

The Twelfth Insight

The Message of the **Celestine Prophecy** is that 'Being Spiritual' is more than merely believing in some deity in the abstract. It entails the discovery of another, entirely different dimension of life, one that operates solely in a spiritual manner.

Once one makes the discovery, one realises the universe is filled with all sorts of fortuitous encounters, intuitions and mysterious coincidences, all pointing to a higher purpose behind our lives, and in fact, behind all of human history. The only question, then, for the seeker who wakes up to this reality is how does this mysterious world really operate, and how does one begin to engage its secrets. Those answers had to be practical and work in the real world, no matter how mysterious that world turned out to be.

The Twelfth Insight will finally show us how to live this spiritual knowledge at a greater level. The Document describes many abilities that humans haven't developed yet. Each part is devoted to what it calls the 'Integration' of spiritual knowledge and it refers directly to the Insights of the old Prophecy.

There are many names for this experience – the zone, heightened perception, or synchronistic flow – all names seeking to capture its central characteristic: a sudden elevation in one's experience, wherein we transcend the ordinary and find a higher meaning in the flow of events. This synchronistic perception 'centres' us in some way and feels beyond what could be expected from pure chance - as though a higher destiny is unfolding.

This experience requires each Integration to be actualised in order, one after the other, beginning with the first: Learning to keep the synchronicity going.

The First Integration suggests that there is a way to keep the synchronicity going.

During the current period of history, the easy material life will get harder, with widespread financial and social disruption. Yet it proclaims that all challenges are evoking a greater spiritual awakening in us, where we can realise many new abilities and perceptions.

Each of us has to make a decision. Will we embrace this deeper spirituality, or go into fear and foreboding? It is a challenge of courage, but also of practicality. In some sense, events are forcing us to put our beliefs into action. The only way to survive the level of turmoil we are facing in the world is to pursue life in a different way.

The first ability that will manifest is our being able to sustain Synchronistic Flow. When the mysterious coincidences come more frequently, we'll eventually learn that we are guided, even protected from the dangers of this historical period.

Those of us who discover how to sustain this flow and integrate this knowledge will make it easier for the others to open up to it later, just because of the influence we have.

If too many of us fail to move forward in this regard, the knowledge might not be actualised at all and could be lost to history. We all have to make our own individual choices.

The Synchronistic experience is the phenomenon that leads each of us forward. If we make this experience more consistent, then we realise that our lives are trying to take off in a destined direction. We feel more alive.

When we enter a flow of Synchronicity, clarity and aliveness is what we get. When we fall out of the flow, it is what we lose.

We have an opportunity now to finally reach a higher clarity about not just the phenomenon of Synchronicity, but also about our entire spiritual nature. Not taking this opportunity may result in all our futures, and the futures of our children, going in an entirely different direction.

When we integrate all eleven, we get the final download, the Twelfth. After that we will understand not just the full picture of spirituality in this life, but we'll be able to live it most of the time.

All we have to do is learn to remember, that this flow is possible, that it exists.

It boils down to consciously expecting the next synchronicity to come, which means going into a posture of 'expectant alertness', a mood that is not easy right now, because we always think we're behind, with too much to do. Staying in this state of alertness helps us immediately, because it has the effect of slowing down time. The more we can slow everything down and wait on a synchronistic event to show us the way, the easier life is to handle.

Eventually, it becomes a habit, and once all the mysterious coincidences are happening and our destiny seems to be unfolding, all that is left is to stay in the flow.

And to do that we have to learn to communicate what's going on with us to others.

If we want to follow through, with finding the Integrations, we have to start by concentrating on telling the absolute truth, to our self and others, about what is happening, no matter how esoteric it gets.

Once synchronicity is being sustained, one should be on high alert, because it is that mysterious flow that will reveal the other Integrations.

The Document divides the Twelve Integrations into two groups: It calls the first five Integrations the "Foundation" of spiritual consciousness, and the remainder it calls the "Rise to Sacred Influence".

The Second Integration begins when we realise that human conversation, regardless of the subject, is always an exchange of outlook, or world view – and thus is the basic mechanism of human evolution, taking us from one historical level of knowledge to the next.

When human interaction is done while in centred, synchronistic truth, this process of exchanging world views is lifted into full consciousness. It calls this more aware interaction Conscious Conversation.

The levels of conversation, and the consciousness of the participants, are elevated when both people are aware of the "historical context" surrounding the interchange.

The Second Insight was essentially an understanding of the longer history of Western society, in particular the psychological shift that happened at the beginning of the Modern, secular age. In

essence, it marked an awakening in consciousness – one we have been having trouble holding onto ever since. It says that we are waking up from a five-hundred-year-long preoccupation with the material and secular world, wanting to know what life is really about.

The 2nd Integration says that anyone who sustains Synchronicity, and remembers the context of awakening, will be guided into a Flow of Conscious Conversation. And hence will become part of a world-wide consensus-building process to discover the truth of our spiritual nature. When everyone is doing that, and thus staying awake, we will discover what we need to know. Keeping ‘our energy up’ is important to developing influence.

The Document says that we have to come to grips with the fact that our personal reality is contagious. Each of us must first and foremost ‘prove to ourselves’ that our conclusions about spirituality actually work before we pass them along as truth. When we feel convinced inside that our spiritual experiences are real, then we must live them fully and openly and tell everyone about them, because if there really is an influence, then it helps everyone get to a higher level of experience faster. Eventually we will arrive at certain laws governing the whole thing: the basic, natural laws of spirituality.

The Third Integration says that these laws have already been discovered. And in order to go forward, we only have to prove them out in our own lives and then come into alignment with them. In this time period, we will have extra motivation to do just that.

We have to come into Alignment because it is the only way to avoid a ‘Quickening Karma’.

The Law of Truth governs the situation when we swap truths in Conscious Conversation and we use it to keep the Synchronicity going. Once you elevate your clarity and energy in an authentic way, then it’s pretty dramatic what happens when you lie about something. It’s an immediate emotional energy crash. At higher levels of consciousness there is no such thing as a lie or a distortion that is okay. The Law of Truth is Absolute. If we don’t stay honest to our best awareness, it hurts everyone: us individually because it collapses our energy and clarity; and others because we fail to give them the benefit of our truth and positive influence.

The Law of Connection is about the connection that we have with one another. Because we are all connected, we sense what others are feeling and thinking. As we progress through the Integrations, it says that we will develop this sense even more. But everyone already has this basic perception. This sensitivity increases as our consciousness increases. Humanity is reaching the point where you had better not lie, even a little bit, because if you do, there will be more people every day that are able to sense it. Lying just isn’t going to work much longer. Because Karma is speeding up, the consequences from an untruthful manipulation come back very quickly.

The Law of Karma is designed not for punishment, but to effect a positive correction. It apparently works this way: the Universe is set up spiritually to support and encourage our spiritual growth. If you centre yourself in truth, then your Synchronicity will soar. If you participate in untruth, then you draw into your life a person who does the same thing to you, again not as a punishment but to show you how it feels, so you can move back towards the truth. If we don’t get the message, the response becomes more extreme in an effort to get our attention, something again, that we can prove to ourselves at this moment in history. All we have to do is pay attention to what happens in relation to

our own behaviour. Karma has nothing to do with payback. It just reflects back to you what you are doing. Some people just use karma as an excuse to keep the same behaviour going, thinking, everyone is doing it to me, why shouldn't I do it to them as well? They are missing the fact that they are being shown something so that they can change.

The Law of Service is built into the way the Universe operates and how our minds are designed. We somehow know what others around us need, and when we act in response, we fall into alignment with this law. All you have to do is think: "How can I be of service"? And something will always come to you. All the resources you need will be provided in order to help, and you'll feel like you are always in the right place at the right time to make a difference.

The Third Integration is all about getting into Alignment. A Karma that is coming faster and faster is there to show us the imperfection so that we can do something about it. Once you begin living the best truth you know and see that being of service to others and setting a good example are the best things that you can do for yourself, everything changes. You move into alignment with the way the Universe is designed to operate. When you seek alignment and think how to be of service, you begin to draw people into your life that are there to help you. Then your Synchronicity and your dreams really take off.

The Document says that, as spiritual consciousness rises, we will learn how to detect the hunches and premonitions that allow us to avoid impending accidents and attacks. They said that we'll get to that level at the Fourth and Fifth Integrations.

The Fourth Integration is perhaps the most important part of 'the foundation', because it will show us what is fully at stake. Once we are able to stay in Alignment, in truth, we will show how pervasive some systems of truth are in the world. We cannot go forward until we understand these growing ideologies and see how dangerously they are polarising. Only then will we know how to separate ourselves from this untruth... and break through to a place where we can stand up to it.

The conclusion of the Fourth says there is only one solution to the people who are lost in ideologies. It says those of us in Alignment, holding a central position of truth, have to reach them. Enough of us have to move through the Integrations until we have enough influence to persuade them, before it's too late. Alignment is the only way. People can change in the blink of an eye. All of us must admit that we cannot marshal enough influence on our own to stand up to such people. It says we have to break through to a larger part of ourselves...and find our 'protection'.

The Document says that the opening to the God Connection happens much more frequently than most people think. It's also structured into the nature of the Universe and into how our minds work.

The Fifth Integration is completing what the Fourth set up. If we intend to hold the truth and stay in alignment in the face of the most dangerous ideological untruth, something opens in our brains to honour that. We know we can't face this kind of danger by ourselves merely with our own strength of ego. No one can. Yet that recognition fires up a pathway that's already there, and we experience a Breakthrough - one that gives a Divine Connection, and the premonitions and Synchronicity necessary to be protected. Protection seems to be a natural part of our innate spiritual ability, growing out of the law of Connection.

The Document says that once one has experienced the Breakthrough to a God Connection, then one has completed the Foundation of Spirituality, a plateau of stable consciousness from which we can proceed, if we want to, with the remaining Integrations – a journey it calls the Rise to Sacred Influence. It describes this rise as a systematic recapturing of the full Divine Connection, piece by piece, as we elevate our consciousness back to that higher state. It culminates with the discovery of the Twelfth level, and at this point we will be able to maintain this consciousness. It says very clearly, that all those around you during a time of Breakthrough are there for an important reason. They represent a group that can help you move more rapidly through the remaining Integrations. They have another important purpose as well: together you can form what it calls a Template of Agreement, which serves the role of agreeing on the truth of each Integration and influencing others with the power of that agreement. The Templates of Agreement have such an effect on extremists because, as we proceed through the remaining Integrations and grow in influence, we will be beaming one central truth out to the world. A Template Group cannot go forward unless all the members realise that it is their true mission to be involved.

According to the Maya, we will enter a time when enlightenment is more readily available, but it will not be imposed. We must realise that the quest shared by all those alive today is to access the unknown part of ourselves from which this consciousness springs.

The Sixth Integration states that once the members of a group experience the reality of a Divine Connection, they understand that it is the same for everyone, regardless of religious background. They can see one other thing as well: that each religion in the world emphasises only a few aspects of this experience. Other elements are minimised and still others are left out altogether. Taken alone, each religion is incomplete. What is needed is for each religion to teach what it has correct about Divine Connection to all the other religions, and then learn from the others what is missing in its own teachings. Another tradition should be part of the reconciliation of religion as well – one that would engage in exploring spirituality through a lens that strives to be as objective as possible, the scientists.

The Document discusses a few basic agreements that need to be reached before a group can move forward. In no way should we think that adherents of any one tradition should give up belief in the validity of their own chosen way – only that they must seek to integrate the best of the rest, and no-one should think of their path as the only way to Divine Connection.

Christianity especially emphasises the Connection as Divine Love.

Judaism best emphasises the part of Divine Connection that is a realisation of Mission.

The key in order to hold the fifth and Sixth Integration is to remember how these elements felt and to seek to come back to those feelings if they are lost. If we lose this connection of love, for instance, it's because it's been replaced by one of the lower emotions. Seek to return to love, the primary emotion of Connection, and these emotions will drop away. Then, once in Love, Protection and Mission come to us as well. The key to going forward is to listen.

The Seventh Integration is about discovering more of the law of Connection. We have to find our full powers of intuition and realise it is how we are guided. The Old Prophecy had predicted that, at some point, humanity would heighten its perception of those inner impressions long classified as

intuitions, hunches and gut feelings. After years of emphasising rational thought and logic during the dominance of the material and secular worldview, it predicted we would finally take seriously the treasure of information coming through the right hemisphere of the brain: the part that gave us a sense of knowing, without being aware of exactly how we knew.

In this Integration we would see how Synchronicity actually worked. Moments of Synchronistic discovery feel like we are in just the right place at just the right time to receive important information. Yet if we observe more closely, we can see that these Synchronistic moments are preceded by an intuitive urge that directs us to go somewhere or say something, that results in the Synchronicity. Following such guidance has happened all through history at moments of great discovery and accomplishment, but it has happened more or less unconsciously. It is time to wake up and bring the intuitive part of Synchronicity more fully into consciousness. The key to doing this is to broaden our habit of expecting Synchronicity to include expecting the intuitions that are part of this process. In order to do that, we must adequately identify such guidance by learning to distinguish our 'guiding' thoughts from ordinary 'ego strategy' thoughts. Ego thoughts are words that we say to ourselves about our situation in order to logically assess how to get things done in the world. These thoughts come up spontaneously from years of learning. If we observe closely, we can begin to distinguish another kind of thought, one that appears to be more spontaneous. It feels as though it merely drops into our minds, usually without any direct connection to logical analysis. These thoughts often come with an image of us doing something, or a feeling that urges us to take some action that we feel in our stomachs. These are thoughts the document is calling guidance. Once followed they usually lead to an important Synchronicity. The key to becoming fully conscious of these thoughts is to stay as much as possible in this state of alertness for the next guiding intuition to arrive. The key was not to let a hunch or an image go by without at least seriously considering it. It did reiterate, as before, that since we are in a transition, adding spiritual ability to a rational, logic-oriented worldview, we should use logic first in finding a way to act on the intuition. For instance, when facing a decision whether to go somewhere or not, we can just imagine ourselves already travelling to the place and arriving there. The point of this method is to see how easily the journey can be visualised. If you can see yourself going there easily, then that means that it is a good idea. If the desired images are difficult to see, or fail to appear altogether, we should take precautionary measures. When we see the right course of action, there is a corresponding elevation in energy, or an 'urging' feeling, as though one is inspired to take action.

The Document says that we could use this method to tune into many different life situations, but we could not discover how deeply we could tune in, until enough people returned to the Mount. We also have to come into agreement about guidance. Obeying God is talked about a lot in religions:

Islam has the strongest emphasis on this part of our Connection.

To sum up so far:

The 1st Integration, "Sustaining Synchronistic Flow", got us going.

The 2nd Integration works when we find a higher truth with others, even in uncomfortable encounters.

The 3rd Integration gives an even larger picture of what happens when we stay in this centred truth, showing us that if we operate in truth, we fall into alignment with the law of Truth and can see the other Laws that support this flow: Connection, karma, and Service.

The 4th Integration showed us the stakes involved in our quest to reach this deeper Spiritual Connection. Those stuck in secular obsession are building ever more polarised systems of untruth and becoming more extreme in their dehumanisation of each other, endangering everything.

The 5th & 6th Integrations showed us a glimpse of how deep our Connection with the Divine could become, where we find Love and most important, protection, and an awareness of Mission.

Now we have to figure out how to “Rise to Influence” and create this “Template of Agreement” that, supposedly will reach those in fear.

The 7th Integration showed us how to step up the Synchronicity even more by following the guidance that comes to us when we tune in.

It is all Consciousness that builds on itself.

The Eighth Insight of the Old Prophecy had predicted we would learn to uplift others in conversation by intending to connect with and uplift their higher self or Soul.

The Eighth Integration explains the passage about merging minds by saying that we could initiate this merging by applying what it called the “Oneness Intention”. This meant much more than the abstract idea, voiced by many religious traditions, that we are all one. It defined an entirely new way that humans could relate to one another, the effectiveness of which could immediately be proven to oneself. The best way to understand this new way of relating was to look at the phenomenon of people finishing other people’s sentences. While this ability is common, it could more readily be facilitated, even among strangers, by practicing the “Oneness principal”, which was to go into every human interaction with the intention of joining higher minds. It clarified that the joining was not of egos but of the higher mind, which is linked with the Divine. When two people merge in this manner, both feel enlarged because they have access to not just their own higher self, but to the other’s higher consciousness as well. The net effect is to feel more clarity and guidance overall. To completely join minds, we must intend Oneness, but we must also come back to a love state that totally transcends sexual complexity. It named this emotion “Agape”. Centring this kind of Love, even more than intending Oneness or Conscious Conversation, lifted those in interaction into their highest Soul Wisdom. Moreover this elevation was multiplied many times when practiced by a group.

Christian and Eastern Religions give most emphasis to this level of Connection.

The Document says that to see more beauty is to get closer to the Consciousness that exists in Heaven. There people know how to use the power of Agape with everyone, especially those locked in ideologies. It says to reach those in fear and anger we have to do what they do in the Afterlife.

The Ninth Integration is an important step closer to a heavenly level of consciousness. This is the secret of reaching those in fear and anger. We have to be able to lift them toward this state. Agape was easy to accomplish with people who loved you back. It was more difficult with those who are

more ideologically opposed. The only way to reach everyone was from an elevated level of consciousness closer to the Afterlife. The next step is to tune into sacred nature, open our perception, and get closer to the spirit world. If we pay close attention, the Mountain will show us the Way.

This ability has long been the emphasis of Native people.

Everything in our perceptual field has more than an appearance; it has an emotional identity as well – what the Ninth Integration calls a “Feeling Identity”. This is true of humans as well. Every person has a Feeling Identity we can detect emotionally.

To maintain a heightened perception of the world, one needs only to intend to tune in, in Agape, to a new level of beauty, and to practice seeing everything with a single focus. The Mountain will light up.

The Document says to communicate with those in the Afterlife and clear all our resentments and issues with them, all we have to do is use more of our power to tune in and have a conversation. It’s never too late and there is so much more they want to communicate to us.

The Tenth Integration states that a higher consciousness always has the effect of lifting someone at a lower consciousness up to a higher level. It’s about realising that the afterlife is right here. We can resolve everything with our loved ones and receive what they know. The key is to do what they do: use their influence and the Law of Connection to uplift everyone into a Connected Consciousness. It’s another level of Alignment.

The Native Tradition had always had the best emphasis on this Integration, although mystical Christianity and certain Jewish writings in the Cabbalistic traditions point to Afterlife contact as well.

The Eleventh Insight predicted the actualisation of the use of intention and prayer, and learning the secrets of using this power.

The Eleventh Integration is specific about the Influence. Because of the Law of Connection, the whole of what we believe and stand for – the quality of our character – sends out a field of Influence that impacts everyone with whom we interact. It acts to draw them into our level of consciousness, and behaviour, for good or ill and either makes it easier or harder for them to stay in alignment. At the same time an individual Influence also co-mingles with everyone else’s Influence globally, and at any one time helps to collectively set an energetic level of consciousness for all of humanity. The first thing we must do is keep the balance scale fully in mind at all times, and to remember that every thought and every action reverberates far beyond ourselves. If enough of us fail to hold the energy alignment, the world could slip into even more fear and anger.

The Document says that in order to keep rising in Influence, we have to return to the Mount. We are, finally, understanding the power of intention and prayer. It’s more than ordinary prayer; it is seeking a higher level of experience.

The solution is the same for all time periods. In politics, an enlightened centre, aligned in an open discussion of the truth, has to emerge to end the outright manipulation of voters and the corruption from both Left & Right. In Religion, an equally truthful group made up of the tolerant centre of every

religious tradition, has to take centre stage. No longer would one tradition try to impose their doctrine on other people or claim that their way is the only way to Divine Connection.

All Religions will begin to emphasise those aspects of their traditions that are in line with this Connection, so that the religions would move closer to the truth and to one another. The final part of the Eleventh Integration occurs when people in Alignment everywhere, across all cultures and religions, consciously begin to tune into each other. By consciously connecting in Agape, not only with those we can make eye contact with, but everyone all around the world. We do that by intending and envisioning such a connection fully in our minds.

The Document says that when this Connection is made, the natural Influence of the individuals involved is amplified many times. We have to amplify Agape with one another and with the Great Spirit. To project the Agape to ever larger groups, by intending Oneness with everyone who is genuinely seeking spiritual connection, across all religions. Appreciation was the act of acknowledgement that locked in the Connection.

Christianity strongly emphasises the power of collective prayer. The emphasis based on prayer by Christianity and Islam most reflected the reality of connected group intention.

The Twelfth Insight and its Integration happens when we can open our consciousness enough to reach the actual Presence of the Divine, right here, where it has always been waiting for us.

All the traditions hold that God is a real Presence, but it has only been emphasised and really thought possible in the most esoteric religious teachings.

Acknowledge the Presence in Appreciation and the link will get stronger. This will connect our final template conclusion with all those in the world who are sensing this.

The prophecies are all saying the same thing because they all come from only one Divine Source. There is only one Creator, and only one Rapture: the one that comes from attaining an ever-higher Connection and Consciousness. We are already feeling the Divine return. It is a 'Presence' that we can feel within us. The Presence of God is a tangible reality. This was the return that the prophecies had been pointing to all along, the final Alignment.

The Document says that the Twelfth fires up the culminating pathways in our brains. It integrates all the Integrations. Think about how the Presence makes you feel. There is no problem with expecting and sustaining the Synchronicity; or telling the Truth and accepting it from others as we build out the details of our new spiritual worldview. No more manipulation and being hit by Karma. We want to stay in Alignment and in the consciousness that gives us all these other abilities: premonitions that offer us protection, guiding intuition, higher Agape relationships, and an opening to full perception – and of course, all those messages from the Afterlife. If enough of us stay in Alignment and in the Presence, the plan can become conscious in human culture. With this knowledge, an enlightened centre way will arise in politics. Civility and charm can return to human culture. Every government and every field of human endeavour will move into a state of Integrity. The Templates of Agreement will gradually move each tradition toward an acknowledgement of the One Presence, allowing the differences between the religions to be less divisive. Reconciliation will create a groundbreaking unity as we all focus on the experience that is possible.

The numbers are everything. It just depends how many people are holding the Alignment. It would take only 144,000 people in Alignment to turn the world around and begin to create the ideal world the prophecies predict.

The emerging Twelfth Insight was in no way just a theory. It was a new level of being that could be discovered and lived by any person, across all cultures and religions. If we keep the Presence with us and stay alert, the means necessary to be of Service – and make the world a better place – would always be provided. The only real difficulty for any of us, in holding this consciousness, was the insidious effect of the old, material worldview. It is still out there, whispering in our ear, telling us the world is hard and unforgiving and leading a life of some esoteric saintly intent is impossible. That is true of course if we think of ourselves as being alone in a meaningless universe. The fact is we aren't. We can stay in Alignment and prove to ourselves that we live in a Universe that is, in essence, a Dream Machine, just waiting for us to turn it on.

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James Redfield