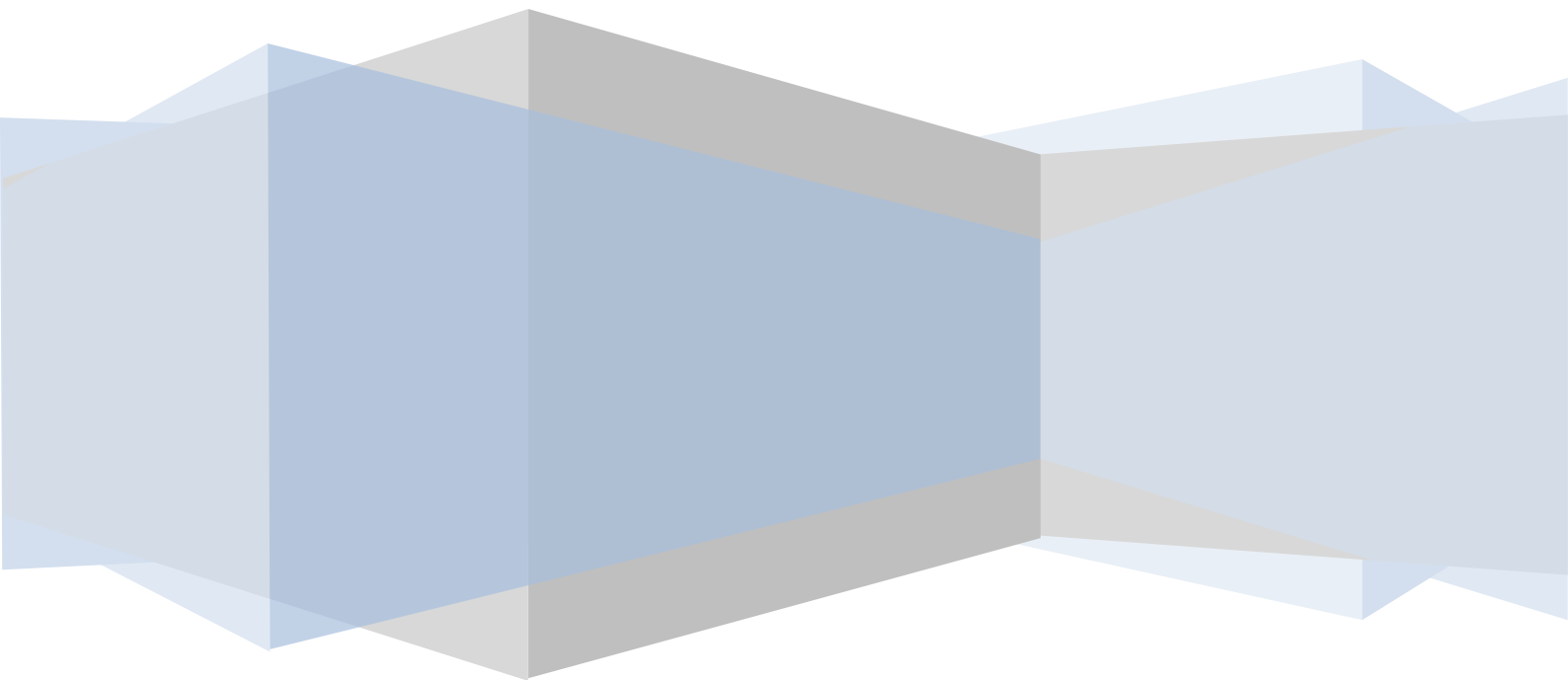


The Inner Coach

Three Prime Trialities

Keith Collins



Energy, Matter & Motion is a Prime Triality.

First is the dimension of Motion.

It is the Motion of matter in energy or the Motion of energy in matter.

It is the spin of electrons in space.

It allows the Atomic Holon.

Second is the dimension of Energy.

It is the Energy of matter in motion or the Energy of motion in matter.

The e-motion of cells matters.

It allows the Cellular Holon.

Third is the dimension of Matter.

It is the Matter of energy in motion or the Matter of motion in energy.

It allows the Organic Holon.

It allows the experience of Human Life.

Life experience is a matter of emotion.

Energy in motion matters because matter is lifeless without energy.

Energy without motion doesn't matter because it is immaterial.

Matter allows energy in motion to be experienced.

Energy & Matter are the same thing seen from opposing perspectives.

I see matter from a physical perspective.

I see energy from a spiritual perception.

All matter is the motion of energy vibrating at a different frequency & wavelength.

Every vibration has a wavelength & a frequency that are relative and inversely proportional to each other.

Energy vibrations can be experienced as a wave or a particle, as energy or as matter.

Visible light is one example of a range of vibrations that are seen as different colours relative to their wavelength & frequency.

As well as visible light, all energy is currently believed to be an electro-magnetic wave or particle.

Matter is an energy vibration that is identified by its relative vibration.

In physical reality, all energy is experienced as electro-magnetic-gravity.

In spiritual reality, all energy is experienced as love-light-life.

Our Universe is a contextual field of space-time-reality for us to individually & collectively explore experience & discover energy & matter in motion.

Love, Light & Life is a prime triality.

A wavelength of energetic space is experienced as an emotion of Love.

A frequency of energetic time is experienced as an enlightened thought.

Life is the physical experience of enlightened thought.

Love is pure emotion.

Light is pure thought.

I am enlightened by the purity of my thoughts.

I am empowered by the purity of my emotions.

Emotions are the wavelength of energy on which my frequency of thought is transmitted & received.

Life is ideal & divine when both thought & emotion are transmitted & received as a pure vibration of energy.

Life is less than ideal when my thoughts are divided by polarity and my emotions are divided by gender.

In my physical life, I can choose which aspects of emotional love to experience with the light of the consciousness of my thought.

My thoughts create my reality in a Space-Time-Reality.

Space, Time & Reality is a prime triality.

Space-Time-Reality is a spiritual perception of our Universe.

A vibration of Reality has a frequency called Time and a wavelength called Space.

Our Universe is 'one version' of space-time-reality.

From a physical perspective, our universe of space-time-reality has three dimensions of time, speed & distance.

The frequency of our reality is measured as speed.
The wavelength of our reality is measured as distance.
The vibration of our reality is measured as time.

The time, speed & distance of objective matter are relative to its vibration, frequency & wavelength.

Time is relative to speed & distance.
Speed is relative to time & distance.
Distance is relative to speed & time.

Space-time-reality is the effect of a choice of energy vibrations that are distinct by the nature of their frequency & wavelength.

A specific wavelength of space & a specific frequency of time allow the possibility of a specific vibration of physical reality to exist.

It allows energy vibrations that are a matter of energy in motion to be experienced as a space-time reality in a spiritual universe of Love, Light & Life.

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