

# Personal Development or Spiritual Growth

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- Personal Development is about overcoming my fate.
- Spiritual Growth is about fulfilling my destiny.
- Personal development assists me on my journey to ascend to the top of the Mountain of Life.
- Spiritual Growth facilitates my journey down the River of Life back to the Ocean.
- Personal Development is the process of reprogramming our 'software' or updating our 'software' to run better.
- Spiritual Growth is the process of re-writing our own 'operating system'.
- Personal Development is working on our character and our personality to develop our Self.
- Spiritual Growth is working on our True Identity to expand our Soul.
- Personal Development is about being optimistic, less negative and more positive.
- Spiritual Growth is about finding balance in all things.
- Personal development is concerned with reducing our tolerations, challenging our limiting beliefs and getting our emotional needs met.
- Spiritual Growth is about knowing our personal mission to live Life on purpose and to realise our unique Vision for this Life-time.
- Personal development is about adopting strong personal standards and boundaries.
- Spiritual Growth is about being boundless, spontaneous and effortlessly free.
- Personal development is about solving problems to meet personal objectives successfully.
- Spiritual Growth is about being problem-free and embracing all opportunities.
- Personal development is about having more pleasure and fun in my life.
- Spiritual Growth is about attaining True Happiness & Well-Being.
- Personal development is about having everything that I want.
- Spiritual Growth is about attaining the abundance of enough.
- Personal development is about gaining more self-confidence, self-worth & self-esteem.
- Spiritual Growth is about attaining the personal power, authority and ability to create one's own reality.
- Personal development is about achieving the passions and desires of my ego Self.
- Spiritual Growth is about attaining the choices of my Soul.
- When working on my spiritual growth the Law of Attraction always works perfectly, whereas with personal development it can be a bit hit and miss.