

# Three Measures of Attraction

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The Law of Attraction is a Spiritual Law of Consciousness that works on three levels of Consciousness and three levels of Spirituality.

It works at the conscious, sub-conscious & super-conscious level and can be measured as my emotional competence, my mental capacity and my physical capability.

## **Emotional Competence**

There are Four Levels of Emotional Competence:

### **1. Unconscious Incompetence**

This is being unaware of my emotional energy and my emotional need for power.

I am sub-consciously driven to get my emotional needs met.

I do not intuitively feel anything, I am insensitive & disconnected emotionally.

### **2. Conscious Incompetence**

This is being aware that my emotional power is low without knowing who I need to be and what I need to do to consciously raise it.

I feel bad and I am oversensitive to my attachments

### **3. Conscious Competence**

This is attained when I learn to meet my need for emotional energy quickly and effortlessly my Self.

I respond to my feelings instead of being the victim of my emotional reactions.

### **4. Unconscious Competence**

This is attained when I orient my life in alignment with my True Values and my purpose for this life-time.

I allow my inspired revelations and my intuitive feelings to guide me and support me.

## **Mental Capacity**

There are Four Levels of Mental Capacity:

### **1. Unconscious Incapacity**

This is my unawareness of how my fears and limiting beliefs are disallowing my experience of an ideal life.

I don't know that I don't know.

## **2. Conscious Incapacity**

This is becoming aware of what I don't know and aware that I am convicted by my beliefs and imprisoned by my fears.

I know that I don't know.

## **3. Conscious Capacity**

This is my willingness to challenge my beliefs and change the beliefs that challenge me until I own my own core beliefs.

I know what I know to be true.

## **4. Unconscious Capacity**

This is my capacity to hear my messages of inspired revelation and accept the guidance of my inner authority, in the knowing that whatever is occurring is beneficial to allowing my path to unfold effortlessly and miraculously.

I know that I don't know that I do know.

## **Physical Capability**

There are 4 levels of physical capability that are determined by the level of my emotional competence and the level of my mental capacity.

### **1. Unconscious Incapability**

I am unaware of my personal standards and I have no awareness of my boundaries.

I have no way of measuring the limits of my physical capability.

What I don't see, I don't get.

### **2. Conscious Incapability**

I am aware of my conscious limitations, my comfort zone, and the boundaries of my physical incapability.

I know what I am capable of.

I see what I don't get.

### **3. Conscious Capability**

I own my own standards, I consistently expand my boundaries, and I know the limit of my present capability.

I have fully grounded my present potential.

I see what I see and I get what I see.

#### **4. Unconscious Capability**

I attest & approve my competence, affirm & allow my capacity and I accept & allow my capability.

Life unfolds effortlessly, magically & ideally and I see my Vision for my Life.

My Unconscious Capability is relative to and the consequence of my unconscious mental capacity and my unconscious emotional competence.

It is also dependent on my unconscious sub-conscious and my unconscious super-conscious being in alignment.

My inability, incompetence and incapacity are always due to my sub-conscious mental beliefs and emotional needs being out of alignment with my true source of emotional power and mental authority.

When my conscious ego is aligned with both my sub-conscious 'id' and my super-conscious 'entity', I find my True Identity, my Attractive Potential and my Divine Creative Ability.

My Unconscious competence, capacity & capability become realised.

Keith Collins

The Inner Coach

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[theinnercoach@me.com](mailto:theinnercoach@me.com)

<http://www.theinnercoach.eu>