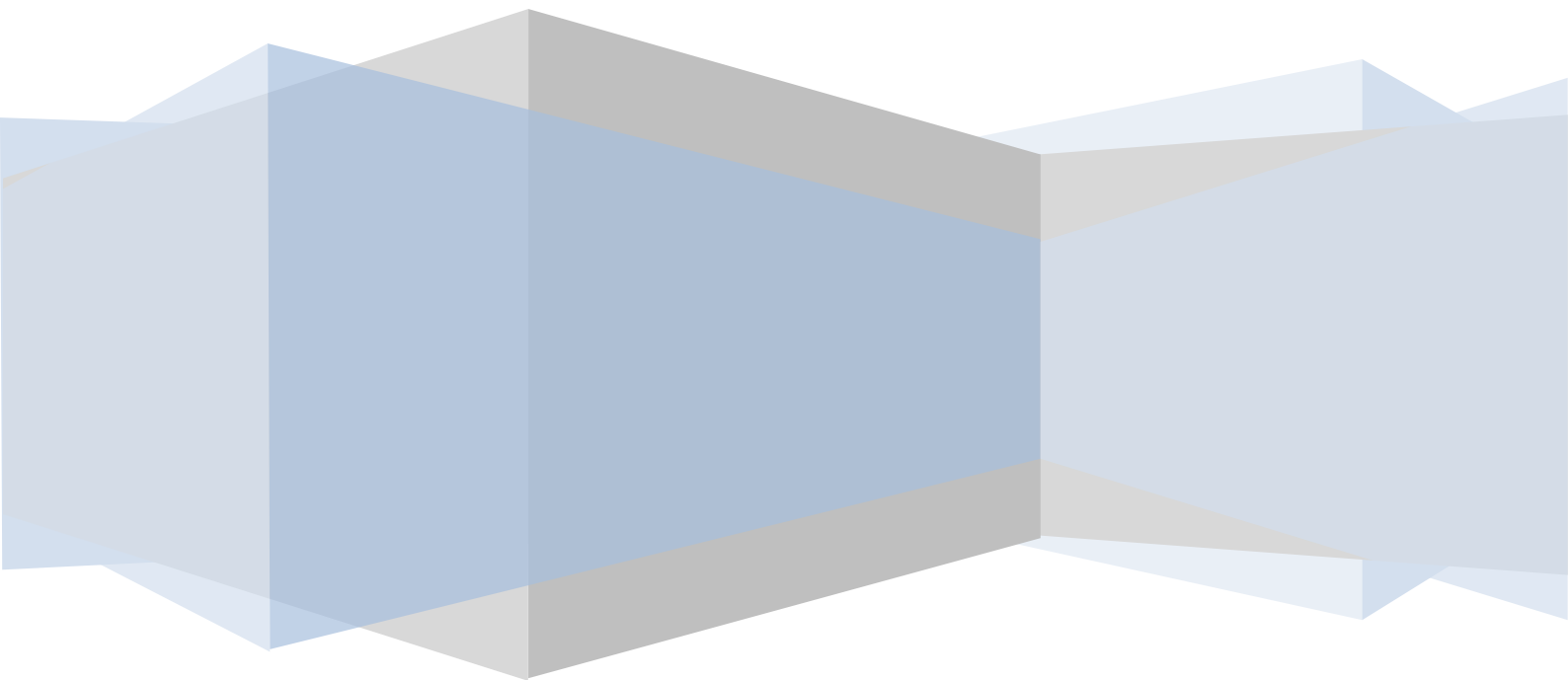


The Inner Coach

The Cause of Creativity

Keith Collins



I **Cause** an effect to happen or occur.

Cause & effect are a duality of the same energy.

Every effect has a cause and every cause has an effect.

I cause an effect by my own thoughts, words or deeds.

My thoughts, words & actions are effective.

I cause an effect, I do not create it.

I **Create** creatively.

My creation of something new is the result of my creativity.

Creativity creates out of apparent nothingness.

It is a potential with true value that we all have.

We are all potentially powerful creators.

Being lost in a dual reality world of cause & effect blocks my creative power.

Duality disallows innovative creativity.

I do not cause things to be created.

I either create something new or I cause the same old things to occur in different ways with different effects.

Creativity has no duality.

I cannot uncreate what has already been created.

A creation is a physical manifestation of a spiritual thought.

A spiritual thought has both emotional power and mental authority.

Creative potential requires a force of thoughtful authority combined with a magnitude of emotional power.

Without divine power & authority, I cause all sorts of things to happen.

Without authority, I have no power and no ability to be creative.

My ego's authority has only its limited will power.

The greater my will power, the more I can cause to happen.

Consciously causing effects takes a lot of will power.

Being aware of creating my ideal world requires super-conscious authority, unconscious competence & pure emotional power.

1st Cause is the creator.

The first cause that the Creator created is the effect of duality.

The Creator caused the effect of duality.

The effect of duality is choice.

Choice allows a choice of effects.

A choice of effects allows a choice of causes.

We are all at choice causing the effect of our own reality.

The Creator is 1st Cause.

My Soul is 2nd Cause.

My Soul causes the effects that my Self experiences.

My Spirit is the cause, my Physicality is the effect.

Physicality is the effect of a spiritual cause.

My spiritual cause is physical life.

When my physicality & my spirituality are in harmony, I am the creator of my own reality.

I can cause my reality to happen, I can experience the effect of the reality that I cause, or I can be the creator of my own reality.

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