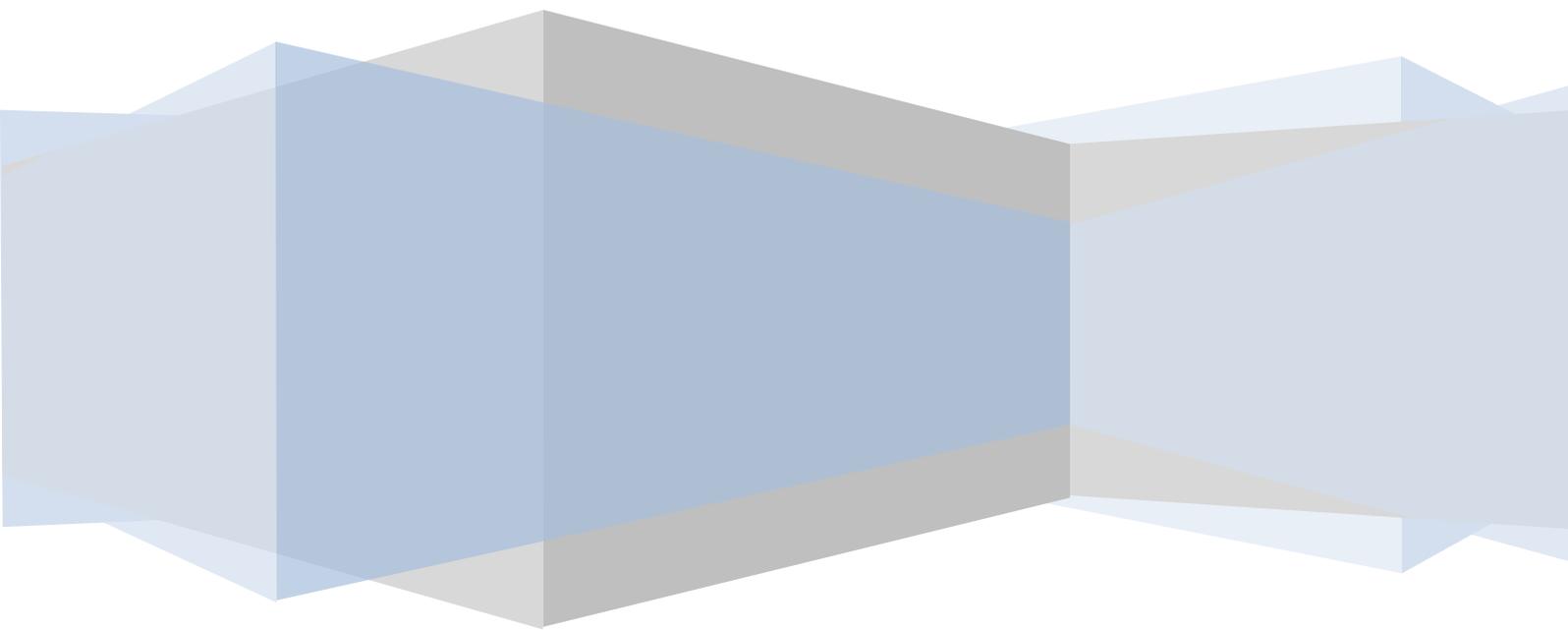


The Inner Coach

A Choice Of Authority



Keith Collins

Being Obedient is following someone else's orders or direction.

It is conforming to someone else's standards.

It is never conflicting and never crosses another's boundaries.

Giving up my choice is the duty that I pay for my obedience.

When I believe that it is my duty to obey, it can be very taxing.

Being disobedient is my lack of motivation to do what others want me to do.

To be obedient to someone else's authority demands the motivation of someone else's emotional power.

Being Subservient is depending on another for what I need emotionally.

My sub-conscious id is responsible for supplying the emotional power that my conscious ego needs.

When my ego is misaligned with my Soul, the id needs to service the emotional needs of my will.

When confronted with a strong will, my id is subservient to the ego.

I can be subservient & humble to my ego's arrogance or I can be likewise to the will of another.

My humbleness to another's arrogance & my meekness to another's wrath are both an expression of my subservience to another's more assertive emotional power.

Pleasing another's greed & being proud of being modest are both examples of my subservience to someone else's emotional needs.

Being subservient, I am experiencing my belief that I am less potent & less powerful than someone else.

When I need to follow someone else's lead in order to maintain my own emotional energy, I am being subservient.

Being Subordinate is allowing other people to make my choices for me.

I am subordinate to another's choice of authority.

It is the result of my belief that other people know better than I.

I choose a leader to follow and to be subordinate to.

I endure a lower status in a hierarchy because I believe that is my place.

I choose to follow a leader who appears to have what I believe that I want.

I am subordinate to their leadership when I believe that they will get me what I want.

Being insubordinate is wilfully disobeying the authority of someone with a higher status or rank.

It is the resistance I express when having to follow someone else's choice.

Resisting another's path is not my choice.

Following another's path is not my choice either.

When I allow all others to follow their path, I am allowed to follow my own path and to lead an ordinate life.

Being **Assertive** is asserting one's authority or choice onto another.

It is influencing, persuading or manipulating someone else to adopt your belief.

I assert the authority of my belief in my own choice.

When I assert others to adopt my belief and my perspective, I am being arrogant.

What I am really asserting is my arrogance, even though I may believe that I am asserting my confidence in my self belief or my own conviction.

Assertive people assert their importance because they believe it is important for others to do things their way.

Subordinate people express their own lack of importance because they believe that it is important to be humble by showing their humility.

Being Aggressive is intense assertiveness.

When I assert my will intensely, I am seen as being aggressive.

Intensely asserting my will onto others is an act of aggression.

Being Violent is an act of extreme aggression.

Intense aggression leads to a violent conclusion.

Violence is my last resort when asserting my authority over others.

Assertive, aggressive & violent are different intensities of the same energy vibration that express my arrogant will and my strong conviction onto other people.

I assert the authority of my highest choice when I am subordinate to the vision of my highest Self, subservient to the purpose of my true emotional power and obedient to the still small voice within me.

My Soul is always supportive, never assertive.

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