

The  
Metaphysical  
Nature of  
Consciousness

**Keith Collins**

# Metaphysics

Metaphysics is beyond Physics.

Physics is the scientific study of the physical world.

Metaphysics is the study of the energy that allows the physical world to exist.

That energy used to be known as the ether and is now known as Spirit.

Spiritual energy is what gives matter its form.

Energy forms into matter and matter forms from energy.

Energy is a matter of its motion.

Spirit is the consciousness that forms energy into matter.

All matter is formed from the consciousness of spirit.

Matter is a conscious form of spiritual energy.

Spirit is the energy of consciousness and consciousness is the energy of spirit.

Spirit is a matter of consciousness, as consciousness is a matter of spirit.

The spiritual energy of consciousness is called Thought.

# Thought

Thought is the consciousness of spirit in motion.

Energy in motion is called emotion.

Thought & emotion are inseparable in absolute reality.

They are two sides of the same energy vibration.

They are the frequency & wavelength of an energy vibration of consciousness.

All consciousness is energy in motion.

The frequency & wavelength of a vibration determines its form.

The vibration of energy is its potential to manifest in the form of a plasma, a gas, a liquid or a solid, relative to its frequency & wavelength.

The cause of that creative activity is thought.

Without the conscious thought of an observing creator, nothing exists in physical reality.

It is the pure thought of consciousness that forms physical & spiritual existence.

Consciousness forms pure energy into a matter of spirit & then into physical matter.

As a part of the physical existence of spirit, I am a part of that thought process yet apart & separate from that thought process; until I remember that I am that thought process.

# Emotion

Emotion is consciousness feeling the experience of its own thought form.

The division of a pure energy vibration of consciousness allows a frequency of thought to have a wavelength of emotion.

This allows consciousness to experience its own creation.

Whatever conscious energy creates with thought it experiences with emotion.

Experience is created by dividing pure consciousness into thought & emotion.

Pure consciousness is a vibration, thought is a frequency & emotion is a wavelength.

The purpose of spiritual thought is the experience of spiritual emotion.

The frequency of a transmitted thought determines the wavelength of the emotion received.

Frequency of thought is a force that is magnetic.

The wavelength of an emotion determines its gravitas or the magnitude of its gravity.

Like frequencies & wavelengths unto themselves are drawn.

This is the potential of the Law of Attraction.

The potential of Life is electric.

# Physical Form

Everything is Energy in different form.

The form an energy takes or forms into is determined by the motion of its vibration.

Its vibration is determined by its frequency & wavelength.

Physical form is a perspective of reality determined by the frequency of the consciousness of a particular thought.

The wavelength of a physical form causes the perception or awareness of an emotional feeling when experiencing that particular form of matter.

The magnetism or force of attraction of a particular form of matter determines the gravity of its expansiveness.

Magnetic force plus gravitational magnitude allows an electrical potential.

It is the electrical potential of energy that allows it to manifest into a particular physical form.

Energy can potentially manifest into an infinite variety of physical forms relative to its rate of vibration & electrical potential.

Material form is the expression of a particular electrical vibration, which is relative to its magnetic frequency and its gravitational wavelength.

Metaphysically, all energy is in motion and a matter of its magnetic force, gravitational magnitude & electrical potential.

# Spiritual Energy

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# The Physical Realm

The Physical Realm is part of an energetic universe.

The majority of the universe is energetic Space.

Energetic space is a pure wavelength of energy with absolute gravity.

A pure frequency of universal energy is called Time.

Universal Space-Time allows a universal reality to exist.

Reality is relative to its time & space within the universe.

The physical realm is a physical manifestation of universal space-time.

Spiritual reality is a matter of continuous experience in eternal time & infinite space.



Relative space-time allows a physical reality to be a definite experience.

The physical realm allows a definite experience of space-time-reality.

Thought energy becomes a thought form and manifests as a physical experience.

Pockets of physicality in an energetic universe are called Galaxies with stars or solar systems with planets that allow the physical realm to exist.

# A Solar System

A Solar System is a particular form of material reality manifest from & within the energetic universe.

The heart or centre of a solar system is a sun.

The Sun is the Soul of the solar system.

The Sun emits a frequency of Light on a wavelength of Love.

The frequency & wavelength of the sun's vibration determines the matter of Life in that solar system.

Energetic Love & Energetic Light allow Energetic Life to be experienced in a physical realm of Body, Mind & Emotion.

A physical human body sees physical light or dark and feels physical warmth or cold.

A spiritual mind knows mental light, feels emotional love & sees physical life from an intuitive perspective.

A solar system is in continuous motion over a matter of time through the energy of space.

Our planet Earth spins, orbits the sun, rotates around the sun's axis and revolves with the solar system as it circulates the galaxy.

Spin, orbit, rotation, revolution & circulation are the 5 galactic dimensions through which the planet earth is travelling.

Energy, matter & motion allows a time-space-reality of love, light & life.

The Sun is a matter of energy in motion that emanates light & love to form life within its solar system.

# A Galaxy

A Galaxy is a collection of solar systems.

Each solar system is a physical energetic form.

Each system is physically formed from the sun at its centre.

Like energy unto itself is drawn.

Like solar systems are drawn together to form a galaxy.

Galaxies rotate around a black hole at their centre.

A black hole is the gateway between the realms of matter & the realms of pure energy.

It is a portal between the realms of spirit & the worlds of matter.

It is the heart of the galaxy, the nucleus from which all matter is formed and all matter eventually returns.

It is the energy of the black hole that keeps the matter of the galaxy in motion.

Solar systems of a similar wavelength gravitate in the same galaxy, whilst their magnetic frequencies keep them apart.

Thus separate solar systems travel separately together in the same galaxy.

# Spin, Orbit, Rotation

Planets & Stars spin around their axis.

Planets orbit their Sun.

The Solar System rotates on its axis of spin on its orbital journey of the Milky Way Galaxy.

Galaxies rotate around their directional axis on their orbital journey through the universe.

Electrons spin around their axis & orbit their atomic nucleus.

Atoms rotate on their journey through material form.

Spin, orbit & rotation is common to all energy & matter in motion.

The motion of the energy of matter is relative to its frequency of spin, its wavelength of orbit & its vibrational rotation.

# Three Dimensional Energy

In Relative Dual Reality, an energy wave has three dimensions.

A forward vibration is its potential.

A lateral wavelength is its magnitude.

A vertical frequency is its force.

A frequency of time & a wavelength of space allows a potential vibration of reality.

A gravitational magnitude with a magnetic force allows an electrical potential.

A force of authority & a magnitude of power allows a potential ability.

A frequency of light & a wavelength of love allows a vibration of life.

A force of volts & a magnitude of amps allows a potential of watts.

The polarity of a frequency & the gender of a wavelength determines the intensity of a vibration & the intensity of life.

A force of mental thought & a magnitude of emotional feeling allows a potential for physical action.

The polarity of a limiting belief & the gender of an emotional need determines the intensity of a physical drama.

# Vibration

Vibration is a rate or a level of energy.

All matter is energy in motion.

The level of vibration determines the form that energy takes as matter.

As the motion or vibration of energy decreases, it materialises as matter.

At a low vibrational rate energy becomes matter.

Gas has a higher rate of vibration than liquids.

Liquids have a higher vibration than solids.

We rate matter as a solid, liquid or a gas according to its level of vibration.

The lower the rate of vibration the less its energy is apparent and the colder matter appears to be.

At absolute zero there is no apparent vibration.

However this is a theoretical infinity that is physically unattainable because energy or matter without motion is not actually possible.

All vibrations of energy are the product of their frequency & wavelength of motion.

# Frequency

Frequency is the speed of an energy wave.

Thought is an energy wave of consciousness in motion.

The speed of thought is the speed of light.

Physical reality is Consciousness experiencing its own thought forms.

The frequency or speed of an energy wave determines its force.

The force of a thought wave determines its authority.

An authoritative force has creative ability, it is authorised to be creative.

An unauthorised force can have inability or destructive disability.

Frequency may be divided by polarity, which allows opposing directions of force.

It allows creative force to be authorised and unauthorised force to be destructive.

Unauthorised force causes, resistance, entropy & inertia with varying degrees of intensity.

Resistance causes heat: High resistance causes intense heat.

Heat has the ability to turn solids into liquids, liquids into gases, gases into plasma or reform completely as energy in motion with absolute frequency.

Whereas thought has the potential to be creative, heat has the intensity to be destructive, from a physical perspective of reality.

# Wavelength

Wavelength is the distance or expansiveness of an energy vibration.

The most expansive wavelength of energy is emotion.

Emotion is energy in expansive motion.

Thought & Emotion is Consciousness is action.



Every vibration of consciousness is a distinct thought form transmitted on a distinct wavelength of emotion.

It is not that vibrational energy has consciousness but that Consciousness is a vibrational energy.

Energy that has no vibration has no consciousness and therefore cannot & does not exist as a reality.

A Wavelength of conscious energy may be divided by male or female gender.

Gender allows choice & intensity but disallows a magnitude of clarity.

A choice of gender allows a duality of clarity or confusion, order or chaos, calm or intensity and a whole host of emotional states of being.

The polarity of a frequency of thought is a matter of personal perspective.

The gender of a wavelength of emotion is a matter of personal perception.

The intensity of a personal experience is a matter of choice.

# Potential

The Potential of any energy vibration is the product of its force & magnitude.

Every vibration is divided by frequency & wavelength.

The force of the frequency plus the magnitude of the wavelength determines the potential of a vibration.

The potential ability of a thought energy is the product of its force of authority & its magnitude of power.

Therefore mental authority plus emotional power equals physical ability.

Physical ability is the potential of Human Beings.

Mental capacity & emotional competence enable physical potential.

The force of Light & the magnitude of Love allows the potential for Life.

The force of authority of the Father with the magnitude of the power of the Holy Spirit enables the potential ability of the Son.

The potential of electrical watts is equal to its force of volts and its magnitude of amps.

A magnetic force with a gravitational wavelength equals an electrical potential that is experienced as Thunder & Lightning.

All vibrations of energy have their own potential.

Infinite possibilities exist because energy has the potential to exist in an infinite number of ways and combination of ways.

Definite possibilities exist because energy is currently realising the potential to exist in a definite number of ways, which we call reality.

# Life

Life allows the potential of thought energy to be realised experientially.

Life is the real experience of energy & matter in motion in a space-time-reality.

Life requires space & time to allow reality to flow.

The combination of a magnitude of Love & a force of Light allows a potential reality called Life.

Light is authorised & Love is empowered when Life is enabled.

Life is the awareness of an emotional perception of a conscious perspective of thought.

Conscious thought experiencing frequent emotional wavelengths of reality is called living a vibrant life.

The reality of life requires the space for emotional wavelengths of energy to exist as separate frequent thoughts isolated by time.

Life is the separation of thought & emotion in a reality of time & space.

# Love

Love is the power of energy in space.

The omnipotent energy of space is the all powerful magnitude of pure Love.

The magnitude of space allows love to flow as emotion.

Different wavelengths of love allow different emotions the space to flow.

The purity of an emotion determines its power.

Pure whole emotional wavelengths of energy are powerfully creative.

Divided wavelengths have an emotional gender.

Male & female genders are disempowered and will compete for emotional energy.

Divided genders of emotional energy are disempowering because they are disconnected from their potential.

They can be experienced at varying degrees of intensity but have little potential for an ideal life.

# Light

Light is the authority of energy in time.

The omniscient energy of time is the all knowing force of light that is pure conscious thought.

Time allows moments of reflective thought.

Moments of reflection allow unique thoughts to form & create unique thought forms.

Unique thought forms allow a unique reality to form in space & time.

Different frequencies of light allow different thoughts to form.

Pure thoughts create a pure form of reality.

Impure thinking is caused by frequent opposing polarities of light.

When the frequency of light is divided by positive or negative polarity, impure thinking becomes the perspective.

Negative polarities of thinking are neither authorised nor empowered.

Negative polarities disempower the thinker because they are not authorised.

Authorised thought is empowering & enlightening because it has the creative ability of eternal time as its Source.

# Time

Time is the Reality of Space.

In a space-time reality; time, space & reality are all relative.

As I move in space, I move in time.

Our solar system is on a continuous journey through space.

As we travel through space, we travel in time.

Looking out through space is looking back in time.

We are seeing stars & galaxies in our present sky that are images from our past.

Even our nearest star is four years in our past.

It takes over four years for the light from the nearest star to reach our planet.

Four years in time is four light years distance in space.

What is real on Earth today takes four years to reach the nearest star in space.

The reality of the past, the present & the future spreads out in every direction through space.

# Space

Space is not empty.

Space is full of energy in continuous motion.

The continuous motion of spatial energy is called time.

Time, Space & Reality are the three dimensions of a metaphysical universe.

Reality is relative to the time in which space exists.

Space is the energy that forms a present time into a reality.

Space is the energy, time is the motion of spatial energy and reality is the matter realised from energy in a specific space & time.

From a purely physical perspective only matter matters.

From a metaphysical perspective: Space, Time & Reality are all relative to each other.

They are three dimensions of the same universe experienced from different viewpoints.

# Reality

Reality is relative to Time & Space.

It is a snapshot of space in a moment of time.



A moment of time is the span of a thought wave.

The length of a thought wave is its emotional wavelength.

Reality is relative to the emotional experience caused by a particular frequency of thought.

The light frequency of thought causes the effect of a wavelength of emotion.

A wavelength of emotion is an aspect of love.

An aspect of love that is a wavelength of emotion is carried on a frequency of thought that is the authority of its light and the real potential for its life.

Reality is continuously changing on an eternal journey in time through infinite space.

The reality of space is infinite.

The reality of time is eternal.

# Infinity

Infinity is the nature of space.

Space is an infinite wavelength of energy.

An infinite wavelength is a straight horizontal line.

A definite wavelength has a curve or wave that has a definite measurable length.

Infinity is the indefinite nature of space.

Wavelength causes a definite time in space called reality.

Curvature is caused by gravity.

Curved space realises gravity.

Infinity has no wavelength & no gravity but infinite potential to create both.

Infinite potential is unbounded and unlimited.

It has an infinite magnitude and an eternal force.

An infinite magnitude of space allows an infinite magnitude of power with infinite creative ability.

Infinity allows all possibilities to exist as a potential, forever.

# Eternity

Eternity is the nature of Time.

Time is an eternal frequency of Light energy.

An eternal frequency is a straight vertical line.

A definite frequency is a pulse of energy that causes a wave to bend or curve.

The pulse that curves energy is a frequency called time.

Time frequencies are magnetic, they resonate in time.

The frequency of a pulse causes a moment in time that allows a force of authority called thought.

Thought is a light wave that exists for eternity and continuously occupies a space in time as a reality.

In each moment of time, a reality is etched in space as the solar system travels on its continuous journey through the space-time reality of our galactic universe.

# Continuity

Continuity is the nature of reality.

Reality is continuously changing over time and through space.

Every space has a different reality because space changes through time.

As the Sun's journey through space is continuous in time, realities are contiguous.

Reality appears to be continuous in time when each space is contiguous to the next space.

Every moment of time & particular space allows a new reality to continue to form.

As each moment in time is contiguous with the last moment in time, each space in reality is contiguous with the last space of reality.

Just as each frame of a movie clip is contiguous with the last, reality moves through time & space at a continuous speed.

Every past reality is captured in its own space & time frame for a continuity.

A continuity is the everlasting nature of a continuous reality in space & time.

# Duality

Duality means dual reality.

In every duality, vibrations of energy are divided & in opposition.

They are divided by frequency & wavelength.

Frequencies of a vibration are divided by positive or negative polarity.

Wavelengths of a vibration are divided by male or female gender.

Male & female gender may be polarised as being either positive or negative.

Duality allows choice.

Without duality there is no choice.

Without choice every vibration of energy is Oneness, Singularity & Sameness.

The duality of space & time allows choice to be experienced as a reality.

The duality of polarity & gender allows an experience of reality to have an intensity.

A really intense experience is called a drama.

Drama can only exist in a dual reality world.

# Drama

A Drama is the experience of pure energy being out of balance.

The more extreme the extent of a duality being experienced, the more intense the drama.

An intense drama is a very real experience.

The more that a pure energy is divided by either gender or polarity, the greater the mood swings and the more intense the dramas.

Individuals of opposing energy genders are attracted to each other for both a positive & a negative experience.

It is the drama of a relationship that allows the greatest opportunity for choice & for learning.

The battle of the sexes is a prime-time drama.

Control dramas are how we individually & collectively compete with others for emotional energy.

Whether a drama is a positive or a negative experience is just a matter of individual perspective.

# Emotional Needs

When emotional energy is divided by gender, it is no longer a pure feeling.

Pure feeling is my connection to my source of emotional power.

When I feel good, I am connected to pure source energy.

Gender disconnects source energy.

Disconnected by gender, I will sub-consciously seek my other half.

Male energy seeks to re-unite with female energy as female energy seeks to re-unite with male energy.

Reconnected whole energy attains Holy Communion and shares an experience of togetherness when polarities are alike.

When polarities differ, rejection, repulsion & indifference cause emotional needs; the emotional need for either a loving or a like partner.

Disconnected from source & a partner who fulfils my emotional needs, life becomes a huge drama.

# Attachments

I attach my Self to whatever supplies my emotional needs.

As emotional needs operate as a sub-conscious strategy to ensure my emotional energy supply, I am mostly unaware of my attachments.

I attach my Self to objects through ownership.

I am attracted to my own things.

I attach my Self to memories & experiences that are my own because I own them.

I attach my Self to friends, family & acquaintances who meet my emotional needs for me.

I attach my Self to a partner in a co-dependent relationship.

A co-dependent relationship is where each partner meets the needs of the other partner.

This may or may not involve a legal contract called a marriage.

Long after a union of two people fails to share holy communion in marriage, it may continue as a co-dependent relationship based on the meeting of mutual needs.



# Limiting Beliefs

A Limiting Belief is a belief, an opinion or a conviction that disconnects an individual from their true source of authority.

Pure Source Energy is absolutely unlimited, unbounded, infinite & eternal.

Thought Energy that is divided by the polarity of its frequency becomes impure thinking and forms an impure memory of an impure experience based on a limiting belief or fear.

Fear is a very intense limiting belief or conviction.

A limiting belief limits the believer's creative ability.

Limiting beliefs are not truly authorised because they are not ideal or divine.

Unauthorised beliefs disempower the believer.

Limiting beliefs limit emotional power, which causes an emotional need.

A limiting belief may be believed to be true, but a truth that is a duality of truth & untruth has no divine authority and no absolute Truth.

My emotional power is limited by the relative truth of my limited belief system.

# Authority

Authority is choice, mental choice.

We all have the authority to choose.

We are authorised not to choose, if we so choose.

We can choose male or female personalities, good or bad characteristics with intense or less intense experiences.

Divine authority is divinely empowered.

When I am doing what feels good for me, I am empowered.

When I am choosing what I am not authorised to have, I will need will power to achieve it.

Choice allows impure thinking that is not empowered and not enlightened.

Unenlightened choice is not authorised and I will need motivation to achieve it.

My highest authority is empowered.

My ego's authority needs motivation.

# Power

Power is emotional.

Pure emotional energy is powerful.

Pure emotional energy is pure Love.

Whether pure or impure, emotional energy is an aspect of love.

Positive feeling empowers.

Negative emotions, caused by negative thinking as the result of negative beliefs, are disempowering because their authority is disconnected and therefore their power is disallowed.

Unauthorised thinking is disconnected & disallows emotional power.

Power is relative to authority.

Power plus authority enables action.

Unauthorised power disables activity.

Limiting beliefs invoke Murphy's Law of reversed action and what can go wrong will go wrong.

The more emotional power that I have the more authority I have to choose with confidence and the more ability that I have to live well.

# States of Being

States of Being are emotions.

Emotions describe my state of being.

The state of my 'Beingness' determines my emotional power.

I can be powerfully empowered or powerfully disempowered.

I can be elated or depressed and my mood can swing instantly relative to my experience and my belief about what is occurring.

My mental beliefs based on my physical experiences determine my emotional state of being, the level of my emotional energy and my need for emotional energy.

My emotional power or my emotional need for power are determined by the purity of my thoughts.

Pure thoughts allow a pure state of being.

Impure beliefs cause impure thinking and a less than ideal state of being with a less than divine experience.

# Spiritual Science

Spiritual Science is the knowledge of Conscious Energy called Spirit.

It is the study of the reality of spirit.

Science means being scient or knowing.

Modern Science studies & expands its knowledge of the physical world.

Spiritual Science requires the art of intuitive knowing.

Intuitive knowing is a spiritual sense.

It is the awareness of a sense of what is beyond or behind physical form.

Intuitive senses of seeing, feeling & knowing are extra sensory perceptions additional to the five physical senses of sight, hearing, smell, taste & touch.

Being scient is an intuitive knowing that is an energetic awareness of a spiritual reality. Omniscient means all knowing.

Gnostics are ancient spiritual scientists.

Alchemists are medieval spiritual scientists.

Astrologers are modern day spiritual scientists.

Metaphysicists are future spiritual scientists.

They all have their own philosophy of spiritual science.

# Consciousness

Consciousness is the originator of thought.

Super-consciousness is the creator, the cause & the transmitter of thought.

Physical consciousness is the experiencer of thought & the receiver of the physical effect of conscious thought.

Sub-consciousness is the processor of whatever physical consciousness is receiving.

It is usual in modern society for the sub-conscious mind to become disconnected from its super-conscious mind by the age of 5 years old.

Many Seers, Sensitives & Gnostics remain connected to their super-conscious source of origin throughout their life-time.

Whether an individual sub-conscious is disconnected or remains connected to its source and to what degree is always the choice of the super-conscious Soul.

Physical Consciousness is aware of only what the sub-conscious mind allows.

It is mostly normal to be completely unaware of one's super-conscious higher capacity, one's unconscious competencies and one's intuitive capabilities.

# Spiritual Chemistry

Spiritual Chemistry is the Law of Attraction in action.

Physical atoms of matter attract similar atoms of matter because they have like energy.

Like energy at the atomic level is determined by the spin of the proton, the orbit of the electrons and the rotation of the atom.

The spiritual building blocks of life is energy in motion, which is emotional.

Like energy in motion unto itself is drawn.

Like wavelengths of emotion are mutually attractive.

Unlike or different wavelengths are non-attractive.

Opposing genders of wavelength are the attraction of opposites.

Opposing polarities of the same frequency are unattractive & repulsive.

The emotional chemistry between men & women is the chemistry of their spiritual energy conforming to the Law of Attraction.

The physical body secretes chemical hormones relative to the emotional experience of a situation, the mental belief about that particular experience and the spiritual chemistry that is occurring.

# Personality

Personality is driven by emotional needs.

We all have our own set of emotional needs that may be similar or different to other people but are always unique to our Self.



Emotional needs determine personality because emotional needs are personal to the reality of each Individual.

An extrovert personality needs other people to meet their emotional needs.

An introvert personality meets its own emotional needs.

An overt personality has no emotional needs.

An overt personality is open to and accepting of all situations & occurrences.

Personality & mood is driven by the need for emotional energy and the sub-conscious strategies for competing with other people to gain emotional energy.

People with similar or opposing needs attract people with similar or opposing needs.

The need to care for others attracts the need to be cared for.

The need to approve of others attracts others who need approval.

Emotional needs are energetic & directly subject to the Law of Attraction.

# Character

Character is determined by personal beliefs.

My beliefs that form my perspective of reality also determine the character of the role that I play in that reality.

As my environment changes and my role in that environment changes, my character changes accordingly.

I may have the same personality & character at home as at work, or they may differ.

I may have the same beliefs about the reality of my home life as I do about my work life, or they may be different.

My character will change according to my beliefs about my environment.

A very distinct change in my belief system, caused by a dramatic or traumatic fearful experience, can cause a distinct change in my character.

A similarly positive dramatic experience, such as a lottery win, can have the opposite effect on both my personality & my character.

Character is a choice, although that choice may be made at a sub-conscious level of the mind.

# The Battle of the Sexes

The Battle of the Sexes is caused by a conflict of emotional energy genders.

Opposing genders of male & female energy clash when personalities are in conflict.

In a co-dependent relationship, two people depend on each other for what they need emotionally.

When our partner fails to meet our emotional energy need, our personalities come into conflict.

When both partners need to be cared for by the other, they have to compete with each other for the emotional energy that they need.

Intense needs cause an intense competition that becomes a battle of the genders.

For peace to be declared:

- Arrogant people need a humble partner
- Greedy people need their partner to please them
- Lustful people need their partner to be passionate & love them

- Jealous people need a kind & caring partner
- Slothful people need a partner who is dutiful & diligent
- Proud people need a modest partner
- Wrathful people need their partner to be meek & accommodating

When the yin & the yang of a marriage is balanced by each partner there is no need to compete, although the relationship remains potentially unstable.

All relationships are potentially volatile as the intensity of any unmet emotional needs gathers momentum.

# Personal Spirituality

Spirituality is the reality of Spirit.

Spirit is Conscious Energy or the energy of consciousness.

Personal Spirituality is the reality of my personal conscious energy.

It is the physical, mental & emotional energy that I am personally conscious of myself.

Everyone thinks differently, even when their thinking is similar.

The mental energy of thinking is unique to each Individual Being.

My emotional experience is relative to my mental perspective not my physical activity.

We individually perceive actions as different emotional experiences relative to our own beliefs about what is occurring.

Personal thinking causes personal emotions based on personal experiences that is our personal spiritual reality.

Personal Spirituality is the sum total of an Individual's unique thoughts, actions & emotions based on their personal perspective, perception & experience of their reality of physical life.

# A Personal Path

We all have a Personal Path in life.

No two people ever follow the same path throughout their whole life.

Some people intuitively know the purpose of their path in life.

A few people intuitively know their vision for their life-time.

Most people follow the path of their forefathers.

We inherit a path to follow from our parents.

Many dutifully follow this path believing it to be their fate.

Some believe that they have their own destiny to fulfil.

Seeking a personal path to one's destiny is a statement of not knowing what is destined to be.

A personal path is a covenant with the Soul.

The Soul holds the blue-print for each individual personal path.

To intuit one's path clearly requires a personal connection to one's Soul.

That connection is only possible with the personal emotional power to attain it.

I am required to be on my personal path to connect to the power to be on my personal path.

On my personal path, I am empowered with life and I am empowered by my path.

Deviating from my path will disempower my Self.

# An Exclusive Connection

An Exclusive Connection aligns my Self with my Soul.

My Soul is always exclusively connected to its Self.

My Soul is inclusively connected to every one else.

The connection of my Self to my Soul is exclusively intuitive.

I intuitively know my exclusive connection.

I intuitively feel the emotional power of my Soul.

I intuitively see my Soul's vision for my life.

Seeing my Soul's vision, mission & purpose for its Self requires an exclusively intuitive connection to the inner guidance of my Soul.

When exclusively connected to my life path, I am on track, I am inspired & I am empowered.

I am in the zone, in the gap, in the now & in the flow.

Being in the gap of space, the now of time & the flow of reality puts me in the zone of allowing my effortless path.

# The Gap In Space

The Gap of Space is the void between physical & spiritual reality.

It is the balance between the realm of the physical & the realm of the spiritual.

It is the realm of Absolute Space.

It is the singularity of Pure Energy that overcomes the duality of physical & spiritual existence.

Overcoming duality connects exclusively & absolutely to the Light of Pure Consciousness.

The magnitude of my wavelength of emotional power is relative to the authority, frequency & force of my mental thoughts.

In the gap of space, I connect to pure thoughts that allow a pure wavelength of emotional power.

It is in the gap of space that I connect to the pure emotional energy of my Soul.

It is the feeling of total empowerment.



It is running on a full tank of high octane fuel.

It is being plugged in to the mains supply.

It is being Omnipotent.

# The Now Of Time

My physical body is always present.

It is present now in time.

It was present in the past and it will be present in every moment in the future.

My mind can travel in time.

I project my mind into the future when I ask 'if'.

I can reflect on my past memories and say 'but'.

I can merge the two perspectives with 'but if'.

My emotional state of being is relative to my mental thinking.

Past memories are stored with the emotion with which they were experienced and they can both be projected into my future.

The Now of Time excludes all past & future thinking and all past & future emotional attachments.

It allows the present moment to be presented as a present called Presence.

The presence of my emotional clarity allows me to know my direction in time & space.

The messages of inner guidance & direction from my Soul are only ever present in the now of time.

# The Flow Of Reality

Reality flows through the gap of space in the now of time.

The now of time allows a gap in space for reality to flow into.

As one moment of time gives way to the next moment in time, a gap appears in space into which the current reality flows.

Reality is a current in which the present reality is current.

As time continuously passes from one moment of now to another, reality is caused to flow into each gap in space.

Each & every moment allows a divine thought to create a reality that flows effortlessly through time & space.

As thought flows through space in time, it creates the reality of that time in space.

Reality is a series of moments in time flowing through a gap or a void in empty space.

Space is full of potential energy waiting for a time for reality to be created by Consciousness.

## Light Matter & Dark Energy

Light Matter is Dark Energy.

Dark Energy is Dark Thought.

Dark Thought is Light Thinking.

Light thinking is without gravitas.

It is impure thinking that is without creative ability because it is divided by gender or polarity.

It is a physical energy vibration that causes density without form.

Light matter creates dark moods & dark reflections.

Highly intense positive or negative energy does not have the density to manifest physically but has an emotional wavelength that affects physical experience.

Light Matter & Dark Energy are opposing genders of perception, whereas matter and anti- matter are polar opposites of perspective.

Light matter may be seen as dark matter from an opposing negative perspective.

# Light Energy

Light Energy is Pure Thought.

Pure thought is prime, natural or divine.

Pure thought is Source Energy carried on a wavelength of pure feeling.

Light energy is a matter of Consciousness in motion.

It is a pure vibration divided only by a frequency of thought & a wavelength of emotion.

A frequency of thought is always transmitted on a wavelength of emotion.

This allows Consciousness to experience or feel its own thought forms.

Light energy allows Love energy to come alive as Life.

Light Energy is the Source of all Creation.

It is a prime, natural or divine thought from which reality forms in space & time.

From a male negative perspective of reality it may appear to be a dark energy.

# White Light

White Light is the light of a star.

A star is a solar system.

The nucleus of that system is a sun.

The sun is the energy source of that system.

The source is a sun, the energy is white light.

White light is a range of energy vibrations.

Energy vibrations are experienced as wavelengths & frequencies.

In a balanced solar system, wavelength is inversely proportional to frequency.

As the wavelength increases, the frequency decreases; and vice versa.

As the magnetic force increases, the gravitational magnitude decreases.

This balances the electrical potential for life.

White light is the full spectrum of electro-magnetic-gravitational energy.

## Coloured Light

Coloured Light is a small range of frequencies & wavelengths of energy at the centre of the full white light spectrum.

It is the balance point between low frequency vibrations of a high magnitude, experienced as sound, and high frequency vibrations with a low magnitude called thought.

It is the vibrational point at which the sound of the word exists with thought & emotion.

It is the point where what is intuitively seen, known & felt can also be physically seen, heard & touched.

An inventive imagination can become a physical experience.

A spiritual feeling can touch you emotionally.

An intuitive knowing exists as knowledge.

Coloured light allows the physical sight of a spiritual vision and the physical vision of a spiritual insight.

It allows a small picture of reality to exist in the bigger picture of life.

# Specific Reality

Human Beings are vibrational energy receivers & transmitters.

The specific variations of frequencies & wavelengths of energy that exist within a specific space-time allow the experience of a specific reality.

As spaceship Earth continuously travels through space & time, reality is experienced in every moment of now.

As time is continuously flowing through space, reality appears to flow contiguously with time.

Vibrational energy is continuously received & transmitted in each moment of time realising each now of reality as a physical, mental & emotional experience.

As the human entity travels through space-time, it transmits & receives energy vibrations that create an individual experience of reality.

The whole spectrum of energy vibrations are potentially available to explore & receive or experience & transmit.

The entire Light energy spectrum extends from thought waves at one extreme to sound waves at the other.

Specifically, we each individually & collectively specify our reality with the particular energy that we transmit & receive as thoughts, words & deeds.



# Energetic Energy & Matter

Whether Energy is energetic or material is dependent on its vibrational frequency & wavelength.

The Vibration of Consciousness is an energy with a frequency of thought & a wavelength of emotion.

Consciousness is an energetic or spiritual Beingness.

The physical Beingness of Consciousness is a creature or a creation called a Human Being.

A creature is a creation of a creator.

Matter is a creation of the energy of a Creator Being creative.

A dual reality world allows the creation to be separate from its creator, so that the creator can experience the creation and the creation can experience its creator.

A Physical Being, the creation, experiences the vibrational energy of matter as a physical experience through its physical senses.

A Spiritual Being, the creator, experiences the vibrational energy of spirit as a spiritual experience with its intuitive senses.

Physical senses sense material vibrations that have a long wavelength and a low frequency that are called sound, taste, touch, smell & sight.

Spiritual senses sense intuitive vibrations that have a very short wavelength and a very high frequency that are called knowing, feeling & seeing.

Physical consciousness is just a limited range of Spiritual Consciousness.

# Physical Senses

All Sentient Beings have the ability to sense both physically & spiritually.

Human Beings are conscious of their physical senses.

Physical senses are how sentient Beings sense & experience their physical reality.

It is our physical senses that make our reality a physical experience.

The vibration of the light cones in the retina of the human eye is translated by the brain into a picture of visible coloured light.

The vibration of the ‘anvil’ in the inner ear is a sound that is heard in our brain.

Why visible light travels as a ray of particles called photons and audible sound travels as a wave called a sound wave is still a mystery to modern science.

The vibration of molecules is received as a frequency called smell that is sensed in our nostrils, whilst a frequency called taste is sensed by the taste buds on our tongue.

The energetic vibration of atoms is sensed as a physical feeling of touch by receptors on our skin; whether those atoms are formed into solids, liquids or gases is determined by the temperature of the physical vibration of each particular atom.

Our physical senses all have one thing in common: What they are physically sensing in every scenario is a particular energetic vibration of matter in motion.

# Spiritual Senses

Spiritual Senses are intuitive.

All Sentient Beings have an intuitive awareness of spirit, even when they may not be conscious of it.

Unawakened Human Beings use only their conscious physical senses.

Awakening to spirit means opening to an awareness of one's intuitive spiritual senses.

Thought vibrations that are sensed & received are called an intuitive knowing.

Thinking frequencies that are transmitted are called physical knowledge or knowledge of the physical.

Physical knowledge is learned through the experience of the five physical senses.

Emotional vibrations that are sensed & received are called intuitive feeling.

Emotions are transmitted or emoted as wavelengths of emotional feeling.

Emotional feeling can be confusing and seen as irrational by an unemotional & unawakened physical Being.

With intuitive knowing and intuitive feeling a sentient Being attains spiritual insight or inner vision that allows the ability to spiritually & intuitively see from a higher perspective.

# Sentient Beings

Sentient Beings sense both physical vibrations of matter and spiritual vibrations of energy.

They see, touch, taste, smell & hear the energetic vibrations of physical matter as their physical reality.

They also feel, see & know the energetic vibrations of spiritual energy as their instinct & intuition.

Instinct & intuition is how spirit becomes a reality to a Sentient Being.

A Sentient Being is both the energetic Creator & the material creation.

It has both physical consciousness & spiritual awareness.

Conscious-awareness is the ability to receive energy vibrations in 5 physical ways & 3 spiritual ways.

It is also the ability to transmit Thought & Feeling as distinct from emoting & thinking our beliefs & emotions.

Thought & Feeling are intuitively super-conscious communications, whereas thinking, talking & emoting are physical ways of communicating with my self & other people.

# Extra Sensory Perception

Extra Sensory Perception or ESP is how a spiritually unawakened Being sees instinct & intuition.

ESP is seen as a sixth sense or an extra sense.

It is a collective word for instinct and the three intuitive senses of seeing, feeling & knowing.

Knowing is a thought frequency transmitted by my spiritual Self to my physical ego Self.

My spiritual Soul communicates with my physical ego Self with a thought frequency of intuitive knowing.

My physical mind has the capacity to receive intuitive revelatory thoughts of knowing, when I allow them.

My Soul's communication with its Self is always delivered on a wavelength of pure intuitive feeling.

Every frequency of thought is transmitted on a wavelength of emotion, you see.

Intuitive feeling (sometimes called gut instinct) is received by the emotional brain in the feeling centre of my solar plexus.

When my mind & my solar plexus are aligned, my heart is open to intuitively see the source of my inspired perception.

I can perceive an extra sense, I can sense a new perspective & I can see with ESP.

## The Solar Plexus

My Solar Plexus is my feeling centre.

It translates as the place of the sun.

It is my emotional brain.

The solar plexus does not appear on any anatomy charts.

It is not a physical organ.

Neither is it an energy chakra.

It is the source of my gut instinct.

It is my intuitive feeling centre.

It is the spiritual centre where my intuitive feeling is processed.

It is where I feel the love that my Soul has for its Self.

It is where my Self receives the pure feeling that emanates from my Soul.

It is my own source of inner feeling.

It is my Love Processor.

# The Heart

The Heart is the core of my Beingness.

It is my spiritual centre where I connect to my Source.

My Heart connects my Self to my Beingness, my essence.

An open heart allows my connection to source.



A closed heart disallows my Soul connection.

My heart connects my Self to its inner guidance and whatever I call the source of my inner guidance.

The heart is synonymous with love because my connection to source is empowered.

My Soul is the source of my Beingness and the source of my power.

I connect to my heart when my mind or mental processor is aligned with my solar plexus or emotional processor.

When I know my mind & see my place (plexus), I feel with an open heart.

## The Mind

My Mind is my authority to choose.

In dual reality life, I have two minds.

My conscious mind experiences the past, the present & the future realities of space-time.

My sub-conscious mind is the recorder and the data store of all my experiences in life.

In absolute reality, I have a super-conscious mind that holds the blue-print of the vision, mission & purpose for this life-time.

I call my super-conscious mind that is my inner guidance, my Soul.

I call my sub-conscious mind that is the guardian of my emotional needs and my mental beliefs, my id.

I call my conscious sense of Self, my ego.

My id has the capacity to be unconsciously incompetent.

My ego can choose conscious competence or incompetence.

My Soul is the source of my unconscious capacity to be competent.

Unconscious competence is always my best choice.

# Competence

Competence is the measure of my emotional power.

My emotional power approves with competence.

The greater the magnitude of emotional power, the greater my competence.

Incompetence is my lack or absence of competent emotional power.

Emotional needs cause incompetence.

Incompetence is the effect of needing emotional power.

Emotional states of being either approve or disapprove the competence of my emotional power.

Negative emotions render me incompetent.

Positive emotions are the power of my competence.

The more competent that I feel, the more powerful my emotional state of being.

My competence is a measure of my value & my worth.

# Capacity

Capacity is the measure of my mental authority.

Authority is accompanied by power.

Mental authority always has emotional power.

Capacity allows competence to flow.

An absence of emotional power is not authorised.

My mind can choose consciously, sub-consciously or super-consciously.

My sub-conscious choice is based on my beliefs and my programming and may or may not be authorised.

When my sub-conscious choice is aligned with my super-conscious capacity, it is authorised & empowered.

My super-conscious choice has the capacity to manifest with confidence.

Any incapacity is the result of my unauthorised choices that are based on the fears and the limiting beliefs of my sub-conscious programming.

# Capability

My Capability is enabled by my power & authority.

It requires my capacity to be competent.

My inability derives from either my incapacity or my incompetence.

Incapacity disallows competence and causes incapability.

I am incapable of doing whatever is beyond my capacity or my competence.

I am capable of being competent & powerful.

I am capable of having the capacity of my authority to choose wisely.

My self-esteem is the product of my self-worth & my self-confidence.

My capability is the product of my competence & my capacity.

My physical ability is enabled by the capacity of my mental authority and the competence of my emotional power.

# Clairaudient

Clairaudient means clear hearing.

‘For those with the ears to hear, let them hear’.

All the rest will have to listen to the sermons & the parables.

The ‘ears to hear’ is the intuitive sense of knowing.

Intuitive knowing is hearing one’s inspired revelatory messages.

When I hear my messages, I intuitively know the way of my path.

Clairaudience is not a tool for telling the future but a signpost for the present.

Intuition is only present in the moment.

My Soul only communicates with its Self in the present moment.

In each present moment, I clearly hear my direction for my path.

Clear hearing requires clear listening, which requires a clear & present connection to know my direction.

# Clairsentient

Clairsentient means clear feeling.

With an open heart, I clearly feel the presence of my Soul.

An open heart connects my Self with my Soul.

We are all sentient Beings with the potential ability to connect to our emotional power.

Clear feeling is pure feeling.

Pure feeling is not polarised by impure thinking.

Clear feeling is a clear communication with my Soul at my Heart.

I feel the essence of my Beingness.

I process my emotions through my solar plexus.

My solar plexus is my feeling centre & my emotional brain.

My emotional brain processes my intuitive feelings often referred to as my gut instinct.

It is the emotional centre that is sensitive to my path through life.

# Clairvoyant

Clairvoyant means clear seeing.

With a clear knowing & a clear feeling, I clearly see my path in life.

Without the eyes to see, I am spiritually blind to my path.

Intuitively seeing my path requires that I know my vision for my life & I feel my purpose in life.

It is my mission in life to clearly see the path that I am taking.

Clear seeing allows my creative imagination to flow and my flow of imagination to be creative.

With creative imagination, I can clearly see the path that I am creating & experiencing.

I create my path in the image of my creator and in the imagination of my creation.

We are all created in the image of God as a creation of the Creator.

Clairvoyant ability allows my Self to be the Creator of my own creation.



# A Perspective

A Perspective is a viewpoint.

From a particular individual viewpoint, I form a perspective.

My perspective is my point of view.

I may share a point of view with another person sharing the same view point, or I may see life from a different perspective.

Every point in space offers a unique view of the reality of that time.

My perspective is my view of my reality based on how I see the reality that I am experiencing.

My reality is my truth that forms my belief about my experience that becomes my perspective of my reality.

A new perspective allows a new belief to become a new truth and create a new reality that becomes my new experience.

My perspective may change with time or it may change with location because these are the circumstances that determine the reality of my every perspective.

# A Perception

A Perception is a feeling.

I perceive feelings as emotions, although I may perceive emotions as feelings.

How I perceive emotions & feelings determines the level of my perception.

Emotions are states of being.

Feelings are my perception of my state of being.

I feel emotions and I emote feelings.

I transmit & receive emotional wavelengths of emotional feeling because I am a sentient Being.

Being sentient allows my perception of my own emotional state of being and how I feel about it.

I also perceive other people's emotional states of being with my sensitivity.

Being sensitive to other people emotionally as distinct from being emotional and sensing my own emotional state of being.

I perceive my Self emotionally and I perceive others with sensitivity.

# An Inkling

An Inkling is an intuitive insight.

It is an intuitive knowing accompanied by an intuitive feeling.

It is an intuitive perspective with an intuitive perception.

When I have an inkling, I have an insight with my inner vision.

I intuitively see what is good & right for my Self.

When I had an inkling, I experienced hindsight.

In hindsight, I had an inkling but I ignored it.

An inkling about the future is foresight.

With foresight, I know, feel or see what is in my future.

I have a strong inkling about what is imminently on my path in life.

An inkling is a powerful feeling that my thoughts are about to be realised.

Realising a thought requires the power of manifestation.

The power of manifestation is felt as an inkling.

The authority to create is known as an inkling.

I intuitively see my ability to manifest & create my ideal life in an inkling.

# Manifestation

Manifestation is a thought form.

It is a form of thought that manifests into physical form.

The art of manifestation is to formulate one's thoughts into alignment with one's ideal reality.

Who in their right mind would manifest a reality that was not ideal?

Every Soul manifests an ideal reality for its Self.

The Self does not choose the manifest.

The Self experiences the manifestation of its Soul's choosing.

The Self always has a choice of whether it aligns with the thought form that is manifesting or not.

The thought form that is manifesting is the manifest that thought is forming.

It is the form that a thought manifests into.

My Soul uses creative thought energy creatively.

My Self experiences the creation of that which is made manifest.

# Creation

Creation is the act of a Creator.

A Creator actively creates.

A Creation experiences the act of a Creator.

It is the effect of what is caused to be created.

Consciousness is both the creator & the creation.

Without Consciousness there is no creation & no reality created.

The Creator Consciousness creates a creation that is both conscious & real.

Creation is a creation of Consciousness.

Sub-consciousness is a creation of the super-consciousness of a super conscious creator.

As the creation, I am a conscious participant in life.

As the Creator, I am a conscious observer of the participant in life.

It is the act of creation that allows the observer to participate and the participant to observe.

Creativity requires the creation to be aligned with the creator and the Creator to be aligned with its own Creation.

# Heaven

Heaven is not a place in time or space.

It therefore has no reality of its own.

Heaven is a state of Being.

It is the experience of Prime, Natural & Divine attributes that allow an ideal life.

The experience of an ideal life is Heaven.

There are many names for Heaven: Paradise, Xanadu, Shangri-La, Eldorado, Shamballa, Nirvana; because there are many different spiritual perspectives.

A heaven that is a duality of earth is a metaphor for spiritual reality as opposed to the physical reality of earth.

A heaven that is a duality of hell is a metaphor for good as opposed to the bad or evil of hell.

A Heaven that is divine is an ideal reality that is the experience of a divine state of Being.

Overcoming duality allows Heaven to be experienced on Earth and banishes the devil forever.

# Hell

Hell is not a place in time or space.

It therefore has no reality of its own.

Hell is a perspective & a belief.

It is the experience of a negative perspective of life caused by limiting beliefs & fears.

In a relative dual reality world, a perspective can be polarised as either positive or negative.

As my perspective creates my experience, my life can be ideal or it can be hell.

Religion teaches that god creates an ideal heaven and the devil creates a world called hell.

It is a very confused religious view that does not believe in reincarnation yet preaches the existence of either heaven or hell in the afterlife.

We are all free to believe whatever we choose and experience the reality of our own creative belief system.

Those who believe in hell will surely create it as their experience on earth, without waiting to visit it in an afterlife.

# The Devil

The Devil is a figment of the imagination.



Imagination is powerful enough to be creative.

A powerful imagination can create a perspective of real evil & curses or a perception of real goodness & blessings.

The devil is the imaginary authority that makes things go really wrong.

It is the idol that we blame when we are not ascending to the highest authority of our Self.

In my own authority of choice, I would never choose to live in a negative world that is ruled by an evil devil; whether created by my own beliefs or those of someone else.

It is only in the denial of my highest authority & creative choice that I invent something to blame for my ills, my woes & my victimhood.

The devil is always in the detail of my mental programming.

Overcoming fears, limiting beliefs & perspectives of duality disallows the existence of evil.

Of evil is the d'evil.

Pure authorised thought knows that the devil does not exist in an ideal life, in an ideal world.

# Sin

Sin is seen as bad or wrong behaviour.

Good or bad, right or wrong, is a judgment.

Behaviour is a personal judgment based on what is believed to be personally good & right or bad & wrong.

Bad behaviour is seen to be a sin and therefore wrong.

Sins are male emotional energy.

Pride, envy, gluttony, lust, greed, wrath, & sloth are all male emotional energy.

They are personal emotional attributes that are inherently neither good nor bad.

However, they are not divine attributes either because they are divided by gender.

Sins are not inherently bad:

Pride can be seen as outstandingly good; a glut can be seen as abundance; a lust for life is to be encouraged; envy can be seen to motivate; and we are all seen to be slothful on restful holidays.

The true meaning of greed is to win & be better than others, which can be highly prized & rewarded.

Sins are a divided wavelength of emotional energy that has an opposing female gender that is called a virtue.

# Virtue

A Virtue is seen as a good quality.

Virtuous behaviour is believed to be good & right.

Virtues are female genders of emotional energy.

Female emotional energy is inherently neither good nor bad.

Being modest, kind, poor, caring, pleasing, patient & dutiful are not necessarily beneficial qualities on an exclusive path of development.

Virtues may be virtuous but they are not divine.

They may make one a saint in the eyes of the church but they are not the attributes of a Messiah, an Overcomer or a Redeemer.

Female energy is virtuous from the perspective of a male perception that is seeking to become whole or holy.

It is the holy communion of male sin & female virtue that determines a divine quality of human Beingness.

It is the division of pure energy by male sin & female virtue that allows an intensity of different life experiences.

# Virtual Reality

Virtual Reality is the reality of the imagination.

It is the imaginary reality that is not manifest in physical reality.

It is a vision that can be seen in the mind's eye but not in the physical world.

Dreams are a virtual reality.

Films display a virtual reality.

Television creates a virtual reality as well as projecting an actual reality.

Actual reality exists in physical form.

Virtual reality is yet to become physically manifest.

All physical form originated as the projection of an imaginary thought form.

Every physical invention started life in the imagination of Consciousness.

Everything is required to be virtually real before it can become actually real.

# Supernatural

Supernatural is above nature.

The nature of the physical world is seen to be natural.

The nature of the spiritual world is seen as supernatural.

Miracles are seen as supernatural because they are not believed to be the nature of the physical world.

From a supernatural perspective, miracles are an everyday occurrence.

Serendipity is a supernatural force in action.

Co-incidence is when the physical world interacts with the super nature of spirit.

When the physical & spiritual worlds co-operate, they are co-incidental.

When my conscious mind connects with my super-conscious mind they become co-incidental.

Co-incidence is the nature of my super-conscious mind.

# Providence

Providence is the Universal Provider.

Everything is provided providentially.

On my life path everything is provided for my journey.

Providence always provides enough.

When my perspective is offtrack, I will encounter scarcity or gluttony; poverty or extravagance; luxury or destitution; but never abundance.

Providence is my allowance when I allow it to abound.

Those with a chosen path in life always choose to provide enough on their path.

I am always provided with enough to ensure that I experience my purpose and discover my destiny on my mission in life.

My Soul is my provider.

My Soul always provides enough for its Self in every way to ensure its continuous spiritual development & growth.

My Soul is my highest Providence and my best Provider.

# Abundance

Abundance is always enough.

It is enough always, all ways and for ever.

I either have abundance or I do not.

I am either on track or I am not.

I either have enough or I do not.

I am either content with enough abundance or I am not.

I cannot have too much or too little abundance.

Abundance is the feeling of being content because I know & I see that there is enough of everything all ways.

The Universe is abundant.

It is infinite, eternal & abundant.

There is infinite space, eternal time and an abundant reality.

When I choose abundance as my reality, I see abundance as my reality and I experience abundance as my reality.

## Grace & Favour

Grace is emotional power.

With emotional power, I am full of grace.

I have the emotional power to flow gracefully through life.

My grace is my ability to express & to share my emotional power.

I gracefully express my emotional power.

When I am in gratitude & appreciation of my emotional power, I say grace.



Favour is mental authority.

With mental authority, I am in favour.

I always favour being in authority.

Being out of favour disconnects my emotional power because I am not in authority.

I favour my authorised choice because it is graced with the power to manifest.

Grace & Favour is always given freely by my Soul to its Self.

# Wealth

Wealth is an expression of Abundance.

When I am experiencing abundance, I feel wealthy.

Abundance is the wealth of the Universe.

The Universe is abundant.

Wealth is my personal connection to the abundance of the Universe.

It is my approval of the power of universal abundance flowing through me.

When I channel the power of the Universe, I feel the unbounded nature of my wealth.

Wealth is a state of being that is attributable to my Self.

I am either expressing my wealth or I am not.

I am either being wealthy or I am not.

Being poor in any form disapproves my wealth.

I either approve of my wealth or I do not.

# Health

Health is an expression of Purity.

When I am experiencing my purity, I am healthy.

Pure emotional energy is exceptionally healthy.

Being healthy is a divine state of being.

Disease & illness are an expression of impure emotional states of being.

Impure thinking causes impure emotions that are unhealthy.

Healthy thoughts allow a healthy state of being and a healthy experience of life.

Pure thoughts are undivided by polarity.

The Word or Logos has no impurity.

Negative thinking is transmitted on wavelengths of unhealthy negative emotion.

Pure thoughts create a healthy experience of life.

# Wisdom

Wisdom is an expression of authority.

My choice is wise when it is authorised.

Wisdom is always authorised.

It is a pure frequency of thought that allows authority to flow.

Wisdom has no negative polarity.

My super-conscious mind is wise.

My sub-conscious mind is judgmental.

A judgmental mind allows a positive or negative discernment of perspective.

A negative perspective has no wisdom.

A negative perspective is not authorised.

A negative perspective has no emotional power.

My conscious mind has choice.

It can choose wisdom or it can choose a belief that is limited by its polarity.

Negative polarity causes anxiety & fear.

Wisdom flows effortlessly from its wise source.

# Fear

Fear is a false perspective of reality.

A false perspective is the effect of a limiting belief.

What I believe to be real, I experience as my reality.

How I see reality is relative to my perspective, which is relative to my beliefs.

My beliefs dictate my thinking that causes my perspective, which causes my reality to be my experience.

Positive thought is always transmitted on a wavelength of positive emotion.

Negative thinking is conveyed on a wavelength of negative emotion.

The feeling of fear is the result of a negative perspective and judgment of what is occurring.

The false evidence that is being presented appears to be real.

Fear is an acronym for False Evidence Appearing Real.

The opposite of fear is truth or true thought.

# Truth

Truth is the perspective of my Soul.

At the Soul level there is unity & oneness.

There is only one perspective, which is the absolute truth.

There is no distinction between my Soul & your Soul.

The Soul exists in the Realm of the Absolute.

An Individual Ego Self lives in the realm of the relative.

Each individual ego has its own choice of perspective.

Choice allows duality.

Duality allows two perspectives to be relative to each other.

In relative duality, I have a choice of truth or untruth.

Truth becomes relative to fear & false beliefs that are untrue.

Thought becomes relative to personal thinking.

Oneness becomes relative to choice.

Choice becomes relative to truth & untruth.

# Relative Truth

Relative Truth is relative to the beliefs of the believer.

In a relative dual reality, whatever a believer believes to be real is believed to be true.

Truth & reality become a singularity, the same thing.

Whatever is true is real and whatever is real is true.

People seek the truth of their reality rather than the reality of their truth.

The reality is that everyone's reality is true for them.

The pursuit of Science is scientific truth, the science or truth of what is real.

The pursuit of Religion is religious truth, the theology of spiritual truth.

In a dual reality, science & religion have opposing perspectives of reality & truth.

Their opposition is based on the belief that there can only be one truth that is true for everyone.

In an absolute reality there is one universal truth for everyone.

In a relative dual reality, truth is relative to the beliefs of each individual believer, whether scientific, religious or atheist.

There are as many potential truths as there are thinkers or believers.

# Absolute Truth

Absolute Truth requires an absolute reality.

An absolute reality is unchanging.

An unchanging reality disallows choice and disallows growth.

An absolute reality is a Singularity.

A relative reality is a Duality.

A personal reality is a Triality.

A personal reality allows a third choice to overcome the perspective of relative dual reality.

A third choice overcomes the opposition & conflict of a dual reality perspective.

It overcomes the duality of truth or untruth.

In a triune reality, truth is relative to the person who is experiencing it.

Nothing is real other than the reality that is being personally experienced by each Individual.



The absolute truth is that nothing is true, nothing is real and everything is potentially true & potentially real.

# Absolute Reality

Absolute Reality is an oxymoron.

An absolute state of being is not real.

An absolute state of being has no state of being and therefore has no reality.

The singularity of nothingness is without something or anything.

Nothingness is the absence of reality.

Relative duality allows a reality to be real and to be realised.

It allows Consciousness to become conscious of its Self.

In absolute reality, Consciousness is not aware of its consciousness.

Reality allows Consciousness to consciously explore, experience & discover its Self.

In absolute reality there is just Oneness with everything.

Pure energy has no distinction unless it has a distinct vibration.

A distinct vibration of energy is relative to its frequency & wavelength.

In absolute reality there is no motion or matter, just energy.

# Personal Reality

Personal Reality is based on personal truth.

Personal truth is based on personal experience.

When personal experience is based on a reality that is created by other people, there appears to be just one truth; the truth of other people.

Because other people cannot agree on what is true, they appoint specialist scientists, judges & investigators to decide what is true or untrue for everyone.

The belief in one universal reality disallows the belief in personal reality.

When reality is believed to be a universal truth, this becomes everybody's personal reality.

In this scenario, everyone stops believing that they are the cause of their own personal reality.

Their personal reality becomes one of being a victim of other people's reality.

We are all the victim of what we do not believe that we have created.

My reality is personal to me whether I believe it to be or not.

# Universal Reality

If Reality were Universal, there would be no conflict, disagreement or argument about what is true or untrue, real or unreal.

The fact that everyone disagrees about the truth of reality is because there is no universal reality.

The Universe is Real.

It really exists as a contextual field for thought to form as a reality.

The universal reality is that all possible realities exist.

Whatever I can imagine, I can bring into the reality of my own experience.

All possible realities can be realised and experienced as real.

The real universe is there to allow reality to be experienced personally, uniquely, individually & exclusively.

It also allows reality to be experienced collectively, inclusively, nationally, ethnically, religiously and summarily.

The only universal truth is that whatever we think to be real, becomes real because we are all a figment or creation of our own imagination.

# Universal Truth

Universal Truth is the one version of what is true.

It is a universal truth that all individuals have their own truth.

We all have our own Individual life path.

We all have our own vision, mission & purpose in life.

We all have our own choice.

A universal truth is true for everyone.

It overcomes the duality of truth & untruth.

I can only experience a universal truth when I intuitively see it to be true.

It is then both a universal truth and a personal truth.

Truth & untruth is a duality.

Universal truth is a metaphysical perspective.

Science proves physical experience to be true or untrue.

Meta-science sees the bigger picture of reality that is a universal truth.

It is the Soul's sole perspective of Life.

# S.O.U.L.

Soul is an acronym for Self Organising Unsupervised Learning.

It is the aspect of Consciousness that seeks expansive development & growth.

Expansive development & growth is spiritual.

Spiritual growth is metaphysical.

This means that it does not have a physical reason, meaning or purpose for developmental growth.

The Soul is self-organising, it organises its Self.

An 'organised' Self is a physical living Being.

Unsupervised learning means that each living Being is free to explore, experience & discover physical life without supervision.

My Soul has super vision but does not supervise my Self.

It does not delegate, direct or supervise.

It oversees, encourages & endorses individual action that allows expansive learning.

Expansive learning is the purpose of Life.

# Life Purpose

The Purpose of Life is the expansive growth of Consciousness.

Living is the expansion of Consciousness in action.

In an expanding Universe, it is Consciousness that is expanding.

Universal Consciousness is the one version of Pure Consciousness that is the 'Over-Soul'.

It is all that is expanding and it is the All That Is expanding its awareness of its Self through its Self.

Each Individual Self is an aspect of Soul experiencing growth and growing through experience.

The more individual aspects of Soul that experience expansive growth, the more the collective Consciousness expands & grows in new & innovative ways.

The Soul experiences growth through the Lives of its many aspects of its Self.

The Soul has many aspects of its Self and each Self has many aspects of its Soul to choose to experience.

# The Self

The Self is a physical incarnation of Soul as a physical Being.

The physical Self has a physical sense of Self called the id & the ego.

The ego is an aspect of Soul that is physically conscious.

The id is an aspect of Soul that is physically sub-conscious.

The id functions below the level of physical consciousness to ensure that the physical Being stays alive.

Physical Organisms are organised to function sub-consciously, without consciously thinking about it and without physical consciousness being necessary for the organism to function.

The ego is in control when an Organism is awake or conscious.

The id ensures that the Organism continues to function when asleep or unconscious.

Each Self having an id & ego allows it to individually or collectively explore & discover through physical experience.



# The Ego

The Ego is the physical sense of a conscious Self.

How Consciousness sees its Self in physical form is the ego.

It is the ego that consciously uses the physical senses of sight, hearing, taste, smell & touch.

How the ego sees its Self is determined by its level of physical consciousness & spiritual awareness.

The ego may be aligned with Soul or it may not.

The ego may be in alignment with the id or it may be in two minds.

The mind that is the conscious ego is not always in alignment with the mind that is the sub-conscious id.

This misalignment causes a dilemma that is often a paradox.

The Soul sees both sides of the paradox whereas the ego chooses a perspective of what it believes to be real that is often a dilemma.

# Paradox

Paradox is where two opposing aspects of reality appear both to be true.

Choice is a paradox.

From one perspective, we all have choice and from another perspective we have no choice.

Paradox is caused by the fact that 'Like attracts Like', as per the Law of Attraction.

The paradox of the Law of Attraction is that like attracts like but also opposites attract.

Opposites attract because like wavelengths of emotion are divided by male & female gender.

Opposites repel because like vibrations of thought have a choice of positive or negative polarity.

When emotional energy is divided by both polarity & gender, it can both attract & repel and push & pull me in two directions at the same time.

Paradox can be very stressful with the strain of being mentally pulled in two directions at once.

Understanding paradox requires a third perspective, which allows a bigger picture of reality to emerge.

It is this bigger picture that is the Soul's perspective, which allows expansive development & growth.

# Paradigm

A Paradigm is a world view.

It is the perspective of the majority.

It is a set of beliefs held by the common populous.

A particular paradigm is that there is only one reality.

A fixed reality that is shared by all is a paradigm shared by the majority.

As perspective creates reality, the world view of what is believed to be real becomes the experience of those in that reality.

As personal reality is a reflection of personal belief, a paradigm is a reflection of a collective belief.

As the collective belief changes, paradigms can shift.

A paradigm shift is a change in what is perceived to be an accepted world view.

The change from a belief in a 'flat earth' to a 'global planet' was a paradigm shift of global proportions.

The change from being an 'accident of science' to becoming a 'creator of our own creation' is the next possible global paradigm shift.

## An Oxymoron

An Oxymoron is a contradiction in terms.

A flying boat is an oxymoron because aeroplanes fly through the air and boats sail through the water.

A sea-plane is a plane that lands on water without being a boat.

A flying boat is an oxymoron whereas a sea-plane is not.

When a contradiction in terms is caused by the energy polarity, it is a paradox.

A paradox requires two different perspectives of the same energy vibration, as in: Is light a wave or a photon?

An oxymoron is an attempt to put two different vibrations of energy into the same energy perception, as in: A photon of sound or the sound of light?

Like energy unto itself is drawn, by the Law of Attraction.

A paradox is similar polarities of energy with opposing genders that are attractive.

Or opposing polarities with similar genders that are unattractive.

An oxymoron, by the Law of Attraction, is unlike energy unto itself is not drawn.

It is non-attractive because it is not universally in integrity.

# Perspective

Perspective is a personal view of reality.

Reality causes perspective when perspective is the effect of reality.

Perspective affects reality.

Reality is the conscious physical perspective of what I see with my own eyes as real.

Perspective creates reality when reality is the creation of an Individual's perspective.

This is the super-conscious perspective of seeing & creating the bigger picture of life.

A relative dual reality perspective sees cause & effect.

I am at the effect of a reality that I was physically born into, and that reality causes my experience.

An absolute perspective sees a higher vision for an Individual's life, with reality being the realisation of that vision.

There is always a choice of perspective and every perspective is a personal choice.

Reality is continuously changing to come into alignment with the personal perspective of its creator.

# Perception

Perception is how reality is individually received as an experience.

It may be perceived physically, spiritually or both.

It may be perceived with the physical senses, the intuitive senses or both.

It may be perceived, consciously, sub-consciously or super-consciously.

Perception is unique to the Perceiver.

What I perceive as real may be different to what others perceive to be real.

What I perceive to be my truth may not be true for another.

Perception is based on beliefs & feelings.

How I feel about a belief is how I perceive it to have true value for me or not.

With the ability to change my mind and change my belief, I can change how I feel emotionally, which changes my perception of whatever is occurring.

My perception is my feeling about what I believe to be true.

# Dimensions

Dimensions are a measure of Reality.

Reality is defined by its dimensions of Consciousness.

A one dimensional reality is only conscious of one dimension.

An atom has one dimension of consciousness.

It is only conscious of other atoms in a similar singular alignment.

A one dimensional reality has two directions – up & down.

An organic cell has two dimensions of consciousness.

It is conscious of four directions – up & down, right & left.

A cellular organic Being has three dimensions of consciousness.

It is conscious of six directions with the addition of backwards & forwards to up & down and right & left.

A cosmic spiritual being has four dimensions of consciousness.



It is conscious of eight potential directions – up & down, right & left, back & forth, plus in & out.

Each dimension of consciousness allows a different Holon of existence to be experienced.

A four dimensional reality has four holons of existence that all exist simultaneously – Atomic, Cellular, Organic, & Cosmic.

As Consciousness evolves, reality expands through time & space and the dimensions of reality evolve & expand also.

# An Expanding Universe

The Universe appears to be a physical entity that is expanding.

The Universe is also a spiritual entity that is evolving.

The purpose of an expanding physical universe is the evolution of a spiritual universe.

The one version of spirit is Consciousness.

It is the consciousness that is the universe that is expanding.

It is Universal Consciousness that is expanding the physical universe.

The Universe is not just expanding in three empirical dimensions that is a volume of length x breadth x height.

It is expanding in all dimensions of reality.

An atomic holon is ascending into a cellular holon that is ascending into an organic holon that is ascending into a cosmic holon.

Physical awake-ness is expanding into mental alertness, emotional awareness & spiritual aliveness.

Consciousness is evolving sub-consciously, super-consciously & supra-consciously.

The universe is ascending, expanding & evolving through multi-dimensions of reality.

# The Age of Aquarius

As the Solar System travels through the void of space on its galactic journey, it completes one revolution of spin around its solar axis every 26,000 years.

The 21st December 2012 marked the end of one 26,000 year solar cycle and the start of a new one.

It marked the end of the Age of Pisces and the start of the Age of Aquarius.

It marked the Dawning of the Age of Awareness and the end of the Age of Comfort & Security.

It is the age of an awareness of entering through a portal to a higher dimension of Consciousness.

Only with personal awareness will the higher dimensions of reality become apparent.

In the Age of Pisces there were many people on Earth still living in the Arian Age of Survival.

In the Age of Aquarius, there will still be many who continue to live and pursue life with a consciousness of overcoming

survival with their own comfort & security, but with no awareness of the dawning of a New Age of Spiritual Beingness.

# The Age of Awareness

The Age of Awareness allows the discovery of a 4th dimension of our own Consciousness.

A three dimensional Being has a physical, a mental & an emotional aspect.

A two dimensional physical consciousness is confined to a reality that is both physical & mental.

The duality of a physical mentality excludes the aspect of emotion.

A society without emotional intelligence is stuck in the duality of a two dimensional reality.

Emotional Intelligence is a personal awareness of my Beingness or my emotional states of being.

A Being without the awareness of their emotional state of beingness believes their-self to be a physical Being in a purely physical world having a physical experience called life.

Emotional Intelligence is the gateway to three dimensional Beingness & the 3rd dimension of Emotional Awareness.

Three dimensional consciousness is the gateway to an awareness of a 4 dimensional Spiritual Reality, a four dimensional Beingness & a fourth dimension of Consciousness.

# The Third Way

The Third Way is a triune reality.

It is a triality or third way out of duality.

It is the balance point of two opposing extremes.

It is the vibration of wavelength & frequency.

It is the potential of a force & a magnitude.

It is the intensity of a polarity & a gender.

It is the ability of power & authority.

It is the intensity of the ability of my potential energy vibration.

It is balancing the potential ability of my energetic vibrational intensity.

It is balancing the polarity of the frequency of the force of the authority of my thought.

It is balancing the gender of the wavelength of the magnitude of the power of my emotion.

It is balancing the intensity of the vibration of the potential of the ability of my experience.

It is balancing the pure thought of light with the pure emotions of love, to enable a pure experience of life.

## A Third Choice

Duality allows choice.

A Singularity is a singular reality that has no choice of reality.

It is a singular unchanging reality.

Duality allows the experience of a changing reality.

A changing reality allows effortless expansive growth.

It also allows resistance & contraction.

Resistance is part of the contract.

Choice allows me to resist making a choice or choosing a path of least or most resistance.

I can go forward, go backward or stand still.

I can expand, contract or be in limbo.

I can choose this or that or neither.

I can choose here or there or somewhere in between.

I can choose now or then or sometime never.

I can choose now here, nowhere or where now?

There is always a third choice out of a duality.

The third choice is how I overcome the extremes of a dual reality experience.

## A Fourth Choice

In a dual reality there are always three choices.

There are two opposing energies and a balance of the two.

In a triune reality there are always four choices.

There are three choices and the choice of acceptance.

The choice of acceptance sees whatever turns up as a gift or an opportunity.

I don't need to choose an opportunity, I just accept it and I take it.

A dual reality allows the choice to seek the third way.

A triune reality allows the acceptance of a third way with unconditional approval.

It is with intuitive knowing that every opportunity in life is for-  
given.

It is given by the Soul for its Self.

It is choosing the balance without seeking the balance.

On balance, my Soul always sends my Self opportunities that are a gift and they are very acceptable.

# Ascension



Ascension is a process of the Mind.

The mind proceeds to descend into a lower level of consciousness for the purpose of raising its level of awareness.

To access a higher level of awareness requires the experience of a lower level of consciousness.

The physical Earth is a contextual field that allows a low & restricted level of consciousness and, in many cases, a total lack of awareness.

Ascension is the process of raising awareness to a higher level of consciousness.

It is a journey through levels of consciousness, or relative levels of unconsciousness, that allow relative dimensions of reality.

In a singularity there is no awareness of reality because Consciousness is not aware of its Self. It has no Self to be aware of.

A duality allows the awareness of consciousness.

Consciousness & awareness become a duality in a relative world, with an opportunity to ascend to a state of being consciously-aware or attaining a conscious-awareness of a triune reality.

The Holy Trinity of: The Light of the Father & the Love of the Holy Spirit - allows the Life of the Son on Earth.

The authority of mental Light with the power of emotional Love allow the ability of physical Life to be lived as Heaven on Earth.

We just have to ascend to a level of awareness where this is our own reality, our personal experience & the reality of our own creation.

# Heaven

Heaven is a state of Being created by a perspective of the Mind.

When heaven is a duality of earth, I am stuck in a duality of male & female gender.

When heaven is a duality of hell, I am stuck in a duality of positive & negative polarity.

When Heaven is an opportune experience on Earth, I can raise my perspective in alignment with my vision.

Heaven is: Paradise, Shangri-la, Xanadu, Eldorado, Shamballa or any other place name that describes my ideal experience in physical form.

I see the beauty of this wonderful planet Earth as I am able to experience my bliss in physical reality.

Overcoming the gender & polarity of an intensely divided perspective allows the vision of a reality with a potentially balanced experience.

A Heavenly experience encounters no problems, no pain, no fear, no tolerations & no resistance.

These are all experiences created by a lost, confused, frustrated & out of balance mind.

Heaven is my vision of my ideal experience of my life on Earth.

# The Astral Plane

The Astral Plane is the mental dimension of Spirit.

It is the dimension of Consciousness as mental thought.

It has a duality of thought & thinking; physical consciousness & spiritual awareness.

It is the plane on which all knowledge is accessible as an individual consciousness or as an intuitive awareness.

It is the medium through which minds are read and information is channelled.

It is the place to which prayers are sent and from whence requests are answered.

It is the mythical home of the Principalities of Darkness and the Angels of Light.

Travelling in the astral plane is by the Astral Projection of the mind.

It is where the sub-conscious & super-conscious mind are either in opposition or in alignment, with the individual conscious mind.

# The Etheric Plane

The Etheric or Ethereal Plane is the emotional dimension of Spirit.

It is the dimension of awareness as an emotional feeling.

It has a duality of emotion & feeling.

It is the plane on which all emotions are felt & experienced.

The Solar Plexus or Emotional Brain is the gateway to the etheric plane.

Etheric or ether is the magnitude of emotional energy of Consciousness.

The etheric plane consists of the full spectrum of wavelengths of emotion that make up the vibration of Pure Love.

An Ethereal Traveller is called a Sensitive or a Clairsentient Being.

The ether, once known to science as the energy of space, now has no significance in a rational scientific philosophy of physical reality.

The etheric plane is the channel through which empowered states of being are connected to Source and through which empowered Beings feel their connection to the power of their Source Energy.

# The Physical Plane

The Physical Plane is the Realm of Physical Science, where physical laws govern physical existence.

It is where Spiritual Beings incarnate for the purpose of spiritual development & growth.

It is the physical dimension of Spirit.

It is where Spiritual Beings experience a physical experience called being physical.

There is no such thing as a purely physical being.

Being physical is a state of being that is a mental & an emotional experience.

The Planet Earth is a physical realm on which Spiritual Beings experience a physical reality of their own creation.

It is a particularly useful place to experience growth because in the physical plane thinking, unlike pure thought, is not instantly creative.

The physical plane is a creation of long held beliefs, convictions & experiences of several billion individual creative

consciences that are limited only by their lack of creative power.

A consciousness that is disconnected from its Source of Spiritual Creative Power creates an experience of being a creation that is disconnected from its Spiritual Creator.

# Source Energy

Source Energy is the creative ability of Pure Consciousness.

It is the conscious energy of the Creator.

Creative ability has both creative power & creative authority.

The power of source energy is pure emotional feeling.

The authority of source energy is pure mental thought.

Accessing individual emotional power & mental authority requires alignment with source energy.

I can only connect to source energy when I am in alignment with source energy.

When my individual consciousness aligns with pure consciousness.

When my emotional feelings align with the pure power of divine Love.

When my individual thinking aligns with the pure creative thought of my Creator.

The Source of all that is created is the pure consciousness of the Creator of All That Is.

Aligning with the creative Source Energy allows individual creatives to create their own ideal creation of reality.

# God

God is the Word used to describe the Creator of All That Is.

All That Is is the phrased used to describe the Universal creation of the Creator.

From an absolute perspective, the creator & the creation are a Universe or One Version of the same.

From a relative dual reality perspective, the creator is separate from the creation.

Physical Man sees himself as the creation of God the Creator.



Unless that is, he sees himself as an accident of natural evolution.

God made (created) Man (the creation) in his own image.

Man is a creation of the Imagination of Pure Consciousness as Man was originally conceived in the imagination of pure Consciousness.

Man is one version of how God sees his Self in physical form.

Man may see God as a spiritual soul or entity that is a guiding force in Man's life.

How one sees God is a matter of individual perspective & intuitive experience.

# Religion

A Religion originates as one Man's perspective of their own spiritual path.

One who clearly leads in their own spiritual way attracts followers to their path.

When a group of followers or disciples continue to follow that path after their leader's death, a religion forms.

Religion is a dogma & a doctrine formed from the spiritual teachings of a charismatic leader.

It is a carefully presented spiritual package for the unawakened spiritual egos of its followers.

Unaware of their own unique path in life, followers seek a path authorised by the religious leaders of a religion.

Religious followers follow a religion religiously.

Religious leaders express an inclusive attachment to their religious teachings.

A true spiritual leader has an exclusive connection to their own spiritual vision for their life.

Religious leaders are the guardians of the dogma & doctrine of their particular sect, section or denomination, which express their beliefs about how their religion should be practiced.

Spiritual leaders follow their own faith, whereas religious leaders follow their beliefs about their faith in another's spiritual path.

Religion is based on beliefs, whereas true spirituality is a personal faith based on a personal set of truths.

# Conscience

Conscience is a moral judge.

It is the sub-conscious programming that determines right from wrong.

When I go against my conscience, I judge myself to be wrong.

When someone has no conscience, they appear to not know right from wrong.

Morality is the set of beliefs that are agreed to be right for that religion.

Religious morality that conflicts with empirical science is said to be a con-science.

Religious morals, philosophical ethics & scientific laws all contribute towards a personal conscience.

My conscience may influence me to follow the beliefs held by my society or my community but it may hinder my ability to follow my own exclusive spiritual path.

When my conscience is clear, I have no inner conflict.

When I challenge my fears & my limiting beliefs and I own my own core beliefs as my personal truth, I clear my conscience and my exclusive connection to my path is unrestricted.

# Prayer

Prayer is my communication with my Higher Self, my Soul.

I commune with my Soul through prayer.

In communion with my Soul, I am both the Prayer & prayer.

As the Prayer, I am the one who prays.

As the prayer, I am the subject of what is being communicated.

In prayer, I ask for direction, I ask for support, I give gratitude, I give my appreciation.

I already have everything that I need for my path, even before I ask.

Asking for what I believe that I do not have will only bring more experience of what I do not have.

Repeating other people's prayers will direct me along their path, not my own.

I ask a question in prayer to gain clarity or direction.

My Soul is always present to hear my questions & reassure me that my prayers are already answered.

# Meditation

Meditation is how I connect with my Soul.

It is the process of quietening my thinking mind so as to hear my pure thoughts.

Noisy thinking is the process of the sub-conscious mind seeking answers to my conscious questions.

Quiet thoughts are the revelations of my Soul.

My Soul reveals its true path to its Self in meditation.

In prayer, I ask questions.

In meditation, I hear my answers.

Meditation is the art of listening to the still small voice within.

That still small voice Is always present with both clarity & direction.

Meditation connects me to my intuition, my inner tutor & my coach.

It connects me to the effortless flow of life that is my Soul's vision for its Self.

My present, clear, direction is always there in the inner peace, stillness & calm of my meditation.

# Worship

Worship is how I align with my Soul's power.

I worship with my Soul without idolising my Soul.

My Soul is not a superior Being, it is my highest state of Being.

My highest state of being connects me to my emotional power.

Worship is how my Soul empowers its Self.

My Self always has a choice of who it worships.

I can choose the source of my emotional energy.

False idols may meet my need for emotional power but they cannot truly empower my Self.

I worship with my Soul when I connect with my Soul by being my Soul.

I am being my Soul when I am not without my Soul.

I worship every emotional state of being that is divine and connects my Self with my Soul.

I worship every Purely Divine state of being that is the image of my Soul.

Expressing the divinity of my Soul is my act of worship.

My Soul is my one & only Worshipful Master.

## A False Idol

A False Idol is an impure image of my Self that I have become attached to.

My Self attaches itself to whatever it believes that it needs emotionally.

Anything that I believe that I need emotionally has an emotional attachment.

Any attachment that feeds my need for emotional energy is potentially a false idol.

Worshipping a false idol is attaching my Self to whatever I believe that I need emotionally.

When empowered by my Soul, I have a pure connection not a false attachment.

I worship my Soul connection: I idolise my attachments.

I connect with my own power to follow my own path that is divinely authorised.

I attach my Self to an idol that falsely promises to deliver my path to me.

An idol that I idolise will always direct me along a false path.

My true path is exclusively mine.

There are no false idols on my path when I am exclusively connected to my destiny.

I worship my Soul, I never idolise my Soul.

# The First Commandment



The First Commandment of Jesus is:

“Love the Lord thy God with all thy Heart, all thy Soul, all thy Mind, & all thy Strength”.

The Lord my God is my Inner Coach that is my Higher Self.

I connect to my inner guidance when I bring all aspects of my Self into alignment.

This alignment accesses my Divine Power & Authority.

My Divine Authority allows my Divine Power to flow.

My Divine Power flows through a conscious heart that aligns with a sub-conscious mind.

When my conscious ego aligns with my sub-conscious id, there is no battle between my heart & my mind.

When my sub-conscious mind aligns with my super-conscious soul, my id & my entity express my true identity that allows my true authority.

My true identity is the alignment of a conscious heart, a sub-conscious mind & a super-conscious soul.

When my True Identity is expressed, my Life flows with supra-conscious strength.

My supra-conscious conscious, sub-conscious & super-conscious mind is the One Consciousness of me, myself & I.

# The Golden Rule

The Golden Rule is the 2nd Commandment of Jesus:

“Love thy Neighbour as thy Self”

Also known as: “Do unto others as you would have others do unto you”

Often misinterpreted as: ‘An eye for an eye’ or ‘Do unto others as they have done unto you’.

There is a version of the Golden Rule in every major religion.

My Golden Rule is: “Be unto others as I choose others to be unto me”

The Golden Rule is golden because because when it is followed it overcomes the duality of negative Karma & positive Dharma.

Karma states that what I visit unto others will be experienced in return.

Karma is a negative perspective of the golden rule.

Dharma is its polar opposite positive perception of the Law of Attraction in action.

Before I am able to love my neighbour as my Self, I am required to love my Self, which is the first commandment.

# The Law of Attraction

The Law of Attraction underpins the Golden Rule.

The law is that 'Like energy unto itself is drawn'.

It is called a law because it is an absolute experience.

Absolute means that it is not relative to something else.

It is immutable and unconditional in its application.

It applies without condition or judgment.

Like vibrations of energy attract like vibrations of energy, it is the Law.

Therefore, whatever I think, I experience as my reality because the vibrational energy of thought is creative.

The Law of Attraction is the means through which Consciousness creates reality.

Consciousness attracts reality in alignment with its thought.

The force of conscious thought is authorised by the Law of Attraction.

Authorised thought is always empowered.

Authorised & empowered thought is absolutely creative and enables reality to become a real experience.

The Law of Attraction allows an individual to create their own version of reality by virtue of their thoughts.

What I perceive to be real therefore, becomes my version of reality.

## Karma & Dharma

What I believe to be true becomes my reality because like thought energy is drawn to itself as a real experience.

My Karma is whatever I draw to my Self as my experience.

My perspective creates my reality.

When I perceive my karma to be a punishment, I create the problem of experiencing any negative energy vibrations that I attract to my Self.

When I perceive Dharma to be a reward for overcoming my karma, I create a challenge that I am required to overcome to receive my reward.

My lesson is that karma & dharma are a duality that always creates a drama in physical experience.

To overcome the dual reality, I am required to see Kharma as an opportunity for spiritual growth.

I draw every experience in life to my Self as an opportunity for the growth of my Soul.

Without judgment, I see that the Law of Attraction allows me to choose my own unique path of spiritual development through the multi-dimensional realms of energy & matter in physical motion.

# Holy Spirit

Holy Spirit is whole energy.

Whole energy is undivided by gender or polarity.

The vibration of Holy Spirit is a pure frequency & wavelength.

Pure thought frequencies conveyed on pure wavelengths of emotion connect with a divinely energetic experience.

Holy Spirit is the divine connection to my own pure state of being.

It is our connection to the Source Energy of who we are individually & collectively.

Sharing the experience of the Holy Spirit in communion with other people is divine.

When a group of Individuals connect to their own source of spiritual energy, they share the experience of the Holy Spirit.

The Holy Spirit is always present, whether our connection to it is present or not.

Holy Spirit is the emotional aspect of a Triune Reality of a mental authority of God the Father that enables the ability of the physical Son, which is Man.

The ability of the Son is relative to the authority of the Father and the power of the Holy Spirit.

The Holy Spirit is Man's powerful emotional connection to the divine authority of his own creative ability.

# Life Force Energy

Life Force Energy is known by different names by different creeds & religions.

It is Prana in Sanskrit, Chi in Chinese, Ki as in Reiki & Qi as in Qigong.

In Inuit culture it is called Silla and in Polynesia it is called Mana.

Life Force Energy is the authority of a Soul to manifest its Self in physical form.

Life is the expression of a Self in physical form.

A Soul manifests its Self in physical form through the energetic force of authorised thought.

It is this force of thought vibration that manifests its Self as a physical entity.

When the Soul withdraws the Life Force Energy from its physical Self, it is called death.

In death, all that dies is the physical vehicle or body that is manifest in form.

All Energy, including life force energy is never destroyed, it just changes form.

Life Force Energy is the power of a Human Being to operate under the authority of its Soul.

It is the Soul's authority that enables the power to live a Life as a physical entity.

# Death

In relative dual reality existence, life & death are a duality.

A Physical Being is either alive or dead.

In relative duality, birth & death are also a duality of the beginning & the end of life.

This may also be seen as the end & the beginning of death.

Birth & death are at opposite ends of both life & death.

The Soul is eternal, which means ever alive.

In absolute reality there is no death, just eternal Beingness in one form or another.



Death is the end of a lifetime.

A lifetime is a temporary reality experienced in physical time & space.

Death is the end of a particular experience of life in space-time-reality.

Space-time-reality is a contextual field for the purpose of experiencing physical lifetimes.

A physical lifetime is an opportunity for the Soul to develop & grow as a Spiritual Entity.

Death is the process of 'passing on' to a different lifetime.

## A Life Time

A Life-Time is the journey of a Spiritual Entity into physical form.

The Soul projects its Self into physical form to experience a physical life.

The time of a life journey is always determined by the Soul in conjunction with its Self.

Even when the Self has no understanding of the length of a particular life-time, the Soul has a full comprehension of the complete life-time, at all times.

Whether a Human Being dies in childbirth or lives for a hundred years is always the individual choice of the Soul for its Self.

Every life-time is lived within the authority of the overseeing Soul.

It is the nature of Consciousness to expand & grow.

Every life-time in physical form allows the Spiritual Entity invaluable opportunities for personal spiritual development & growth.

## The Nature of Consciousness

The Nature of Consciousness is expansive growth.

Consciousness created the Universe.

The Universe is the One Version of all that is created by Consciousness.

Without Consciousness, there is no creation.

There is no creation, no awareness of what is created and there is no Creator.

Consciousness is both the creation & the creator.

It is both the observer & that which is observed.

It is the sum total of thought that is made manifest.

It is the nature of Consciousness to think.

It is the nature of those thoughts to be creative.

It is the nature of Consciousness to experience thought & to think experientially.

It is the nature of thought to be creative & to be expansive.

Creativity & Expansivity are the nature of the Universe as well as our own Universal Nature.

# Nature

Nature is the reality into which we are born.

We choose the nature of the reality into which we choose to spend a lifetime.

We choose the nature of the existence of our life.

It is natural to follow the footsteps of our forefathers reality.

It is also natural to want to change that reality.

The nature of existence evolves through lifetimes.

As the nature of existence changes, reality evolves.

The reality of life changes with human nature.

As I change my nature, I change my reality and I change my experience of life.

Nature, by its very nature, is a changing reality.

Evolution is natural because nature is continuously evolving.

Nature is evolving because Consciousness is evolving.

The evolution of Consciousness is our nature.

# Supernature

Supernature means above nature.

There is a supernatural realm above the natural realm.

The natural realm has a physical or material nature.

The supernatural realm has an energetic or spiritual nature.

We have a physical nature whilst being human.

We have a spiritual nature that is eternal.

The nature of Life is a physical existence in a physical realm as a physical being.

The nature of Light is an energetic existence in a spiritual realm as a Being of Light.

A Being of Light is a pure frequency of Consciousness.

Manifesting into physical form allows a Being of Light to experience wavelengths of Love.

Life is an emotional experience.

Being in Life allows our supernature to be both loving & light.

In duality, it also allows the possibility of a heavy, dark & unloving nature.

The Supernature of Consciousness is Choice.

# The Metaphysical Nature of Consciousness

The Metaphysical Nature of Consciousness is Super-consciousness.

Super-consciousness is the nature of the Soul.

Man is conscious of his physical nature.

It is possible for Man to be aware of his spiritual nature.

Being conscious of one's physical nature requires five physical senses.

Being aware of one's spiritual nature requires three intuitive senses.

Who I am is a matter of who I choose to be with consciousness.

I can choose to be whoever I can imagine my Self to be.

Imagination is my metaphysical superconscious nature.

I am who my Soul imagines its Self to be.

I am the creation of my Creator's creative imagination.

With intuitive imagination, I can be whoever I imagine my Self to be.

Imagination is essential to and the essence of expansive spiritual growth.

I just have to let the 'Genie out of the Bottle'.

I am a Genie

&

I imagine

So are you!