

Being Abundantly Happy

Being Abundantly Happy is my potential.

Happiness is the experience of an abundant life.

An abundant life requires enough contentment, fulfilment & joy to allow my happiness.

When I am not experiencing enough of anything, I am in either scarcity or gluttony.

In the reality of the absolute, there is infinite potential for anything and everything to manifest as my relative experience.

Manifesting happiness from the infinite potential of abundance is my potential.

In Earthly duality, happiness is relative to my experience of unhappiness.

I cannot be happy whilst experiencing the opposing dual reality of either not enough or too much.

Defining how much is enough for me allows the experience of my abundance to flow effortlessly to me.

Abundance & Happiness are just a potential until I realise them as my experience in physical life.

Contentment

Contentment is having enough in my physical experience of life.

When I physically have enough, I am content.

Physicality has content and I require enough physicality to be content.

Contentment is an emotional feeling that I attribute to my Self when I am happy with all the physical experiences that I have in my life.

It comes with a comfortable & safe place to live, a good meal, fine clothes and all the material conditions & possessions that make me happy.

It appears when I balance my work, my rest & my play so that I have enough of each.

Contentment is a measure of the contents of my life and what my physical life contains.

I can neither have too many things in life and be content, nor can I have not enough of what I want and be content with my life.

Contentment is beyond my ability to survive or exist.

It is a feeling of being truly alive when I am living life well.

Fulfilment

Fulfilment is doing enough in my conscious mental experience of life.

In my mental vision of life, I see my path before me.

My life path is the fulfilment of my vision.

The fulfilment of my path in life is my vision and my destiny.

Taking enough action to follow my path each day allows the fulfilment of my vision to be experienced each and every day.

Fulfilment is an emotional feeling as well as an intellectual concept.

It is the positive emotion of taking one further step closer to realising my vision.

Every single step on my path is fulfilling.

Fulfilment is my authority to follow my path as it endorses my alignment.

I cannot experience too much fulfilment. I either see my path or I do not.

It is being filled full of the appreciation that my Soul has for my Self for undertaking this journey of co-operative expansive growth.

I cannot expand, grow & appreciate without feeling my Soul's fulfilment of my vision and my fulfilment of my purpose my Self.

Joy

Joy is being enough in my awareness of my emotional experience of life.

Joy is my highest emotional experience of physical life because it is the experience of enough emotional power. Too much emotional intensity is not a joy.

With the attribute of joy, I have enough emotional power to manifest everything that I need.

With everything that I need to fulfil my life, I have enough and I am content & joyful.

With everything that I want in order to be content, I am fulfilled & joyful because I am filled full of joy.

Having enough emotional power to manifest everything that I want & need to be content & fulfilled, is a joy.

When I am full of joy, I have enough power to be happy.

When I am fulfilled, I have enough authority to be happy.

When I am content, I have enough ability to be happy.

With enough contentment, fulfilment & joy, I am being abundantly happy.

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