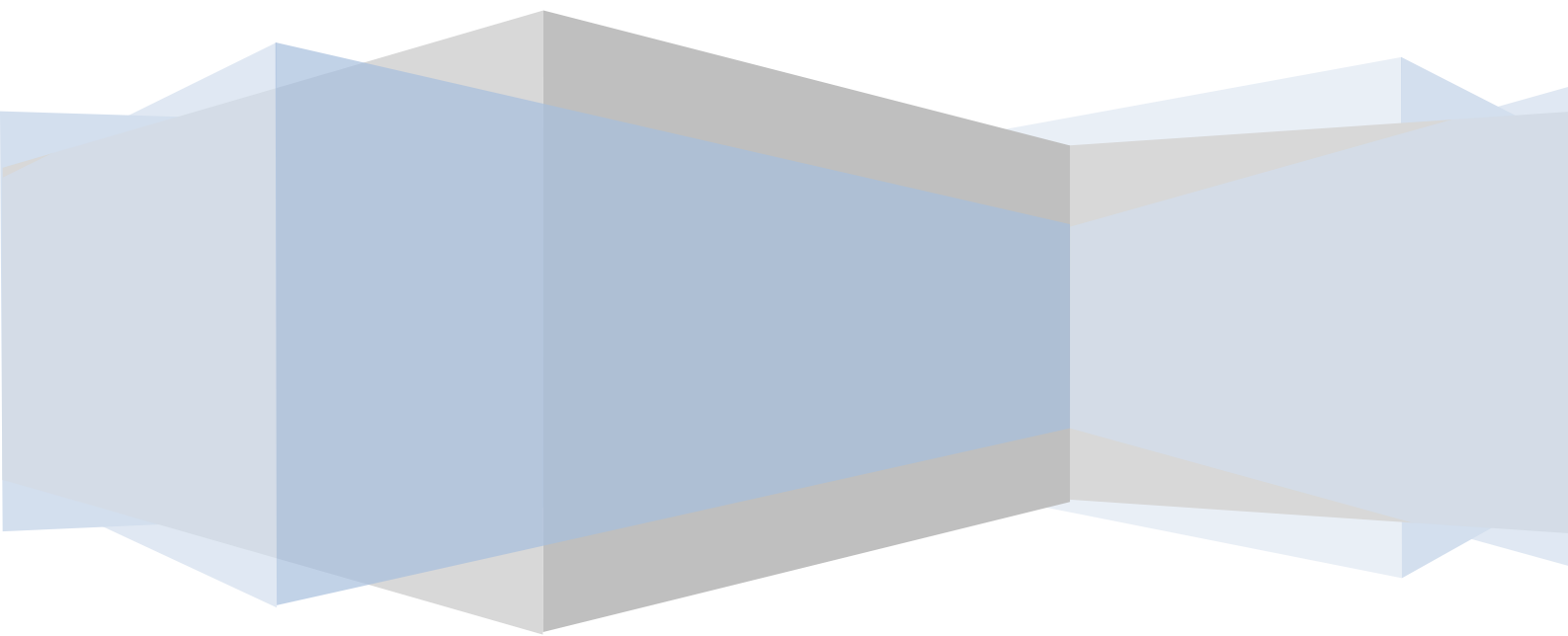


The Inner Coach

# Five Trees In Paradise



Keith Collins

**The Five Trees In Paradise** appear in the Gospel of Thomas “#19”.

It is an allegory of Jesus that explains that whoever attains the 5 levels of Consciousness will overcome the duality of life & death.

With all five levels of Consciousness in alignment, life is absolutely ideal.

Absolute choice allows each level to operate autonomously with very interesting outcomes that can be less than ideal.

Paradise is synonymous with an ideal life.

Jesus adds that the five trees do not change with summer or winter and their leaves do not fall.

This is to say that from an absolute perspective all five levels exist at once and for all time, simultaneously, connectedly & continuously.

The five trees are a symbol of the five levels from which life can be perceived with five uniquely different perspectives:

The Physical Id – the Sub-conscious

The Physical Ego – the Conscious

The Spiritual Ego – the Super-conscious

The Spiritual Entity – the Supra-conscious

The One – God Consciousness

As a physical Human Being, I am only conscious of the perspective of my physical ego sense of Self.

**The Perspective of the Physical Id** is to keep the human being alive.

My Id is my sub-conscious mind that controls my physical body emotionally.

My physical experience is emotional, based on the beliefs & convictions of my sub-consciously active programming.

The Id is responsible for my survival & how well I survive.

It has access only to local knowledge of my physical situation.

It is programmed by my physical senses & my experience of life.

As with a computer programme, garbage in equals garbage out.

My Id is my voice of reason.

It supplies my reasons why to act and why not to act.

When I listen to reason, I am hearing my sub-conscious programmed beliefs.

Limiting beliefs & fears are a bug in my data base of experiences.

The capacity of my Id is relative to the purity of my programming.

**The Perspective of the Physical Ego** is that of my conscious sense of Self.

It is my perspective of who I believe my Self to be.

The ego has a finite choice of seemingly infinite possibilities of who it can be.

How my ego sees itself is a reflection of my sub-conscious programming.

My physical id & my physical ego work together to make sense of a seemingly senseless world.

My conscious sense of Self seeks for my Self to make sense.

It seeks comfort & security from a seemingly insane world.

The physical ego needs to see itself as sane.

It does this by comparison with what all other people deem to be normal behaviour aligned with common beliefs.

The fear of being abnormal disallows my perspective of a non-physical existence.

The physical ego sees itself as a physical human being having a physical experience called life.

**The Perspective of the Spiritual Ego** is the perspective of my spiritual sense of Self.

It is my awareness of being a spiritual Being.

It is me being Mindful.

I call my spiritual sense of Self, my Soul, my Higher Self, my real Self or my True Self.

My Soul knows my vision, mission & purpose for my life.

It is always in full awareness of my destiny, even when the physical ego is unaware & unawakened and following my fate.

Disconnected from my spiritual ego, I follow my fate or my doom, my fortune or my misfortune with varying degrees of luck or chance.

The perspective of my spiritual ego is beyond the dual reality of space & time.

There is no paradox, there is no problem, there is no fear and there is no conflict from the perspective of my spiritual ego.

It sees only the bigger picture of Life.

However, it does require the alignment of my physical ego, to achieve its goals, accomplish its skills and attain its attributes to expand & develop my spiritual success.

My spiritual ego has the awareness and my physical ego has the conscious ability.

Together they co-operate with conscious-awareness of all that is.

**The Perspective of the Spiritual Entity** is Sovereign.

It is a Sovereign Entity with its own part to play in the Universal Experience of Life.

It sees the Big Picture of Everything as a Grand Design.

It sees all three aspects of my Self as One.

It is omniscient, omnipotent & omnipresent.

It is pure imagination.

It is the Captain of my Ship of Consciousness.

It is an Individual Creative Spark of All That Is.

It has a Super Vision for the Divine Plan.

An Individual Aspect of God that is a Sovereign Entity.

A Divine Perspective that can create whatever it can imagine.

It is the combined consciousness of my ego, id & entity.

It is my Conscious-Id-Entity.

It is my Supra-Conscious Self.

**The Perspective of the One** is Oneness.

Oneness is the Singularity of All That Is.

It is without Individuality.

It is the Divinity of the Divine One.

It is the Ultimate Intention.

The ultimate intention is the Divine Plan to experience Divinity through the physical & spiritual experience of its Conscious & Unconscious States of Beingness.

The Divine seeks to experience its own Divinity through four distinct aspects of its Self.

Its sub-conscious physical Self – the Id.

Its conscious physical Self – the Ego.

Its super-conscious spiritual Self – the Soul or spirit ego.

Its supra-conscious spiritual Entity.

When all four levels of Consciousness come into alignment they co-operate as One and become at one with the singularity of Oneness.

From the perspective of Oneness, One is All & All is One and One is All That Is, all that was and all that ever will be. Amen.

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