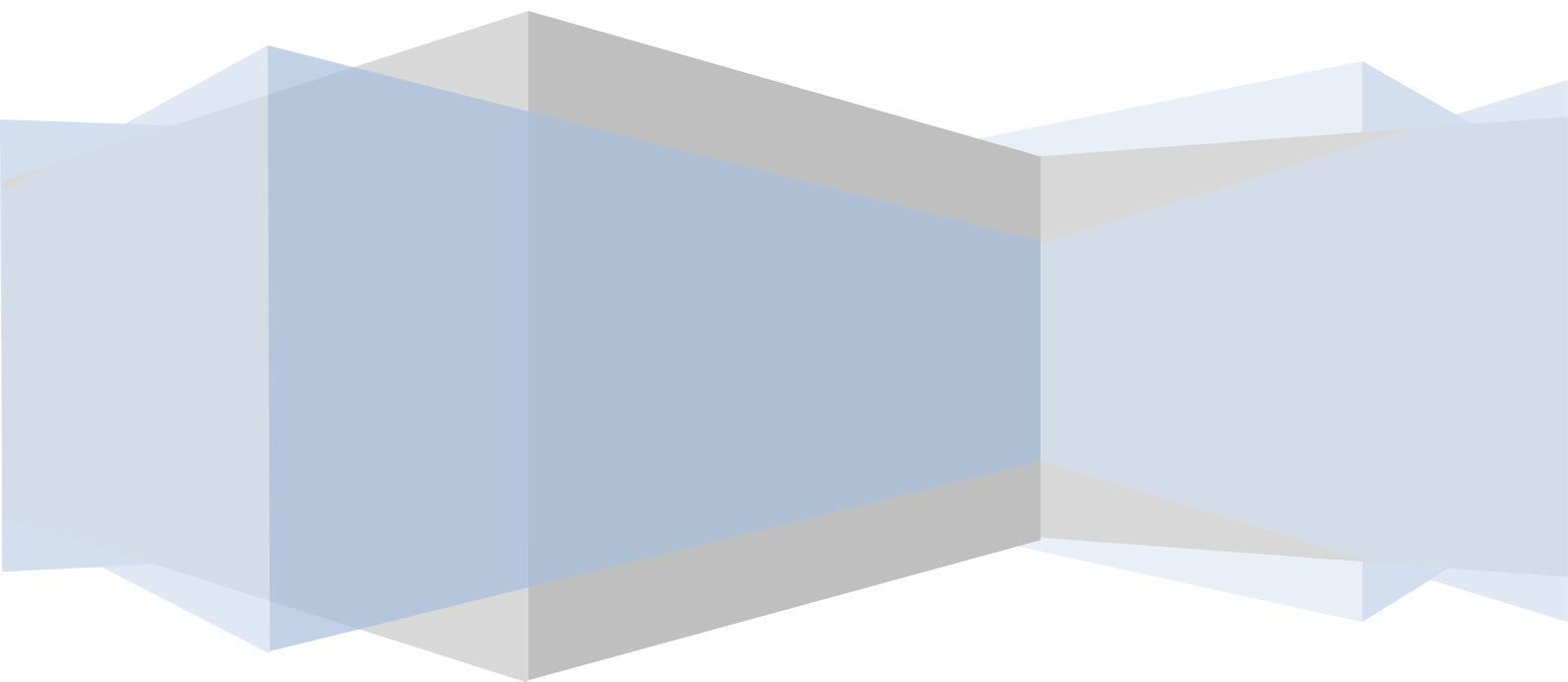


The Inner Coach

Four Dimensions of Reality

Keith Collins



A One Dimensional Reality has no perception of time or space.

There is no *there*, only *here*.

There is no *then*, only *now*.

The Atomic Holon is one dimensional.

An electron that is *here* has no perception of a proton that is over *there*.

It has no perception of its rotation, spin or orbit.

No perspective of its length, breadth or height.

No awareness of being a part of an atom within an atomic universe.

The one version of an electron is its own universe.

It has no concept or realisation of a multiverse of atoms with infinite space and eternal time.

It is not conscious of its eternal journey around its atomic nucleus.

Its consciousness is just *here & now*

Now-here – Nowhere!

A Two Dimensional Reality has no perception of a changing existence.

Here & There are the same.

Now & Then are the same.

A two dimensional state never changes its reality.

It is always *here* and always *now* with no distinction between *you & me* or *them & us*.

The Cellular Holon is two dimensional.

There is just the cell that is *here & now*.

There is no concept of a multi-cellular organism.

There is only a perception of a two dimensional organism that is a cell.

From the perspective of the cell, it is all there is.

It has no perception of its co-operation with other cells and other cellular organisms.

Its consciousness, that experiences *here & there* in space and *now & then* in time, is the one reality of a two dimensional cell.

A Three Dimensional Reality has infinite space & eternal time.

The continuous reality of time & space allows reality to change and to be different, relative to its time & space.

From the perspective of a three dimensional consciousness, there is only reality with changing time & space.

The Organic Holon is three dimensional.

It has *here, there & everywhere*.

It has *now, then & always*.

A three dimensional reality is always everywhere.

Its reality changes and evolves as it moves in space-time.

It allows time & space to change reality.

A three dimensional consciousness sees space & time as universal and therefore sees reality as universal.

A universal reality appears to have only one version of reality.

A Four Dimensional Reality has multiple versions of reality.

It has a perspective of length, breadth, height & depth.

Depth is the spiritual dimension of awareness.

It is measured in holons of existence.

A perspective of cosmic proportions is required to perceive a four dimensional reality.

The Cosmic Holon is four dimensional.

I see the cosmic proportions of our universe when I perceive it from a galactic perspective rather than a planetary perspective that is trapped within a solar orbit.

It requires a three dimensional physical consciousness to allow the addition of a fourth dimension of spiritual awareness.

I cannot see a fourth dimension with my physical eyes.

I can only intuit it with my spiritual insight and my super-conscious imagination.

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