

A photograph of a rocky beach. In the center, a white seagull egg is balanced on top of a large, porous, light-colored rock. The background is filled with other rocks of various sizes and colors, including some darker grey ones. The lighting is bright, suggesting a sunny day.

# “Wise Words”

Book Three

Keith Collins

---

“A Revelation is an original, ‘unquoted’ quotation”

---

---

“Pain is the absence of emotional power”

---

---

“Fear is the absence of mental authority”

---

---

“Problems are the absence of physical ability”

---

---

“Both pain & fear is a  
problem, until it becomes  
an opportunity”

---

---

“Life is ‘eventual’,  
everything happens  
eventually”

---

---

“Life is ‘inevitable’, the  
ability of life comes from  
within”

---

---

“Life is ‘evidential’, when I believe the evidence; I believe the experience to be evidential”

---

---

“Life is ‘existential’, if it exists it’s real and if it’s not real it doesn’t exist”

---

---

“Life is ‘experiential’, it’s just an experience that is just”

---

---

“Presence is the best  
present”

---

---

“Wealth is my power to  
feel”

---

---

“Wisdom is my authority  
to know”

---

---

“Health is my ability to  
see”

---

---

“Intuition is my gateway  
to health, wealth &  
wisdom”

---

---

“When I know that  
everything that is  
occurring is an  
opportunity, I am wise”

---

---

“An existential reality is  
evidential in space &  
eventual in time”

---



---

“It is not ‘whether I am’  
but ‘who I am’ that is  
important”

---

---

“Economics is the study  
of how I choose to invest  
my emotional energy”

---

---

“Sociology is the study of  
how people who have  
given away their  
authority cope without  
their emotional power”

---

---

“An Evidential Life is  
neither complicated nor  
simple”

---

“Opportunity eventually  
unfolds”

---

“Opportunities are  
neither simple nor  
complicated, they are  
evident”

---



---

“It is problems &  
solutions that are either  
simple or complicated”

---

---

“When Life is Evident,  
opportunity is abundant”

---

---

“A singular complexion is  
simply evident”

---

---

“The energy that creates a problem may find a solution, but will never be free of the problem”

---

---

“Uninspired coaching disempowers”

---

---

“Being Emotional is a positive experience of irrational behaviour”

---

---

“Rational behaviour is  
never an emotional  
experience”

---

---

“Action is enabled when  
authority is empowered  
and power is authorised”

---

---

“Divinity is divine,  
religion is not”

---

---

“Once I know that my path is free of fear, I know that I am required to be fear-free to follow it”

---

---

“Once I know that my path is free of pain, I know that I am required to be pain-free to follow it”

---

---

“Once I know that my path is free of problems, I know that I am required to be problem-free to follow it”

---

---

“Being boundless is free of limitation”

---

---

” I am limited by the pain of my emotional needs that are the limit of my power”

---

---

“I am limited by the fear  
of my limiting beliefs that  
are the limit of my  
authority”

---

---

“I am limited by the  
problem of my limited  
perspectives that are the  
limit of my ability”

---

---

“I can choose power or  
pain, authority or fear,  
ability or problems”

---

---

“My ego sense of physical  
Self always has an  
intuitive sense of spiritual  
Self”

---

---

“My true sense of Self is  
my sense of true Self,  
which is intuitive”

---

---

“I have the authority of  
the power to be, it is the  
ability of my potential”

---



---

“When unrestrained by  
the limitations of physical  
life, I become free”

---

---

“The subjective I is me”

---

---

“The objective I is myself”

---

---

” The adjective I is who I  
am being”

---

---

“I am not the subject of reality but the creator of my personal experience of it”

---

---

“My appreciation is divided by my sloth & my diligence”

---

---

“When life flows I feel happy, so when I feel happy life flows”

---

---

“The flow of reality exists  
in the gap of space & the  
now of time”

---

---

“Heaven & earth are  
divided by gender”

---

---

“Heaven & hell are  
divided by polarity”

---

---

“Heaven on Earth has a  
harmonic vibration”

---

---

“A high or low intensity means that either gender or polarity are divided”

---

---

“Creative potential has a neutral harmony”

---

---

“Positive intention has the will power of my ego’s intensity”

---

---

“Will power is my Self in tension”

---

---

“My Soul’s vision is  
potentially creative”

---

---

“The intensity of my  
emotion is relative to the  
gender of my state of  
being”

---

---

“The power of my emotion  
is relative to my ability to  
choose with authority”

---

---

“The potential of my  
emotion is relative to the  
magnitude of my  
emotional power”

---

---

“Happiness empowers  
me”

---

---

“Well-being authorises  
me”

---

---

“Abundance enables me”

---

---

“Abundance is a potential that is either realised or unrealised”

---

---

“Electro-magnetic-gravity is the application of attraction on two like vibrations of matter”

---



---

“There is a range of intensities of emotion on which a message is received from inspiration to fear”

---

---

“There are not varying degrees of happiness, only varying degrees of misery”

---

---

“The potential of matter  
to gravitate is relative to  
its electro-magnetic  
vibration”

---

---

“The frequency &  
wavelength of a vibration  
is its potential to manifest  
relative to its force &  
magnitude”

---

---

“Self development is a process of getting better, not making oneself ill, though it may appear that way at times”

---

---

“Being careful attracts exactly what I am trying to avoid”

---

---

“Meaning & purpose allow a reasonable life”

---

---

“Mentally defining  
meaning gives a lovingly  
emotional purpose to the  
reason for physical life”

---

---

“Inner balance requires  
mental meaning &  
emotional equilibrium”

---

---

“Equilibrium requires  
freedom & equality”

---

---

“The magnitude of my  
attraction is my  
magnetism”

---

---

“The force of my  
authority to attract is the  
gravity of my gravitas”

---

---

“The potential of my life is  
electric”

---

---

“My life-force energy is  
the gravity of my  
attraction”

---

---

“My magnetic personality  
combined with my  
characteristic gravitas is  
what defines my X factor”

---

---

“Just because I am acting  
in the play doesn't mean  
that I have to build the  
theatre or even the set”

---

---

“God is not particular”

---

---

“Attraction creates flow”

---

---

“There is no flow without attraction”

---

---

“A positive direction is neither forward nor backward, it is expansive”

---



---

“The art of deliberate  
creation requires an  
understanding of the  
science of creative  
deliberation”

---

---

“Creativity requires  
deliberation”

---

---

“De-liberation means of-  
freedom”

---

---

“The ability of Creative Thought requires freedom of choice combined with deliberate creative ability”

---

---

“Freedom is a deliberate choice that is chosen with due deliberation”

---

---

“Gentleness is the gentle confirmation of the authority of my choice, without asserting that choice onto another”

---

---

“Asserting my choice onto another requires a degree of force, not gentleness”

---

---

“It is not easy following an exclusive path in an inclusive world”

---

---

“I do simple things well  
when I am simply happy  
doing simple things well”

---

---

“Well-being is simple; it is  
simply being well”

---

---

“Happiness is simple; it is  
simply being happy”

---

---

“Force & charge is not the  
same thing”

---

---

“In absolute reality there is no such thing as a strong or a weak force; although in dual reality the force of energy may have a relatively strong or weak charge”

---

---

“We are all experts on what we perceive to be our own reality”

---

---

“We are all experts on our own particular expertise”

---

---

“When reality appears the same from all perspectives, I am seeing the Truth”

---

---

“There is no negative direction, just lack of motion”

---

---

“Negative motion creates  
negative emotion”

---

---

“Polarity is either  
clockwise or anti-  
clockwise; both are going  
in a circle”

---

---

“It is the frequency of  
thought that creates  
moments in time”

---



---

“I do not have to choose a direction just accept my direction”

---

---

“My direction is always positive; it is the Way of Happiness”

---

---

“I am directed to be Happy because Happiness is my direction”

---

---

“I am directed to be Well  
because Well-being is my  
direction”

---

---

“Life allows me to see the  
value of what I have  
through the experience of  
not having it”

---

---

“Realities never conflict  
as many different  
realities are capable of co-  
existing simultaneously”

---

---

“It is our different beliefs about what is real that differs and conflicts, not reality itself”

---

---

“Joy is the experience of my power of love utilised”

---

---

“I can only use my power with love because Love is my Power”

---

---

“I become a Master as I  
master the Power of the  
Ability of my Authority”

---

---

“When I utilise my ability  
wisely, it has authority,  
and with authority it has  
power”

---

---

“A black & white reality is  
not coloured with  
emotion”

---

---

“Plenty is a statement of having enough in the future”

---

---

“Abundance can only be experienced in the present moment”

---

---

“Choosing an Ideal life is a pursuit of those who have forgotten how Ideal, Life already is”

---

---

“Knowing why my life is  
ideal need not be an  
ordeal”

---

---

“Plenty is enough for now  
and enough for later”

---

---

“When I do not have faith  
in providence to provide  
then just enough will not  
be enough and I will want  
plenty”

---

---

“When scientists talk intuitively, they are referring to their instinctive sub-conscious programming”

---

---

“Emotional energy has an agenda”

---

---

“My agenda is driven by my emotional needs”

---

---

“The gender of my  
emotional energy  
determines my agenda”

---

---

“From the perspective of  
my Soul there is no 3rd  
person, just I am & Thou  
art”

---

---

“Thou ought is my Soul’s  
Thought for my Self”

---



---

“It is not the quantity of  
life that is important but  
the quality”

---

---

“It is not the quality of my  
love that is important but  
the quantity”

---

---

“It is the quota of my  
intelligence that discerns  
both quality & quantity”

---

---

“In the absence of  
emotion there is only  
Love”

---

---

“I predict everything for  
my future that is already  
prophesied”

---

---

“Wisdom is a state of  
acting with knowing, not  
the application of  
knowledge”

---

---

“Wisdom determines the quality of life, wealth the quantity”

---

---

“The student appears when the Master is ready”

---

---

“Through the Personal Development of my Self, I attain the Spiritual Growth of my Soul”

---

---

“The purpose of my reality is to allow the realisation of my purpose”

---

---

“Having a real purpose is in alignment with the purpose of reality”

---

---

“The purpose of reality is for the experience of being, doing and having”

---

---

“When I want the  
opposite of what I do not  
want, I get the opposite of  
what I do want”

---

---

“Having faith in my Self  
requires the perspective  
of my Soul”

---

---

“Religion is the faith of  
the many following the  
one”

---

.....  
“Science is the faith of the  
one following the many”  
.....  
.....

“My faith is the trust of  
my Self in my Soul”  
.....  
.....

“The Drama of the  
Intimidator is Arrogance”  
.....  
.....

“The Drama of the Poor  
Me is Humbleness”  
.....  
.....

“Fear can never protect”  
.....

---

“When the purpose of service is to serve, then service has no purpose”

---

---

“True love is expansive when shared with those who express it”

---

---

“Human love is depleted when shared with those who need it”

---

---

“Some believe that they are the “chosen few”, some believe that they are the few who have chosen”

---

---

“When my Life Qualities and my Leadership Qualities are congruent, I am able to lead a life of quality”

---



---

“A great coach knows that personal development is essential to great coaching because without personal development the coach will never achieve greatness”

---

---

“GO is an acronym for Growth Opportunity”

---

---

“Needing  
acknowledgement  
expresses a lack of  
emotional power, whereas  
having acknowledgement  
reflects the presence of  
emotional power”

---

---

“A Corporate Coach follows the agenda which the company or corporation has for the client, whereas a life Coach has no agenda”

---

---

“Personal Development is business (the coach) to consumer (the client).

Corporate Personal Development is business (the coach) to business (the client)”

---

---

“Inner Peace is attained when no aspect of my Self is in conflict with any other aspect of my Self”

---

---

“An emotion is the intensity of the resistance that is created by a limiting belief upon the purity of the energy of my feeling”

---

---

“Closed questions uphold a duality; open questions are the gateway to overcoming a duality”

---

---

” A good book has a message, a great book has many messages”

---

---

“Not all affirmations are affirmative”

---

---

“I choose a career, and I choose a vacation, yet my vocation is already chosen”

---

---

“Fortune tellers cannot tell my future, but they may tell me what I need to hear in the present moment”

---

---

“Unauthorised power disables”

---

---

“Unempowered authority unables”

---

---

“I do not require a Coach  
to enable me to remain  
within my comfort zone”

---

---

“The authority of my  
chosen life path is always  
empowered”

---

---

“What I do with love is  
powerful, what I do from  
love is an emotional need”

---



---

“My sub-conscious has authority for my past; my super-conscious has soul authority for my future; I have sole responsibility for my present my Self”

---

---

“A teacher who is not open to learn is just a supervisor in the playground”

---

---

“A leader without a clear vision is a seeker of truth not a follower of wisdom”

---

---

“Being honest requires being true to one’s self”

---

---

“Without transparency and accountability there can be no integrity”

---

---

“You cannot expect a mushroom farmer to grow flowers”

---

---

“There is nothing worse than a humble bigot”

---

---

“There is no equality in a hierarchy”

---

---

“I am either the master of my destiny or the victim of my fate”

---

---

“When I realise that life is not a lottery to be won, I win the lottery”

---

---

“I am only ever trapped in a world of my own creation”

---

---

“When life is making me ill, I am not on a path to health and well-being”

---

---

“It is possible to be very  
useful and very  
unemployable”

---

---

“Coaching requires the  
ability to see life through  
the eyes of the client”

---

---

“Only when I own my own  
beliefs will they be my  
own”

---

---

“Nothing is ever sent to  
destroy a relationship,  
only to test it and make it  
stronger”

---

---

“Having a reason to leave  
is less important than  
having a reason to stay”

---

---

“We are all a legend in our  
own lifetime”

---

---

“My legend is the story of my life, once I have lived it”

---

---

“Forgiveness is not something I give to others or receive from others, it is something that I ask for others not from others”

---

---

“A vote of confidence is the confirmation that I require from others of my authority over them”

---

---

“Meditation is my spacecraft”

---

---

“I choose not to be dead to life whilst alive”

---

---

“The silent voice never speaks”

---



---

“Beginner’s luck is never  
luck”

---

---

“The goal of life is to die  
whilst still alive”

---

---

“You may Coach someone  
on their Standards of  
Performance; you must  
train someone in  
Standard Operating  
Procedures”

---

---

“Conscious-Awareness  
requires seeing in both  
directions at once;  
knowing where I am  
going to and from whence  
I have come”

---

---

“The height of my  
awareness is relative to  
the depth of my  
consciousness”

---

---

“I will not find inner  
peace in the outer world”

---

---

“It is the desire of every  
ego to be the Creator”

---

---

“The ego is just the  
captain of a vessel that is  
travelling in time &  
space”

---

---

“A journey in space is a journey in time; and a journey in time is a journey in space”

---

---

“Making someone out to be too clever is just a way of justifying our own ignorance”

---

---

“Natural Selection is my fate; Human Selection is my destiny”

---

---

“There is no such thing as a miserable day; a day is incapable of emotion”

---

---

“Fear is a negative belief that creates a negative emotional state of being scared, being terrified, being in dread, being anxious or being apprehensive”

---

---

“Being Allowing requires  
Benevolent Co-operation”

---

---

“Being Approving  
requires Concordant  
Equanimity”

---

---

“Being Accepting requires  
Appreciative Gratitude”

---

---

“Just because a calendar ends on the 31st December, it doesn’t mean the world ends then”

---

---

“I will never get better whilst I am ill, I can only get better once I am well enough to start the journey”

---

---

“With True love, I do not  
have a care in the world”

---

---

“My True Love for my Self  
is my Power”

---

---

“My Exclusive –  
Connection requires my  
gratitude and my  
appreciation”

---



---

“When pleasing others, I  
am neglecting my own  
happiness”

---

---

“Divine Gifts require the  
capacity to acknowledge  
them and the capability  
to use them”

---

---

“A positive affirmation  
always affirms what I  
already have with  
gratitude & appreciation”

---

---

“Nobody manages badly  
by design; only by  
default”

---

---

“Pleasing others is a  
toleration”

---

---

“Life is like a game of  
cards: The hand I am  
dealt is my fate, the way  
that I play it is my  
destiny”

---

---

“Though shalt not is a proclamation of guilt and a denial of innocence”

---

---

“Innocence is not being guilty of any attachment to the choices of others”

---

---

“Health is the absence of physical disease that allows life to be effortless”

---

---

“Wellness is the absence  
of mental dis-order that  
allows life to be fearless”

---

---

“Well-being is the absence  
of emotional dis-ease that  
allows life to be painless”

---

---

“There is nothing worse  
than a humble Bigot”

---

---

“My Mind is my Minder”

---

---

“Arrogance is a belief that  
my ego is creating  
whatever is occurring in  
my life”

---

---

“Resilience is the ability  
to bounce back and move  
forward against the flow”

---

---

“A craving for pleasure is  
as detrimental as an  
aversion to suffering”

---

---

“There are 2 types of  
leaders: Those that need  
followers and those that  
don't”

---

---

“When I eliminate ‘if’  
from my life ‘then’ there  
is only ‘now’”

---

---

“You cannot play Cluedo  
on a Monopoly board”

---

---

“A passive income  
requires passive action”

---

---

“My Soul evolves my Self  
when my Self involves my  
Soul”

---

---

“Before I can overcome  
my guilt, I am required to  
overcome my innocence”

---

---

“My heart is my spiritual heart; my solar plexus is my emotional heart”

---

---

“When travelling in the wrong direction, I have to go back to square one to get to square two”

---

---

“A noisy mind needs to talk in order to focus”

---



---

“Contentment is the  
perception of a  
perspective of enough”

---

---

“Abundance is both a  
perspective and a  
perception”

---

---

“I create a perspective  
when I realise a  
perception”

---

---

“It is not our sex that  
enslaves us but the  
gender of our thoughts”

---

---

“I cannot dance in the  
nettles and not get stung”

---

---

“I can choose, I can not  
choose, or I can choose  
not to choose, which is  
acceptance”

---

---

“Pure experience is a  
Divine Gift”

---

---

“Arrogance is confidence  
without ability”

---

---

“I cannot live an extra-  
ordinary life by being  
normal”

---

---

“Life Coaching is for  
people who want to kick  
the hell out of Life”

---

---

“Release the past and  
deliver the present to  
cleans the future”

---

---

“Every journey has a  
destination”

---

---

“Every destiny involves a  
journey”

---

---

“Perspective is unique to  
each Individual”

---

---

“My Health is the product  
of my Wealth & my  
Wisdom”

---

---

“The problem with  
empathy is that it has no  
compassion”

---

---

“Higher and lower  
dimensions appear to be  
stationary from the  
perspective of our own  
dimension”

---

---

“I require a higher  
perspective to perceive  
the existence of a higher  
dimension”

---

---

“Time is the dimension of  
activity in which my  
Space occurs”

---

---

“Without imagination,  
language is unnecessary”

---

---

“Imagination connects  
my rational and  
emotional intelligence”

---

---

“Understanding  
emotional values requires  
an understanding of the  
value of emotions”

---

---

“The dimensions of Time  
are created by the Energy  
of Matter in Motion”

---

---

“In our 3rd Dimension,  
the energy of matter in  
motion is measured as its  
speed, which is a measure  
of time x distance”

---

---

“In Universal Time, the  
energy of matter in  
motion is seen as Gravity”

---



---

“In Atomic Time, the  
energy of matter in  
motion is seen as  
Electricity”

---

---

“As much as is necessary  
is enough”

---

---

“Simplicity leads to  
abundance”

---

---

“Parsimony is a given”

---

---

“No animal ever starved through lack of free will”

---

---

“Emotional needs override free will”

---

---

“Conscious will is an expression of the justification for sub-conscious action”

---

---

“Physical consciousness believes that it cannot exist without a physical body, whereas Higher Consciousness knows that it can”

---

---

“An Ideal is an Idea that has not yet been brought to Life”

---

---

“An Idealist has an Idea List”

---

---

“There is not a right way  
to follow the wrong path”

---

---

“In a rational world of  
educated information,  
instinct has become  
extinct”

---

---

“True Values have both  
value and truth”

---

---

“I have confidence that  
other people are on their  
own exclusive path in life”

---

---

“I do not put my  
confidence in other  
people, they have their  
own path to confide in”

---

---

“When I find the source of my self-confidence, I know that it is not in someone else, nor is it someone else’s source of confidence”

---

---

“Choosing the reality of everyone else is not the choice that I am free to make”

---

---

“Unless a Life Coach is  
guided and supported,  
they cannot guide and  
support others”

---

---

“I get angry as an  
intimidator”

---

---

“I get intolerant as an  
interrogator”

---

---

“I get frustrated as a poor  
me”

---

---

“I get apathetic as an aloof”

---

---

“A Coach is a vehicle through which the client sees the change that they wish to make in their life”

---

---

“I am never behind or in front of another on their path; I am always ahead of my Self on my own path”

---



---

“Until I know my purpose for my life, I cannot know its value”

---

---

“Until I realise the value of my life, it will have no quality”

---

---

“I have never coached anyone whose purpose in life was their career”

---

---

“Being an Entrepreneur is  
a personality disorder”

---

---

“Everything is caused by  
Attraction and  
everything is created by  
Thought”

---

---

“Unless a Grand Unified Theory brings together the views of both Science & Religion, it will not be either a Grand or a Unified Theory”

---

---

“An overnight success often takes many years to occur”

---

---

“A Teacher assumes an  
air of knowing  
everything. A Coach  
assumes an air of  
knowing nothing”

---

---

“I cannot be biased and  
remain balanced”

---

---

“Scriptures are the words  
of a Prophet that only  
become prophetic once I  
know them to be my  
truth”

---

---

“When the Scientific  
Establishment comes into  
alignment with the Law of  
Attraction, it will have its  
Unified Field Theory”

---

---

“The problem with the current scientific view is that it is counter-intuitive to the Law of Attraction”

---

---

“Academia is an august establishment that over time has turned a love of wisdom called Philosophy into a search for knowledge called Education”

---

---

“Whatever a Coach believes creates their reality. Whatever an Educator believes is purely academic”

---

---

“I cannot be spiritually free and sexually repressed”

---

---

“When Love & Light  
combine in Space & Time,  
Energy has the ability to  
create the Reality of Life”

---



---

“Life Coaching is not about putting people into a box. It is about helping people define the box in which they have imprisoned themselves and then helping them to formulate a strategy to get out of their box”

---

---

“When I view life from the perspective of my subconscious beliefs, I am self-conscious; yet when I view life from the perspective of my super-conscious Soul, I am Conscious of my Self”

---

---

“Self-belief is a belief, self-confidence is a knowing”

---

---

“All dualities create  
conflict”

---

---

“A Minister administers a  
system according to the  
Book and the Letter  
(literal translation) of the  
Word”

---

---

“An Administrator runs a  
company by  
administration, whether  
it is bankrupt or not”

---

---

“Administration is not a  
management skill”

---

---

“It is the energy released  
when atoms or molecules  
change their physical  
state that burns us not  
the apparent heat”

---

---

“God is supremely  
indifferent”

---

---

“Matter & Energy are not  
a duality”

---

---

“Consciousness is a  
triatlity of Energy, Matter  
& Motion”

---

---

“Being taught never made  
anyone flexible”

---

---

“Buoyancy is anti-  
gravity”

---

---

“Teaching & Coaching are not a duality; they are not in opposition; though it is wise to know when one is teaching and when one is coaching”

---

---

“I Coach because where else would I find such great opportunities to learn”

---

---

“Being taught requires a teacher, learning does not”

---

---

“Energy always seeks to be in balance”

---

---

“Matter is the disorder or imbalance of energy”

---

---

“Prime Creator created 1st Cause, which is Attraction”

---

---

“The more I protect  
another, the more  
vulnerable I make them”

---

---

“Life is the ability of  
Consciousness to  
experience its Self”

---

---

“When I am protected  
from my problems, I am  
deprived of my  
opportunities”

---



---

“Until I become problem-free, my goal-setting will just be problem-solving”

---

---

“I cannot have tolerations and be problem-free”

---

---

“When there is a distinction between who I am and what I am doing, I am out of alignment with my Soul”

---

---

“Pride comes from  
success; Oneness from  
completion”

---

---

“Business people have no  
distinction between  
personal development  
and professional  
development”

---

---

“Unawakened people have no distinction between self development and personal development”

---

---

“Laughter is a release of negative energy, not an expression of positive energy”

---

---

“Technology can improve fun & pleasure but it will never make people happy”

---

---

“I can make someone less miserable but I cannot make them happy”

---

---

“My strengths are my choice of True Values”

---

---

“Being miserable is not a mental illness but it is a disease”

---

---

“Psychology is the study of how to make people less miserable”

---

---

“Developing other people is an emotional need; developing one’s Self is a True Value”

---

---

“I am limited to having enough, yet there is no limit to how much enough is”

---

---

“When I get less miserable, I don't get happy, I just get less miserable”

---

---

“Diplomacy is only a force when used by a diplomat to get their own way”

---

---

“Without victims, there  
can be no heroes”

---

---

“Corporate Coaching will  
change how I relate to my  
job and how I relate to  
people I work with. Life  
Coaching will change my  
Life”

---

---

“Faith is both certain and  
uncertain”

---

---

“Suffering is not a badge  
to be worn with pride”

---

---

“When I don’t get the  
distinction, I miss an  
opportunity for growth”

---

---

“Natural ability is my  
connection to the power  
and authority of my true  
nature”

---



---

“If God were a process it would be called the Law of Attraction”

---

---

“When looking for a solution, I always have a problem”

---

---

“On an energetic level, I am never out of touch”

---

---

“My perspective is based on the experience of my 5 physical senses”

---

---

“My perception is based on the experience of my 3 intuitive senses”

---

---

“It is not the intensity with which I do something that is important but who I am being whilst I am doing it”

---

---

“Too much choice will  
spoil me”

---

---

“Limiting my choice will  
spoil me”

---

---

“Enough choice is a treat”

---

---

“The strength of a  
material is its ability to  
resist change”

---

---

“The weakness of a material is its inability to resist change”

---

---

“Flexibility allows matter to flow with change”

---

---

“Waste & Save are a duality”

---

---

---

---

---

---

-----

-----

-----

-----