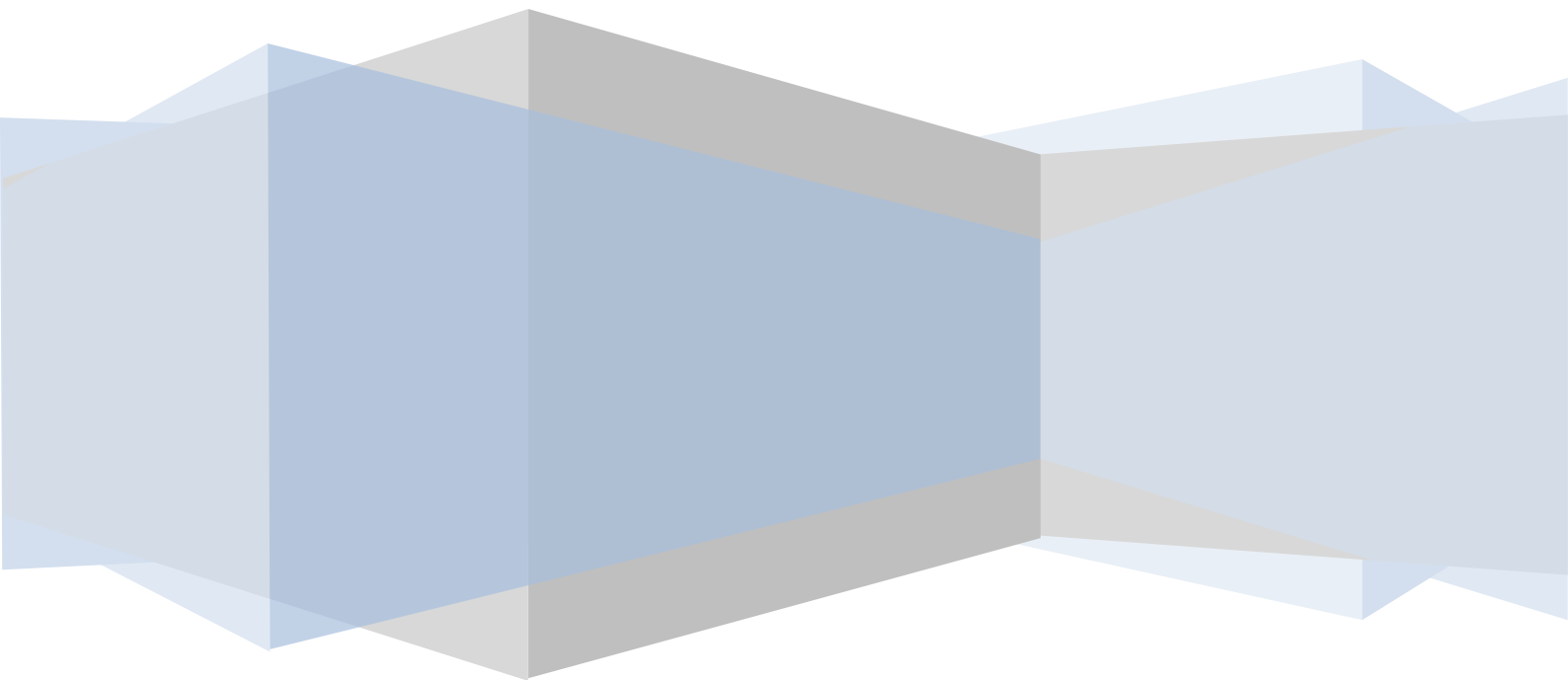


The Inner Coach

# I Am A Three Part Being

Keith Collins



**I am a Three Part Being** when I recognise all three aspects of my Beingness.

My ability to Be requires both power & authority.

I am physically enabled by my emotional power & my mental authority.

My physical life is both a mental & an emotional experience.

It requires the body, the mind & the emotion of my Spirit.

Reality is a physical, mental & emotional experience that is time & place specific.

Space-Time-Reality allows the triality of my Beingness.

Time is an aspect of my Light.

Space is an aspect of my Love.

Reality is an aspect of my Life.

The potential of my life is relative to the force of my light & the magnitude of my love.

My light is the force of my mental authority.

My love is the magnitude of my emotional power.

My life is the potential of my physical ability.

I live a life of love & light in a three dimensional space-time-reality.

I experience life consciously, sub-consciously & super-consciously in a physical, mental & emotional way through the power of my love, the authority of my light & the ability of my life.

Love is the wavelength of emotion on which a pure thought is transmitted.

Many aspects of Love are created, as a range of emotions with differing wavelengths, by our diverse thoughts.

The longer is the wavelength of emotion, the shorter is the frequency of thought and the purer the aspect of love.

Pure Love has an infinitely long wavelength and an omnipotent magnitude.

**The Power of Love** is relative to the purity of the emotional wavelength.

The most powerful aspects are undivided by gender.

Pure emotions are therefore empowering.

Wavelengths of emotion that are divided by gender are disempowering.

The magnitude of Love is determined by the volume of Space that it encompasses.

The longer is the wavelength of emotion, the greater is the magnitude of Love.

The greater the magnitude, the more powerful the emotional aspect of Love becomes.

Light is the frequency of thought on which consciousness is transmitted.

Many perspectives of Light are created as a range of thoughts, with differing frequencies.

The higher is the frequency of a thought, the purer the perspective of Light.

Pure Light has an eternal frequency with an omniscient amplitude.

The authority of a thought is relative to the purity of its frequency.

The most authoritative thoughts are undivided by polarity.

Pure thoughts are revelatory & inspiring.

Frequencies of thought that are divided by polarity are uninspiring.

The force of authority is determined by its Time or frequency.

The higher is the frequency of a thought, the greater its force of authority.

The Light of a pure thought has a neutral polarity and a balanced intensity.

**The Authority of Light** determines the depth of its inspired revelation.

My Ability is relative to the vibration of my Beingness.

I perceive my Beingness as an emotional thought.

How I perceive my Self to Be determines my ability in Life.

My conscious thought & my emotional awareness determine my ability to be enabled.

My conscious thought determines my authority.

My emotional awareness determines my power.

My conscious-awareness of my power & authority determines my physical ability in Life.

Physical ability is not determined by my skill.

My skilful ability is realised by my level of power & authority.

The frequency of my thought and the wavelength of my emotion determine the vibration of my ability.

**The Ability of Life** is a potential waiting to be fulfilled.

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[theinnercoach@me.com](mailto:theinnercoach@me.com)

<http://www.theinnercoach.eu>