

The Quality of Personal Development

The Purpose of Personal Development is quality of life.

The quality of my life is relative to my attainment of personal qualities.

The personal qualities that I attain are attributable to my Self.

The personal qualities that I attribute to my Self are emotional states of being.

When I consciously attribute an emotional state of being to my Self, I have attained an awareness of that emotion.

Attaining a conscious awareness of my emotional state of being that I attribute to my Self allows the development of my awareness and an awareness of my attainments.

Personal development occurs as I attain and choose a better state of being to attribute to my Self.

The better the attributes that I attain the more preferable the quality of life experienced.

The better the quality of life, the greater the personal development of attributes & attainments achieved.

Personal Attributes

A Personal Attribute is an emotional state of being that is attributable to my Self.

An emotional state of being is the wavelength of my energy that conveys the frequency of my thought.

The higher the quality of my thoughts, the better is the quality of my emotional state of being and the lower my resistance to physical life.

Impure thoughts are expressed with impure emotions that conflict with other's impure emotional thoughts and cause turbulence in my quality of life.

The purer the thought, the purer the emotion that is attributable to the thought, the less turbulence results, the more effortlessly it flows and the more creative it is.

Free flowing thoughtful emotions allow the experience of an effortless life.

The purer the quality of the attribute that is expressed, the high the quality of flow and the better the quality of the life experience.

I attribute a high quality of life to the high quality of my emotional attributes.

Who I am being, my emotional state of being, determines the quality of the experience in my life.

Personal Attainments

A Personal Attainment is an emotional state of being that I can consciously choose at will.

Actually, I do not consciously choose a state of being.

I consciously choose a belief about whatever is occurring and that belief vibrates with a wavelength of emotion that determines my state of being.

My state of being is a direct representation of my emotional power.

My beliefs allow my thoughts that are either empowering or disempowering relative to their purity or the polarity of their frequency.

A false or limiting belief resonates at a low vibration because of its low emotional power.

It is the low emotional power of a belief that limits its creativity and makes it fearful.

A fear is a limiting belief that resonates at a very low frequency with a very high intensity.

It is a personal attainment of a very low quality.

I do not consciously choose fearful beliefs.

I choose high quality mental attainments that allow attributes of high quality emotional energy.

I am empowered by my personal attributes and inspired with my personal attainments.

Personal Qualities

My Personal Qualities determine the quality of my life experience.

What I give out, I experience in return.

The emotional attribute that I have attained and I express determines the quality of my life experience in that moment of time.

This is the Golden Rule and the Law of Attraction in action.

Personal qualities are the product of personal attributes & attainments.

The mental beliefs that I have attained are carried on a wave of emotion that is attributable to who I am being in that moment of thought.

Mental attainments are the beliefs that I have, relative to the emotional state of being that I am expressing.

Together they determine my personal qualities and my personal quality of life being experienced.

The frequency of my thought conveyed on the wavelength of my emotion determines the quality of my energy vibration.

Quality of life is a subjective personal experience that I subject my Self to and is relative to my personal energy vibration.

Raising my vibration increases the quality of my life by improving my personal qualities.

Keith Collins

The Inner Coach

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theinnercoach@me.com

<http://theinnercoach.eu>