---

.....  
"Reality is as True as Time".  
.....  
.....

"The really difficult lessons  
in life are the ones that we  
believe can kill us, because  
they can".  
.....  
.....

"When my emotional energy  
depreciates, I need to be  
appreciated".  
.....

---

"The dichotomy of paradox is that when I have a dichotomy, I haven't got the paradox".

---

---

"War will only end once both sides see the futility of conflict".

---

---

"Gravity decreases  
Vibration".

---



.....

"I never forget what I am  
doing when I am focused in  
the present moment of  
now".

.....

.....

"In the presence of my Soul,  
Time does not exist".

.....

.....

"Being engrossed is gross  
misconduct".

.....

---

"It is the act of not thinking  
that allows clarity of  
Thought".

---

---

"Presence is Timeless".

---

---

"Re-creation is Play".

---

---

"Play with your Mind  
because your Mind chooses  
to play with you".

---

---

"Reproducing old experiences in a new way is neither creative nor expansive. It is just doing the same thing differently".

---

---

"To connect to the higher aspect of who I am requires me first to disconnect from the lower aspect of myself".

---

---

"Faith is an effortless journey".

---

---

"It is mistrust and misplaced trust that creates conflict".

---

---

"An honest thief has no attachment to the material possessions that they are taking".

---

---

"Allowing requires  
effortlessness, Accepting  
requires gratitude".

---

---

"My deductions, based on  
past events, decide what  
adds up for me in the  
future".

---

---

"Thought is consciousness  
experiencing itself".

---

---

"Thoughts and memories  
are not the same thing".

---

---

"Beauty and age are not in  
conflict. They are not a  
duality. Age has no reason  
to compete with beauty".

---

---

"In a dual reality world,  
distinctions are essential to  
understanding the duality".

---

---

"Gratitude puts more of the same into my future.

Appreciation puts even more of the same into my future".

---

---

"Getting old is my fate.

Growing with age is my Destiny".

---

---

"Becoming graceful with age is not the same as growing old gracefully".

---

---

"I always take advice but I don't always choose to follow it".

---

---

"Abundance is an attainment not an achievement".

---



---

"My only entitlement is to choose my entitlement".

---

---

"It is not making a new choice that changes my mind. It is changing my belief that allows me to make a new choice".

---

---

"I cannot change my mind, I  
can only change the beliefs  
that I have about my mind".

---

---

"I only make up my mind  
when my mind is made up.  
When my mind is made up  
it is a pretence, I have  
made it up".

---

---

"In Absolute Reality there is cause (1st Cause) but no effect. Therefore reality has no effect and the effect is no reality".

---

---

"Reality requires both Time & Space"

---

---

"The True Leaders of a society are its Elders".

---

---

"It is not age that qualifies me to be an Elder but wisdom".

---

---

"The intensity of my emotional 'shadow' is determined by the gender and polarity of my thoughts".

---

---

"A negative thought is aligned with my ego's fears".

---

---

"A positive thought is aligned with my Soul's desire".

---

---

"The war will be over when I stop fighting the battle".

---

---

"Winning and losing battles  
both perpetuate the war".

---

---

"A Gentleman confidently  
asserts his authority to  
choose with a 'gentle' and  
non-aggressive  
demeanour".

---

---

"I have chosen to live in this  
world in separation from

and in harmony with all  
others and to be in  
Oneness with my Soul, not  
all others".

---

---

"Forcing my authority onto  
another never gives me  
power. It is an abuse of my  
will-power".

---

---

"The force of my authority is determined by the magnitude of the power of my Love".

---

---

"The Golden Rule" is: "Treat all others equally well, equal to how well you would treat yourself and wish to be treated yourself".

---



---

"My Soul is the Prime  
Cause of Love"

---

---

"I am here to serve others  
by assisting them on their  
path not by guiding them on  
my path".

---

---

"We are all doing God's  
work".

---

---

"The secret to success is not to fail".

---

---

"True Excellence has no standard because it is not standard".

---

---

"The only intention that will keep me on track is my intention to stay on track".

---

---

"Emotional Intelligence  
is my ability to  
understand my emotional  
experiences intelligently  
and my ability to intelligently  
experience my emotions".

---

---

"Life is an emotional  
experience"

---

---

"The cause of irrational behaviour is the lack of emotional intelligence, whereas the symptoms of irrational behaviour are caused by a lack of rational intelligence".

---

---

"The ultimate test of my emotional intelligence is whether I can be Happy &

Well as the direct result of  
my consciously choosing to  
be so".

---

---

"My comfort zone defines  
the limit of my power".

---

---

"Being different has  
distinction".

---

.....

"I cannot make a difference  
in this world by being like  
other people".

.....

.....

"Other peoples' standards  
are my boundaries".

.....

.....

"My Soul's Mate is me".

.....

.....

"Emotional abuse is  
needing love from someone

who is not prepared to give it to me".

---

---

"Physical abuse is exerting my superior ability over someone who is not prepared to submit to it".

---

---

"Mental abuse is enforcing my beliefs on someone who

is not prepared to accept them".

---

---

"Authority is about 'Being Allowing' not about being allowed".

---

---

"I tempt fate by not making a choice".

---



---

"I am consciousness  
therefore I think, is not the  
same as, I am conscious  
therefore I think".

---

---

"God is Pure  
Consciousness".

---

---

"God is the 'Originator of  
Thought', the 'Source of  
Thought', the Creator of

Thought', & the 'Sum of all Thought'."

---

---

"Charity is the actions of those who believe that they have more than enough, to those whom they believe do not have enough".

---

---

"Charity is the consequence of a scarcity mentality".

---

.....

"The Holy Trinity is the  
Oneness of Threeness".

.....

.....

"Needing something is an  
expression of my being  
without my power".

.....

.....

"Wanting something is an  
affirmation of my being  
without my authority".

.....

---

"When there is nothing that I need to do, then I can choose to do what is of greatest value for me".

---

---

"When I know that everything is provided for my Self, I know that I want for nothing, and I know that there is nothing I need to

do, except allow it to be provided".

---

---

"A positive problem is called a puzzle".

---

---

"Life is a puzzle to be resolved not a problem to be solved".

---

.....

"I cannot tempt providence; I either allow it or disallow it".

.....

.....

"I am thought, therefore I think".

.....

.....

"Inner conflict occurs when my boundaries and my standards do not match".

.....