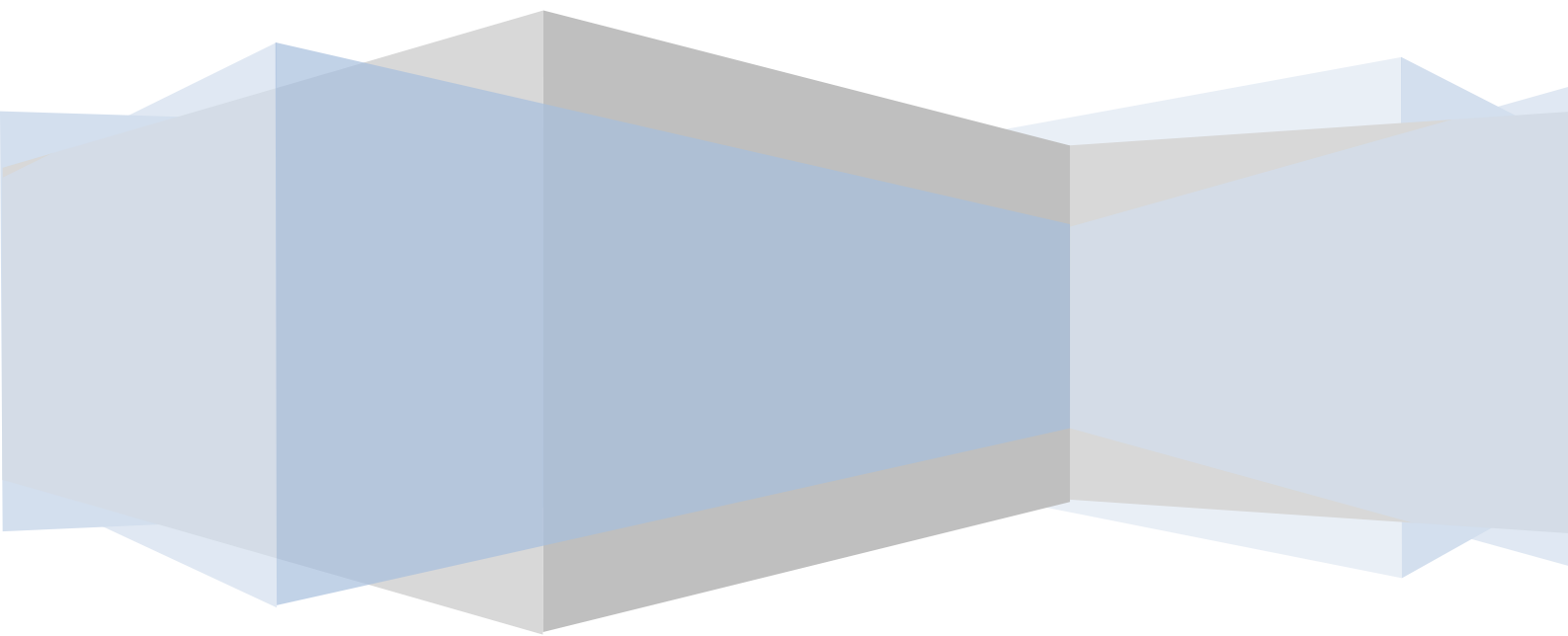


The Inner Coach

Core Beliefs



Keith Collins

A Core Belief is fundamental in the creation of an ideal life.

It resonates with the core & the essence of my Beingness.

It is a belief in which I have total personal faith.

It is an absolute truth from the perspective of physical life.

It is a belief based on a perspective that is personal to me.

It is my own perspective of life because I own my belief.

It is a personal perspective with which I choose to create my ideal reality.

It is the palette from which I paint my picture of an ideal life.

A core belief is more than a belief, it is my faith in an intuitive knowing.

It is something that I just know that is beyond doubt.

It is my Truth, which is fundamental to the creation of my ideal reality.

I have 7 Core Beliefs:

Life Just Is whatever I realise it to be.

Being real is life.

Life is real.

Real life is just, when I create it to be so.

Life just is a creation of my thoughts.

My thoughts create my reality.

Your thoughts create your reality.

My thinking is the effect of my experience of reality.

Your behaviour is a reflection of your experience of reality.

Life just is the realisation of any reality that I choose to experience.

I can choose it consciously, sub-consciously, super-consciously, or with all three aspects of my Consciousness aligned, I can choose it supra-consciously.

We all intuitively know that:

We All Have Choice.

Although, some have temporarily forgotten.

Many are intuitively disconnected and cannot remember what they have chosen.

We have all chosen life.

We are all choosing our experience of life with our thoughts about life.

Whatever we choose as the focus of our thoughts, we attract as our experience in life.

My choice requires my authority to choose.

We all have the authority to choose, the authority not to choose and the authority to give away our authority to someone else's choice.

In this dual reality world, there are always three choices; although all the options are not always apparent.

There Is Enough, always, all ways.

There is infinitely, eternally & continuously enough of everything.

The Universe is abundant.

Abundance means enough of everything, always.

The Universe always delivers enough, all ways.

Only when I believe this to be true does this become my reality.

A scarcity mentality causes either too much or too little, not enough or more than enough, in my experience.

I can choose scarcity, gluttony or enough.

I can choose, extravagance, poverty or abundance.

A limited version of reality is caused by an individual's limiting beliefs.

There are the 'haves', the 'have nots' and the 'abundant' who always have enough.

When I believe that there is enough, this becomes my reality & my experience.

Love Is the Way

Love is the only way to experience my way.

When the way feels good, it is my way.

My way is never wrong, never bad, never negative.

It always feels right, feels good, feels positive.

Love is the feeling that allows me to know my way and see my vision for my life.

When my way is effortless, I know it is the right way for me.

When my feels abundant, I know that it is a good way for me.

Love is the emotional power that allows me to follow a positive path.

My path is the way that is authorised for me.

My authorised path is empowered with love.

Love is the pure emotional energy that allows my way to flow to me.

In Absolute Reality:

We Are All Equal.

In relative dual reality life, I can choose to be superior, inferior or equal.

Irrespective of whatever I choose, I have an equal creative potential to everyone else.

No one is potentially more creative than anyone else.

The Law of Attraction is unconditional.

There are no conditions under which it is not universally operating.

It applies universally & equally without exception.

My equal potential allows my potential to be equal, to be in equality, in equanimity & in equability with all others.

It allows my ability to attain equilibrium in my life.

Being equal is only a potential until I realise that potential by being equal to all others.

I am equal to the challenges of life.

I Allow Others To Follow Their Own Path

We each have an individual, unique & exclusive path to follow.

No two paths are completely alike, although some may appear similar.

It is not my path to follow someone else's path.

We are all undertaking the same journey from different directions because we all have a different start in life.

Many paths will cross and many paths will run parallel, but no two paths are the same.

We all have a similar destiny with a different vision, mission & purpose for our life.

My path is my creation of my perspective based on my thoughts about my experiences that form my beliefs that create the truth of the reality that is my path in life.

When I allow all others to follow their own path, I cause no resistance to the path that I am following.

When I allow others to follow their own path:

I Allow my Self to Follow my Path.

The paradox is that others are there to show me the way, but their way is not my way.

It takes great discernment & wisdom to know when someone is showing you their way and when they are showing the way for you.

Only when I am following my path will other people appear to be following theirs.

When I appear to be off track, I will attract others who appear to be similarly off track.

This allows a wise person to see the error of their ways.

When I am seeking my path, I will attract others who are similarly seeking theirs.

My path is always the choice of my Soul Entity, which may or may not have the agreement & alignment of my Ego Self.

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