

A photograph of a rocky landscape under a clear blue sky. The foreground is dominated by a large, light-colored rock with a smooth, rounded top. In the background, a vast field of smaller, similar rocks stretches towards the horizon. The text is overlaid on the image in a bright cyan color.

**“Wise Words”**  
**Book Five**

**Keith Collins**

"Spiritual Intelligence is a synergy of rational consciousness with emotional awareness"

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"Intuition has its own logic when viewed with emotional intelligence"

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"There are none as blind as they who cannot see intuitively"

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"If I want to be a wizard at coaching, I have to learn the magic"

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"A conscious perspective without a perceptive awareness has no clarity in its direction"

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"The clearer that the coach hears the questions, the quicker the coachee will find their own answers"

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"A Teacher provides the answers to a student's questions. A Coach provides the questions that allow the student to find their own answers"

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"I cannot be too emotional but my emotions can feel too negative and can be too intense for me to manage in a rational way"

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"I cannot be over aware of my own emotional state of being but I can be too sensitive to the emotional state of being of someone else"

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"Emotions are the result of my true feelings being filtered through my belief system"

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"Our consideration for other people is usually based on what we consider best for our Self"

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"There is no providence without allowance"

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"There is no forgiveness without acceptance"

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"That which is a lien to my Soul is often alien to my Self"

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"Son of God has no literal translation. Metaphorically it means Divine Ability"

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"The purpose of life is to give life meaning"

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"If Jesus were alive today, how would he celebrate his birthday?"

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"The only hearsay that is empowered is our own inspired revelations"

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"Unfortunately, the good news expressed in the Gospels is 2nd hand and therefore hearsay"

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"Competing with an illness allows it to defeat me"

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"Creativity is not a mental process. It requires emotional power"

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"Exploring the deep keeps my head above water"

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"Extroverts would rather be hated than ignored.  
Introverts would rather be ignored than hated. I hate ignorance & I ignore hatred"

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"I experience surreal experiences when I allow surreal experiences to be real - it's really magical"

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"Feeling a physical sense of touch is not the same as being touched by an intuitive sense of feeling"

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"Divine Absolution is absolutely divine"

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"Surreality is a reality that can be seen to be beyond the generally accepted reality"

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"Most people think they know what they need to know. Some people know they know what they need to know"

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"Extroverts need people.  
Introverts need space.  
'Overts' have space even in a crowd of people"

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"In a stable relationship  
both partners can access  
their sexual & their sensual  
energy at will"

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"When a man provides the  
sexual energy & a woman  
the sensual energy, the  
relationship is balanced but  
unstable"

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"Just because I am  
deceived by an illusion, it  
doesn't mean that I am  
deluded"

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"A Comfort Mentality is  
conscious of what is  
causing its pain &  
discomfort"

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"A Survival mentality is  
conscious of what it fears  
will kill it"

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"An Awareness Mentality is mentally aware of its three intuitive senses"

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"A Creative Wizard values unconscious competence above conscious capability"

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"Earth is the ideal environment to practice the art of creative wizardry"

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"We are all students of the  
'dark arts' until we see the  
Light"

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"Redemption means taking  
a fresh look at who I am  
being, what I am attracting  
into my life, and why"

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"In 'divine time', I am never  
late & never early; I am ever  
present & I always have  
enough time"

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"Happy people never  
criticise, condemn or  
complain"

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"There is no love in effort"

.....

"Under what conditions is it  
appropriate to practice  
unconditional giving?"

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"Who is a Human Being  
being when a human Being  
is being Human"

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"Some people's cup is half full, some people's cup is half empty; and some people use their cup as a begging bowl"

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"Food is physical fuel that supplies mental & emotional energy"

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"I'm only human is a reason for my failure and an excuse for not continuing my own personal development"

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"An excuse is a reason for not doing something that someone else wants or needs me to do for them"

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"When I take 1 step back to assess my progress, 2 steps forward is a step in the right direction"

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"The potential of a storm is its force of lightning and its magnitude of thunder"

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"The only sin is to be without"

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"Being without God is being without the Creator, which disallows my creative potential & my ability to create my ideal life"

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"Musicians play with tunes, designers play with colours & writers play with words"

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"Being sensitive with someone who suppresses their emotions is a wonderful attribute to attain"

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"It is not innately wise to believe that I was born without wisdom"

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"Dispassionate is being emotionally disconnected, whereas detached is being sensitively unaffected by other people's dramas"

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"Trainers train skills, teachers teach knowledge and coaches connect others to their own innate wisdom"

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"Reality is an illusion but it is not a delusion"

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"The illusion is that few can elude the reality of their own delusion"

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"Attention is not an emotional need. What is needed is for someone to pay attention to what I need emotionally, preferably my Self"

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"Absolution is not a relative offering"

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"Trust requires judgement,  
whereas faith requires a  
knowing of what is"

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"Truth can be relative or  
absolute. My truth is  
relative to my path, as is  
yours. There is no absolute  
path"

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"Loyalty is a duty payable  
for emotional benefits  
given & received"

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"The birth of Christ within  
Man doesn't just happen on  
Christmas Day"

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"A true relationship is cause  
for celebration every day;  
rather than being just an  
anniversary event"

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"My authority to choose is  
relative to my choice of  
authority"

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"Saving is a scarcity mentality, whereas savings allow an abundance mentality"

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"When just enough is not enough, abundance is not divine"

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"My belief that fear is beneficial disallows my ability to change the particular belief that is causing my fear"

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"A Harmonious Life  
requires my being  
congruent with my vision,  
consistent in my purpose &  
agreeable with my mission"

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"Two wrongs don't make a  
right but they may offer the  
possibility of a third way"

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"You have to get it to have  
it and you have to have it to  
get it"

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"I don't have to be better than everyone else to be a winner"

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"A true winner never loses. A true competitor is a good loser"

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"The only strategy that I ever need is how to re-align my Self with my chosen path"

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"A balanced force with a harmonious wavelength is always potentially benign"

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"When a Police Force is separate from a Police Authority, there is no force of authority in its policy or its policing"

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"What sane society gives a police authority the power to investigate without the authority to police?"

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"My brain is not programmed to survive, although it may be running a programme with a belief that I need to survive a very dangerous world"

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"The 'Grace of God' is within. When I go without, I will go without"

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"An inclusive attachment to another requires sympathy, whereas an insensitive disconnection is just apathy"

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"Compassion with another requires sensitive detachment, whereas self compassion requires an exclusive connection with one's Self"

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"A '4 Dimensional Being' is  
Supra-conscious"

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"Nothing in this world is  
inherently bad. It is just my  
belief about something that  
makes it so"

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"Forgiveness is not  
something that I can give;  
for it is already fore given. I  
can only receive it and  
accept it"

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"Unemployment means that I am not being used by someone else to achieve their ambitions"

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"With clarity, direction & presence; and health, wealth & wisdom; work is effortlessly enjoyable, inspiringly empowering & truly creative"

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"Only in a lost, confused & frustrated society can labour-saving technology create an unemployment crisis"

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"My achievement of what I do allows my attainment of who I am being, which allows my appreciation of my expansive personal spiritual growth"

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"The less I intend to do the quicker I achieve it"

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"Living life to the full takes every penny that I have"

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"The Universe is infinite; it never runs out of space. In alignment with the Universe, I always have enough space"

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"My provenance is found & realised in the present, not in the past"

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"The Universe is eternal; it never runs out of time. When I am in alignment with the universe, I always have enough time"

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"I am being here for my Self when I am being there for another"

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"If you shed a tear at my passing, may you choose a tear of joy; as I would never choose to be the cause of your sadness"

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"My sub-conscious Id causes my reality, my conscious Ego Self experiences my reality, & my super-conscious Soul Entity creates my reality"

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"Ad lib is not off the cuff.  
When I speak off the cuff, I  
have previously written it on  
my cuff as an aid memoir.  
Ad lib requires no notes"

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"I cannot be spoiled by  
nature"

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"Until I can be happy  
without money, I will never  
be happy with money"

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"Mortality is the reality of a Mortal Being. It is about life or death, depending on the perspective of a Being's mortality"

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"Intuition is an unseen thought, an unspoken word or an unthinking action that allows my unconscious competence"

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"I need or value, like or hate, sex or lust; but It is never a true expression of Love"

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"My only need is to realise my purpose; for when I know my purpose, I have no need of anything because I see the true value of everything"

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"My creative potential is powered by my emotion & authorised by my thoughts"

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"Money allows me to depend on other people for my needs. The more money I have, the more needy I can be & the more I can rely on other people"

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"Spiritualists believe that when energetically connected then nothing matters"

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"Science believes that when 'it's of no matter' then it is of no scientific concern"

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"I know that I have succeeded when there is nothing that I want to achieve, nothing I need to attain & nothing that I have to accomplish"

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"I cannot be mindful of my client when my mind is full of my own issues"

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"I can think the worst, I can be positive, or I can allow the best to happen"

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"A Mentor will help you  
manage your to-do-list a  
Coach will show you how to  
get rid of it"

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"I am never overwhelmed  
with inspiration, only my  
lack of it"

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"The quality of my health is  
relative to the wealth of my  
attributes & the wisdom of  
my attainments"

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"When my power is restricted, I get angry; when my authority is undermined, I get mad; when my ability is frustrated, so am I"

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"I have a wealth of time, I have a wealth of space & I have a wealth of potential. I am a very wealthy man"

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"I see into the future with my imagination, I see into the past with my memory, I see the present that is presently presenting intuitively"

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"I am only ever guilty of being innocent of not knowing"

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"Being truly selfish requires my connection with my true Self, otherwise I am just being selfish"

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"The present is always a surprise when I see the gift that is being presented"

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"Before I can be Good, I have to experience, explore & discover what it means to be good or bad"

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"Polarity allows adjective choice, which allows subjective discernment & objective judgment"

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"An aspect of love is created by a perspective of light as an experience of life"

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"There is a common spirituality that runs through every religion"

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"Well-being is emotional.  
Wellness can be physical,  
mental or emotional"

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"Polarity allows will power  
to be either pro-active or  
re-active, and either active  
or resistant"

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"Will Power has a force but  
no magnitude, which  
greatly limits its potential"

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"Rational people have no concept of emotional energy"

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"Thinking is a sub-conscious process. Thought is a super-conscious creation"

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"Mindfulness is being aware of what is filling my mind and whether it is fulfilling or not"

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"An empty mind allows  
creative thought to flow  
freely"

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"Sometimes a person is to  
be commended for how  
efficiently they are unable  
to do what it is that I am  
asking for"

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"I don't have to wait until I  
die before I can rest in  
peace"

---

"Chasing money is a statement of not having enough"

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"Mindfulness is being aware of what is filling my mind and whether it is fulfilling or not"

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"All possibilities potentially exist. Alternate realities are optional. That means I have to choose to change my present choice of reality"

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"Every act of Love is preceded by the purity of an inspired thought"

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"When my vision is physical, my direction is conscious. When my vision is spiritual, my direction is super-conscious"

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"The vibration of a pure wavelength of emotion requires an experience of Divine Space"

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"The experience of Divine Time requires a vibration with a pure frequency of thought"

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"Both what I love & what I need have value to me, but Love alone has true value"

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"We are all travelling to the same destination along our own unique path"

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"The Divine Plan is my  
appointment with my  
destiny and your  
appointment with your  
destiny"

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"My destiny is appointed  
my fate is often a  
disappointment"

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"When I have enough faith,  
I have enough of everything  
else"

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"A 'Good Innings' is not determined by how long I spend at the crease"

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"Changing a belief, alters my perspective & my perception, re-aligns my truth & creates a new experience of reality that endorses my belief"

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"My reality is a real experience of perceiving what I choose to believe to be the truth of my perspective of my experience of reality"

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"The reality is that science needs to convince everyone that there is only one reality for one reality to really exist"

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"I cannot change the past  
but I can change my  
perspective of the past; and  
when I do, I change my  
future"

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"It is the power of my  
emotional state of being  
with which my words are  
spoken that determine their  
authority & their influence  
over others"

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"When I see the perfection of my imperfections, I know that this world is truly perfect for me"

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"In a truly perfect world there is no opportunity for growth, which disallows excellence & the process of perfecting life"

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"When clearing the way forward, there may be many boulders to remove from the path before my journey becomes effortless"

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"I can't expect a purple patch when I'm feeling blue and I'm not in the pink"

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"Saying: "I think you are wrong" is conflict. Saying: "I have a different perspective" is confrontation"

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"Coaching is the ability to educate people by asking questions"

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"Reality is always true. It is my perspective of reality that is good or bad, right or wrong, positive or negative, real or false"

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"Reality is a creation of pure thought. Fears & limiting beliefs cause a false illusion and a bad experience of reality"

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"Whether I am 'in the groove' or 'in a rut' depends on which direction I am going. Re-orienting 90 degrees turns a rut into a groove"

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"Just because an emotion has no rationale doesn't mean it has no logic"

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"I used to be determined & dedicated in my commitment. I am now consistently congruent in my agreement"

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"I'll never have enough money to ensure I have no money worries. The more money I have the more problems with money I potentially attract"

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"The only constant in my life is consistent change"

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"You can't make consommé with a recipe for pea soup"

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"Nobody has ever successfully coached a dog, only their owner"

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"Consultants are paid to solve problems. Coaches guide & support a client to become problem-free by seeing every opportunity for growth"

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"You don't consult a Coach to solve your problems, but the Consultant that you consult may use coaching skills in your consultation"

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"We all get to choose what's ideal & what's enough, but we don't all choose and we don't all get enough, because we don't all get it"

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"There is no need to lead a horse to water. The horse is not stupid"

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"People who need to change the world are generally unhappy with the world that they are presently experiencing"

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"When I am making a choice, I am trying to choose between two or more options, which is never a good choice"

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"Success is not about making right choices. It is about allowing the right choice to present itself as an opportunity"

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"There are many emotional attributes but only one unemotional attribute - being unemotional"

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"E.L.Q. is my Enabled Learning Quotient, the measure of my ability to learn new, innovative & creative concepts"

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"The more mature the learner, the more opportunity there is for the learner to learn and mature"

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"There is no such thing as super-conscious incompetence. My incompetence is either conscious or sub-conscious"

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"Being a Coach is a role that I play. It is who I am being whilst doing my coaching that is of most importance to me"

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"It is not my vision to  
succeed as a coach but to  
succeed in the personal  
development & the spiritual  
growth of my Self"

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"Teachers, Trainers &  
Instructors are all in the  
business of Personal  
Development. Coaches are  
also in the business of Self  
Development"

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"Question: 'Why would I pay a Coach to tell me what I already know?' Answer: 'Because I am not intuitively listening to my Self'."

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"Today belongs to me. It is a present. Tomorrow belongs to me. It is a present waiting to be delivered"

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"Don't get angry with  
someone else, get even  
with your Self"

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"What I really need, I hang  
on to. What I truly love, I  
set free"

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"True love has no  
attachment"

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"Neither being too sensitive nor being insensitive is being sensitive to the emotional state of another being"

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"Success is attaining a level of emotional competence, achieving a level of mental capacity & accomplishing a level of physical capability"

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"We all throw our toys out of the pram at some point. It's how we realise that they are just toys, to be played with"

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"Selfish people see the virtue of other people's unselfishness. Truly selfish people do not"

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"Sympathy is carried on an emotion of sorrow, whereas empathy is transmitted with compassion"

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"Telling it as I see it is not helpful when my seeing is not intuitive, my insight is not inspired and my perspective is without a vision"

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"My life-path is ensured. As long as I ensure that I follow it faithfully"

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"Does my brain create my consciousness or did my consciousness create my brain? To answer, my consciousness requires awareness of its Self"

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"My Soul neither insures my loss nor assures my gain, yet ever ensures that my allowance is provided"

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"Couples in a sensually attractive relationship have the same sense of values and a similar sense of direction"

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"Other people are never the cause of my anger, intolerance or frustration but they may often feel the effect"

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"Frustration is the experience of my own thwarted ambition"

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"Intolerance is my inability to tolerate my own false convictions"

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"Anger is my inability to manage my own emotional energy"

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"I know my problems rationally, I feel my challenges emotionally, and I see my opportunities intuitively"

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"Super-conscious is above my level of consciousness, whereas sub-conscious is below; yet both are aspects of my unconscious mind"

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"Seeing intuitively is like being in love, you know it when you feel it"

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"When I accomplish contentment, achieve fulfilment and attain joy, I will be happy with my success"

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"My unconscious competence is relative to my intuitive awareness"

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"My sub-conscious capacity is relative to the integrity of my beliefs"

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"Our understanding of Science is currently incomplete, we are without Omniscience. Our Scientists are not completely scientist"

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"Having no concerns about my past allows me to have no concern about my future. My only concern is my present, to my Self"

.....

"Life is full of opportunities for learning & growth. I cannot fail to learn & grow, unless that is I see this as a problem"

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"I accomplish a task, I achieve an objective, I attain a state of being, I succeed in my life's purpose"

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"Success is the fulfilment of my vision, the contentment of my mission & the enjoyment of my purpose"

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"We all succeed to our personal throne"

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"I am financially driven by my greed, I am customer driven by my need to please, and I am success driven to enjoy the true value of my life"

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"Life is not about how well I play the role that I am playing, but how well I am being whilst I am playing it"

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"My only failure is my failure to see how successful I already am"

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"Success is gained by  
attaining the power &  
achieving the authority to  
accomplish the ability to  
live well on my journey  
through life"

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"The presence of arrogance  
and the absence of  
confidence will both  
disallow my path"

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"Pleasing: Under-estimating  
my value to other people.  
Believing that I am less  
worthy than others"

.....

"Greed: Over-estimating  
my value to other people.  
Believing that I am more  
worthy than I am"

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"Esteemation: Guessing the  
level of my confidence &  
worth"

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"Arrogance is an ego's will,  
whereas confidence is an  
intuitive knowing"

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"The Universe is a  
Perpetual Motion Machine.  
Infinite Space & Eternal  
Time create a Reality that is  
perpetually in motion"

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"A rational person only  
knows it when they see it.  
An intuitive person only  
sees it when they know it"

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"To be valid, I am required to be grounded. To be vital, I am required to be earthed. To be truly alive, I am required to be vital & valid"

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"Sometimes we have to miss someone to realise that we don't need them"

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"Emotional power comes from the power of my emotions not the power of my money. I cannot buy an emotional state of being"

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"The purpose of life will not be found in what I am doing, but in who I am being whilst I am doing whatever I am doing"

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"When I appreciate space, it is never wasted"

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"Self-determination  
requires choice, not  
determination"

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"Being in gratitude for my  
present happiness attracts  
more happiness for me to  
experience in the future"

.....

"Looking for happiness is a  
statement of being  
unhappy and will only ever  
attract more unhappiness"

.....

"I am only a failure when I  
am looking at my life  
through someone else's  
eyes"

.....

"My achievements belong  
to me. My success is  
someone else's measure of  
achievement"

.....

"I cannot fail to succeed my parents. Achieving what my parents achieved is their success, not mine. I cannot fail to be their son"

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"I can learn to trust my religious fate or I can intuitively follow my spiritual faith"

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"The beauty of Nature is the nature of its Beauty"

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"When competing, there is always someone who can beat me - myself"

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"Steadfast has a strong will and an iron core. Resilience has a strong shell and an inner gentleness"

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"All pilgrims, no matter what religion or faith, are on a personal journey called Life"

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"When a Pilgrimage is a physical journey it will not have a spiritual outcome"

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"I cannot be in an emotional state of approving with an unmet need for approval"

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"Before I can learn Mastery, I have to master learning"

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"Sulking is an aloof control drama that expresses an unmet emotional need"

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"Those who need appreciation don't have it. The way to have appreciation is to express it with gratitude"

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"Light is the frequency on which consciousness transmits a thought"

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"Love is the wavelength of emotion on which a pure thought is transmitted"

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"The Ability of Life is a potential waiting to be fulfilled"

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"When two people have conflicting views of what is right, both are wrong because neither have a true perspective"

.....

"It is my sub-conscious mind that gets lost, confused & frustrated by dual reality life. My Soul has the clarity & direction of my presence"

.....

"There is no point in having a disagreement with someone about someone else. Neither of us ever really knows what is best for someone else"

.....

"I have no conflict with another when I am free of any attachment to their needs, beliefs, dramas, dogmas or ideologies"

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"The need to be kind is driven by greed"

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"Inner conflict is not a battle between my head & my heart. The wavelength of my emotion is always aligned with the frequency of my thought"

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"The stronger my will power, the weaker my intuition"

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"We get mad when we don't get what we believe we should get"

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"The difference between confidence & arrogance is often a matter of culture"

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"A Vision is like a compass point, it sets my direction and aligns my path; and there is no limit to how far in my life it can take me"

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"Despair is the painful realisation that neither extreme of a duality is where I want to be"

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"Nice or nasty is a measure of what I love or hate, what pleases or displeases me"

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"Being pleased or displeased is not the pathway to happiness"

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"When Coaching in a large company, the CEO is the customer, the HR department is the client, and the Coachee is the consumer"

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"The client and the consumer are both customers but not necessarily the same person"

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"One's purpose is beneficial for all"

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"Personal Development is not a one off fix. It's a personal mission to fulfil one's purpose in alignment with our own unique vision"

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"Attracting customers is a better strategy than promoting profit because attraction is always more powerful than promotion"

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"From a truly selfish perspective, my life is all about me being truly grateful to everyone for sharing it with me"

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"A meeting is a presently occurring appointment"

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"I do not plan an appointment, I make one. I do not plan to keep an appointment, I meet it"

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"My Inner Guidance is not there for when things go wrong, for when things go wrong my inner guidance is not there"

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"A motive motivates me to do what I need to do. My vision empowers me to do what has true value for me"

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"Imagining something is always easier than manifesting it into physical reality, which is always easier when I can imagine it first"

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"Coaching needs a regulator to deregulate any regulations imposed by any non-regulatory sources"

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"Abundance is not an amount, it's a feeling. Any limit to feeling abundant is self-imposed"

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"A meeting with my Soul has no agenda"

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"Tinnitus is a wake-up call.  
If we fail to wake up, the  
alarm continues to go off"

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"Sexual attraction has  
nothing to do with  
chemistry and everything to  
do with emotional energy"

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"Happiness is not the effect  
of a chemical reaction in  
the brain, though it may be  
the cause"

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"You cannot overthrow a hierarchy. An inverted pyramid has no stability. You have to dismantle it, one level at a time from the top down"

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"The foundation at the base of any hierarchy is its least powerful point, because the most powerful point is always at the top"

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"Gender, polarity & intensity is to emotion what tints, shade & hues are to colour"

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"When electro-magnetism is separated from gravity, scientific thought has no gravitas"

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"Thought is an electro-magnetic wave"

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"Abundance is never too much"

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"Just enough is sufficient, but it's not abundance"

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"Sufficient is not enough"

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"I can get by on what is sufficient for my needs, or I can be content with enough of everything that has true value in abundance"

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"Wisdom, transparency & accountability are all leadership qualities. They are the measure of a quality leader"

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"Co-operation naturally promotes sharing"

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"Few relationships share their independence, most share their need for independence"

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"Nobody ever joined a coaching association for the purpose of being regulated"

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"Some explore the extremes of experience, some find the balance. I cannot explore the balance until I have found the extremes"

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"A truly positive experience has no negative alternative"

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"You cannot plan to have an effortless life"

.....

"I am never busy enjoying life"

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"Busy-ness is the business of being busy running a business"

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"Winning can be a great joy, but needing to win lessens the enjoyment"

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"Remember to be Happy"

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"Experiencing the extremes of life's intense opportunities can be extremely daunting without the guidance of a wise coach"

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"Venturing beyond the limits of my comfort zone can be very uncomfortable without the support of a wise coach"

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"As I expand the capacity of my mind and develop the acuity of my thought, my consciousness grows in intelligence"

.....

"The force of my authority is relative to the capacity of my mind and the acuity of my thought"

.....

"It is the 'nature of attraction' that makes homosexuality a natural attraction, for some people"

.....

"Nobody ever needs protection from the truth"

.....

"The only person that can ever hurt my feelings is me"

.....

"Why would a wise, accountable & transparent Government require an Official Secrets Act?"

.....

"When I'm happy with the cause but unhappy with the effect, my happiness is out of balance"

.....

"Independence is never  
attained at someone else's  
expense"

.....

"A quality emotional  
attribute has the attainment  
of a true value"

.....

"I am determined by the  
inner guidance that  
empowers my path"

.....



"The quality of my awareness allows the awareness of my qualities"

.....

"When enough is enough, it is never too much"

.....

"What needs to be rejected & abandoned is the belief that I can ever be rejected or abandoned"

.....

"I can only love with an open heart. When I am disconnected from my emotional power, I may need another but I cannot love them"

.....

"Being long-lived is desirable, being long-suffering isn't"

.....

"The 1st Law of Duality is:  
Resistance is relative to the  
degree that an emotional  
state of being is out of  
balance"

.....

"No more victims, no  
heroes required"

.....

"My Guardian Angel is not  
there to keep me safe but  
to guide & support me on a  
chosen path that is never at  
risk"

.....

"When I balance my  
microcosmic energy, I am  
earthed. When I balance  
my macrocosmic energy, I  
am grounded"

.....

"Sensual attraction is the  
attraction of similar  
polarities of thought"

.....

"Conscious-awareness, of  
what I intuitively know &  
feel, is always the best way"

.....

"Whenever I say: 'There must be a better way than this', I know that there is even though I am not yet aware of what it is"

.....

"Sexual attraction is the attraction of opposing genders of emotion"

.....

"With intuition, no proof is required"

.....

"Intuition is never counter-intuitive. Rational knowledge based on the logic of physical experience can be contrary to intuitive knowing"

.....

"When a client cannot sense my authenticity & credibility, they would greatly benefit from my coaching them"

.....

"Wishful thinking is just wishful thinking, whereas a wishful thought comes with a wisssshhhhhh! In an ah! ha! moment"

.....

"Equanimity is that still, calm space in which I am present when my emotional energy is in balance. My anima is equal to my animus"

.....

"Emotional Intelligence is my ability to see who I am being in relationship to what I am experiencing and know what I am doing with feeling"

.....

"Choosing to be in balance is a statement of being out of balance that disallows balance. It is choice that allows imbalance to occur"

.....



"The quickest way of coming back into balance is to allow it to occur naturally. The Law of Attraction naturally balances all systems"

.....

"Testimonials, references & endorsements are required by clients who only believe what they can see with their own physical eyes"

.....

"When a client intuitively senses my authenticity & credibility, I have no need of certificates, qualifications or accreditations"

.....

"A Prime Attribute is the essence of Human Beingness"

.....

"A financially driven culture is focused on scarcity & wanting more. A customer driven culture is focused on mutual benefit & having enough"

.....

"Coaching hasn't made me a good living but it has given me a wonderful life"

.....

"You cannot balance security with liberty, they are not in opposition. My liberty is assured, unless my belief about liberty is insecure"

.....

"I will never find my Solar Plexus using my physical eyes or my rational brain"

.....

"My greatest Serendipity moment was that Eureka moment when I realised what an Ah! Ha! Moment really is"

.....

"I do not have a third eye. When I am my third 'I', I see my vision for my life with insight & omnipresence"

.....

"My 1st conscious 'I' sees  
consciously, my 2nd sub-  
conscious 'I' sees  
instinctively, my 3rd super-  
conscious 'I' sees  
intuitively"

.....

"My perspective, what I  
see, is the product of what I  
feel & I know to be true.  
Unless that is, I only use my  
physical eyes to see reality"

.....

"My ability is relative to my power & authority. When I see this I will get it and when I get this, I will see my ability"

.....

"My power is emotional and relative to my state of being, but why did they not teach me emotional intelligence in school?"

.....

"My authority is intuitive, I know this intuitively, but why have I never been taught this?"

.....

"It doesn't matter how much you change a flawed system, it's still flawed"

.....

"Afternoon starts after noon, yet morning ends at lunch time. We take tea in the afternoon never lunch."

.....



"Every cancer patient has a different rare disease because we all have a unique set of similar & opposing beliefs"

.....

"Ability is not dependent on knowledge, it is relative to seeing what can be done and knowing & feeling that it is possible"

.....

"The problem with tenacity is that it's difficult to let go of it"

.....

"Fun & pleasure may meet my emotional needs but they are without the true value of joy & happiness"

.....

"Believing that I am who I know is far less powerful than knowing who I am"

.....

"The success of the client is limited only by the success of the Coach"

.....

"Profundity is a ditty that is centred around fun"

.....

"I cannot be profound and be lost. I am never lost in the depth of my being"

.....

"The problem with perseverance is that I believe that I have to persevere with it when life isn't flowing effortlessly"

.....

"Happiness is an emotional experience that defies the logic of rational science"

.....

"A successful co-dependent relationship requires a dedication, a determination & a commitment to persevere & to compromise"

.....

"A physical perspective of reality matures with age, whilst a perspective of spiritual reality evolves with time"

.....

"Un-wellness is an unwanted emotional experience created by the false perspective of an impure belief"

.....

"Time does not heal, but it does allow endless opportunities for healing to be presented"

.....

"A Chef requires clean pots with which to create a new dish"

.....

"The Richest Man in  
Babylon is not the  
Wealthiest Man in  
Paradise"

.....

"The more connected that I  
am to my Soul the more  
able I am to imagine my  
ideal future"

.....

"A 'string' is a frequency of thought vibrating on a unique wavelength of emotion, but that is just a 'theory' of my particular thought"

.....

"Utopia exists on the island of my imagination"

.....

"Shangri-la has been lost beyond the horizon of my personal boundaries"

.....



"Shamballa is hidden from view by my belief system"

.....

"Paradise is my favourite perspective of life"

.....

"I am not a victim of my genes. My genes are a victim of my memes"

.....

"A universal perception of space & a universal perspective of time allows a universal experience of reality - one version of reality only"

.....

"I am here for my Self, but is my Self here for me? Am I truly selfish or just plain selfish?"

.....

"All Coaches should know their own limitations, for it is here that their own opportunities for development & growth are presented"

.....

"Business is the occupation of those who need more money. Those with enough money have no need to be busy"

.....

"My learning curve is often an emotional roller-coaster ride"

.....

"A Resolute Ego is no match for a Resilient Soul"

.....

"Resilience allows the fulfilment of my potential. It is a measure of my ability to access the emotional power of my natural state of being"

.....

"There is a big difference  
between coaching  
someone to become  
happier and counselling  
someone to become less  
miserable"

.....

"Resolute is the character  
of one who has resolved  
not to change their mind"

.....

"I don't have the authority to change other people but I do have the authority to guide & support their own personal development & growth"

.....

"The best way to unblock your life is to allow it to effortlessly flow"

.....

"We are all finely tuned instruments with similar strings that are all strung differently"

.....

"The Financial System serves the rich, the Health Service serves the poor, & the Education System ensures the status quo remains the same"

.....

"When I cannot see the  
villainy in my heroic actions,  
I will eventually become a  
victim of my heroism"

.....

"Mediation requires a  
higher perspective to see a  
third way"

.....

"In a conflict, the common  
ground is often hidden in  
no man's land"

.....



"Inner conflict is apparent when my ego's will, or my adopted conscience, is out of alignment with my Soul's inspired vision for my Self"

.....

"To confront an issue from an opposing perspective is conflict. To confront an issue without conflict requires a mutually agreed intention"

.....

"No matter how gilded the cage, it still restricts one's freedom"

---

"When I recognise my own mortality, I know the paradox of human life & death"

---

"Fear is driven by a limiting belief, a belief that I tolerate until its limitations become intolerable. Fear is never acceptable"

---

"My mindset can be fixed, divisive or expansive. Like the weather, it can be settled, unsettled or changeable"

.....

"There is no such thing as a bad coach, just coaches of different levels of skill & experience that may or may not suit a particular client"

.....

"Fear is the reality of my thinking not the realisation of my true thoughts"

.....

"With the ability of my Self to live in physical existence as my Soul, I allow my Soul the ability to live on Earth as its Self"

.....

"Spiritual people have a mind of their own that isn't located in their brain"

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